CLASSIFIEDS

CANYON DISPOSAL: Weekly Waste **PICK-UP** $39.85 quarterly. Please call 604-**867-9272** Tuesday to Thursday between 10 am—2 pm to arrange your weekly service.

DOWNSIZING SALE! Housewares, furniture, garden tools, construction & power tools.
All must go! To view, please call between 10 am –12 pm or leave message: 604-**869-6443**

Please NOTE the UPDATE DEADLINE for ALL SUBMISSIONS is the **25TH** of EACH MONTH

BOX ADS: *As seen on page 5 & 6.* These ads are now available in your choice of black and white or colour to suit your budget. Please contact Karen for assistance in your ad's design, for current rates and for more information.

SPECIALTY ADS ARE AVAILABLE in 3 SIZES: 1/4, 1/2 and full page—*starting from $50 b/w or $60 colour*

CLASSIFIEDS RATE: *Monthly*: 1 line **$2.00** : 2 lines **$3.00** : 3 lines : **$5.00** (*Call for yearly rate)*

Please call Karen @ 604-206-6006 to place an advertisement

Subscriptions to the Update are **$15/year**. Please include name & mailing address with your cheque. Send any inquiries by email to: kbt@lookieloo.net or call 604-206-6006
Cheques are to be made payable to: Boston Bar/North Bend Enhancement Society
P O Box 251, Boston Bar, BC V0K 1C0

The Boston Bar/North Bend Enhancement Society meets once per month.
Meetings are held on the third **Monday** of the month at **1:30** pm at **Canyon Lanes.** Everyone is welcome!

The AGM of the Boston Bar/North Bend Enhancement Society is on September 17th, 2018

BOARD MEMBERS OF THE BOSTON BAR-NORTH BEND ENHANCEMENT SOCIETY

Executive Director - Nancy Carmichael
Chairman - Robert Dufresne
Vice-Chair - Diane Johnson
Treasurer - Lori Walters
Secretary -Tom Durrie
Members at Large ~
Karen Tillotson, Howard Johnson, Lorna Regehr, and Dawn Fox

United Way COMMUNITY PARTNER

This newsletter is published monthly by the Boston Bar/North Bend Enhancement Society with **SPECIAL THANKS** to the United Way and Fraser Valley Regional District's Grant in Aid Program for their support.

Fraser Valley Regional District

Visit us online at www.bostonbarbc.net

Boston Bar North Bend Enhancement Society

Editor: Karen Tillotson
604-206-6006
kbt@lookieloo.net

Boston Bar North Bend Enhancement Society
www.bostonbarbc.net Editor: 604-206-6006

UPDATE SEPTEMBER 2018

It all began with an idea…

In 1994, Edmonton police officer Sergeant Gary Goulet shaved his head and posed for a photograph with a young cancer patient. Kids at the boy's school were making fun of his hair loss and Sgt. Goulet wanted to show his support.

It was the beginning of **Cops for Cancer.** Since then, law enforcement and emergency services personnel across Canada have raised over $42 million for pediatric cancers. Donations made to the Canadian Cancer Society through Cops for Cancer fund life-saving research and recreational programs like **Camp Goodtimes.**

All Cops for Cancer riders must apply to take part in the program and if accepted, must commit to rigorous mandatory training beginning in early spring. The riders must also hold various fundraising events to meet or exceed a required dollar amount, in order to remain in the program and take part in the fall Tours.

In September, hundreds of riders will brave all types of weather and terrain, cycling for up to 2 weeks with their respective Tours. The months of training and the ride itself can be tough, but each Cops for Cancer rider would agree that it's nothing compared to what the kids that they help must endure.

TOUR DE VALLEY - **Sept. 13-21** Riders will cycle 800 km through several cities south of the Fraser River, then travel north from Langley to **BOSTON BAR**, and back down to Tsawwassen and White Rock. *Four officers will be representing the Abbotsford Police Department in this year's Tour de Valley. They are cycling in honour of another Tour de Valley rider, Constable John Davidson who was killed in the line of duty on November 6th, 2017.*

TOUR DE NORTH - Sept. 14-20 Braving cool weather and mountain highway conditions, riders cycle an 850 km route south from Dawson Creek and finish in Williams Lake.

TOUR DE COAST - Sept. 19-27 This is an 800 km Tour pedalling the Sea to Sky corridor as well as the Sunshine Coast, North Shore and cities in Greater Vancouver from Maple Ridge to Richmond.

TOUR DE ROCK Sept 22 - Oct 5 Vancouver Island –Riders start their 1000 km journey at the north end of Vancouver Island and then cycle the west, east and south coasts of the island.

The impact of cancer on the life of a child and their family is devastating.
If you can, PLEASE DONATE. Come out and show your appreciation to the Cops for Cancer.
They'll arrive **September 16th** approx. **Noon** at **Boston Bar Elementary Secondary School**.

A NUTRITIOUS LUNCH FOR THE COPS FOR CANCER RIDERS AND THEIR SUPPORT CREW WILL BE PROVIDED BY OUR WONDERFUL COMMUNITY VOLUNTEERS. IF YOU WOULD LIKE TO PREPARE A DISH FOR THIS LUNCH, PLEASE CONTACT ORGANIZER **LINDA CARMEN AT 604-867-9269**

Ambulance Station Welcomes Community

L to R Community Paramedicine Regional Training Officer: Karen Reader, Boston Bar's Community Paramedic: Chris Michel, and Boston Bar Fire Chief: Crys Pruim,

Refreshments were served by the cheerful paramedics of Boston Bar's Ambulance Service Station #204.

The August 22nd open house was well attended by community residents who came away with a little more knowledge and a greater appreciation for the care available to us. Our ambulance station has four paramedics on hand at all times to respond to any emergencies.

As part of the health initiative to improve access to care in rural areas, Boston Bar is also fortunate to have Community Paramedic, Chris Michel working in our community 2 days a week. Partnering with local health care providers and working within his training and experience, Chris is able to provide primary care services, in non-urgent settings, in patients' homes or community environments (*such as Family Place*).

BC Emergency Health Services is working with the Ministry of Health, regional health authorities, the Ambulance Paramedics of BC, First Nations Health Authority and others to implement the Community Paramedicine Initiative. Community Paramedics hold at least a Primary Care Paramedic license with IV endorsement and complete a specialized orientation program. The goal is to have 80 full time equivalents hired to support community paramedicine programs in rural and remote communities.

The Community Paramedicine program is intended primarily for older patients; those living with chronic conditions such as heart failure, COPD and diabetes and those who are a risk of falling. Community paramedics can check in on older people living on their own, and assist patients to manage their own care and treatment, when it is safe to do so. Regular visits from community paramedics can help patients live longer in their homes, reduce reliance on 911 calls and trips to the ER, as well as ensure that the individual remains in contact with their primary care physician. *Patients can be referred by their doctor or by other community health care providers to the community paramedic service, at no cost to the patient.*

For more info visit: www.bcehs.ca and click on Our Services or email CommunityParamedicine@bcehs.ca

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We regret the recent closures of the North Bend Community Center and Thrift Shoppe. Unfortunately, the Saturday closures occurred without notice but because we are ALL volunteers, our family commitments and sudden illnesses leave us without enough staff for the NBCC to open.
(We are always looking for **VOLUNTEERS** *who will commit to a few hours a week, especially Saturdays!)*
The Consignment Room is now open upstairs. Make some money for your extra furniture and in the process, help our community! Our lift at the back stairs is now working so people can access the second floor very easily and furnishings can also be moved easily with the lift. If you need help, please ask the cashier.
Contact numbers for the **NBCC** are Arlene at 604-867-8874 and Lillian at 604-867-9775

Specials for first 2 weeks of September are:
Bag of t-shirts, button-tops or shorts $5.00
Dresses $3.00
Jeans or pants $1.00

As we have considerable overstock, please do not donate any more books or TV's at the present time. ***Thank you!***

COMMUNITY LUNCH PROGRAM at **Family Place**
Everyone Welcome! Wednesdays Noon-1pm
Senior Hour 1pm—2pm.
($2 minimum donation please!)

Chris Michel, **Community Paramedic**
Usually 1ST Wed. every month at
Family Place Luncheon.

NORTH BEND COMMUNITY CENTRE
Tuesdays & Saturdays 12pm—3pm
Thrift Shoppe, Museum, Aman's 'U Like A Diamond',
Free computer & internet access.
64901 North Bend Stn. Road, V0K 1C1
bbar_museum@nili.ca

FRASER CANYON BETTER AT HOME
Coordinator: Dawn at 604-**869-1831**
Call to reserve your seat on our weekly shuttle bus.
This service is available to everyone! Pg 10.
(Ask about renting our Shuttle Bus and Driver for your private functions. Call Karen at 604-206-6006)

BARBER at Canyon Lanes **September 10th**
(Usually 1st Monday of the Month) Kids $10 Men's $15

FOOD BANK DAY - September 20th 1-3 pm in Meeting Room, **CANYON LANES**, rear entrance! Donations can be dropped off at Canyon Lanes. Apps. are at Post Office, Family Place & Canyon Lanes.

LANDFILL: 50390 Chaumox Road (3 km. east of North Bend) **OPEN: TUES., THURS., & SAT. 10AM—5PM**
Contact Lloyd Forman: 867-9775 or 604-206-4673

For pickup: see **Canyon Disposal Ad** on Pg 16

COMMUNITY CHURCH Sundays 11 am followed by lunch and fellowship. For info or if you need a ride, please leave a message at Church Ph. 867-**9010**

THE CHURCH OF CHRIST welcomes you to worship with them on Sundays 10:30am at North Bend Hall.
Call 867-**9613** for information.

ANDERSON CREEK HEALTH CENTER

Doctors and Nurse Practitioners
Every WEDNESDAY 10am—3pm
Appts call **Hope Med. Clinic** 604-**869-5648**
Wednesdays call 604-**867-9380**
Mental Health Appts. Call 604-**860-7733**

Allen Roscoe, **Family Counsellor** Every Tuesday Morning
Employment Assistant Services, Literacy Help, Early Childhood Development - call **604-869-2279**
Child & Family Worker, Melissa Neilson, Every other **Friday**
To register please contact the BBFN Band office at: **867-8844**

BOSTON BAR FIRST NATIONS

COMMUNITY HEALTH REPRESENTATIVE **PAMELA ROBERTSON**
CHR & LSS (Legal Aid) DRUG & ALCOHOL - ADDICTIONS NAVIGATOR Help is available to ALL CITIZENS
Please contact Pamela at **604-867-8844 or 604-860-3114** (fax 604-867-9317) Email: pamelarobertson3@yahoo.ca

COMMUNITY DIRECTORY

Boston Bar Community Hall ***Bookings*** Call *Canyon Lanes 867-**8800***
Food Bank: *Morris Tillotson 867-**9358***
North Bend Community Hall: *H & D Johnson 867-**9613***
North Bend Community Center: *Lillian Forman 867-**9775***
Family Place: *Meaghan Briggs 867-**9204***
Landfill: *Lloyd Forman 867-**9775** or 604-**206-4673***
Cable Television: *Ann Schudeleit 867-**8846***
Emergency Services Rep: *Howard Johnson 867-**9613***
FVRD Director: *Terry Raymond 867-**8891***
Editor: *Karen Tillotson 604-**206-6006***
BaHP/Care Transit: *Dawn Fox 604-**869-1831***
Alcoholics Anonymous—**Call Mike 867-**9114

FRASER VALLEY REGIONAL LIBRARY

Free WiFi is Available to the public at BOTH LIBRARIES which is only accessible during hours they are open. Come on in with your laptop, or other electronic device and try it out!

BOSTON BAR: ***Tuesday & Thursday*** 1:00—5:00 pm (dinner) 5:30—7:30 pm. Ph. 604-867-8847 (*F. 867-9549*). **Karen Rushlow**, Library Supervisor

Thursday, September 20th at 2:30pm: Drop in Storytime for Children. It's Science Literacy Week! *Join us to learn about* ***trees****…*

Boston Bar Library Book Club will be starting up again Tuesday, **September 25th**. Join us online at our Facebook group**: Boston Bar Library Bookclub.** Come find out what we are reading and share your thoughts and comments.

YALE: ***Wednesdays*** 1:00-5:00 pm (dinner) 5:30 -7:30 pm & ***Saturdays*** 10:30 am -12 pm (lunch) 12:30-5:00 pm. Ph. 604-863-2279 (*F. 863-0138*). **Karen Rushlow**, Library Supervisor

Saturday, September 22nd from 1:15 pm—5 pm. It's Science Literary Week. Drop in for our *Makey Makey and Maker Projects Program*

Yale Garden Club starts up in **September** on **Wednesdays** from **7 pm – 8 pm.**

LEGISLATIVE ASSEMBLY of BRITISH COLUMBIA

Jackie Tegart, M.L.A.
(Fraser-Nicola)

Ashcroft Constituency Office
Box 279, 405 Railway Avenue
Ashcroft, BC V0K 1A0
Phone: 250 453-9726 Toll Free: 1 877 378-4802
Email: Jackie.Tegart.MLA@leg.bc.ca

WORKING HARD FOR RURAL COMMUNITIES

Need help with a federal government issue? My staff and I are happy to help.

Jati Sidhu

Member of Parliament
Mission-Matsqui-Fraser Canyon
604-814-5710 | jati.sidhu@parl.gc.ca | @JatiSidhuMP
1-866-599-4999 | facebook.com/jatisidhuMP

Fraser Valley Regional District

Dennis Adamson
Director, Electoral Area B

1-45950 Cheam Ave.
Chilliwack, BC
V2P 1N6

dadamson@fvrd.bc.ca
www.fvrd.bc.ca
Direct: 604-860-3410

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Director, Electoral Area A

1-45950 Cheam Ave.
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V2P 1N6

traymond@fvrd.bc.ca
www.fvrd.bc.ca
Direct: 604-867-8891

From Terry Raymond, Director Electoral Area A

Though there were no Fraser Valley Regional District board meetings this month, I did meet with Ministry representatives of Environment, Transportation and Forestry discussing everything from road access and right of way, to availability and access to water. With Forestry, I discussed BC timber sales in Area A, to ensure protection of the area above the Canyon Alpine. I also attended a one day First Nations Fisheries Council (FNFC) meeting, focussing on forestry issues.

While attending the August 13th **First Fish Ceremony** at Alexandra Bridge Park, I had the opportunity to speak with MP Jati Sidhu. At the ceremony, which celebrated the salmon, we were also able to promote the restoration of the 1926 Alexandra Bridge and proposed park enhancements.

I was asked by the BC Government to emcee the August 18th unveiling ceremony of a commemorative plaque, signifying the government's formal apology for historical wrongs and discriminatory laws which Chinese immigrants endured in the 1800s. The event also recognized the impact which the Chinese people and Chinese-Canadians have had, not just in Yale but to the rest of BC as well. The **On Lee** family was also honoured for their contributions to Yale and the Fraser Canyon from the 1800's onward.

(*Editor's note*: *The Chinese were among the earliest arrivals to Yale, beginning with the Fraser Canyon Gold Rush in 1858. The man who came to be known as* ***On Lee*** *was born in Canton, China about 1830. Upon his immigration to BC in the 1870's he proceeded to Yale and in 1880 purchased land in Yale from the Oppenheimer brothers. By 1883 he had established several businesses including a grocery store, bakery, wash house and hardware store. More information is available at* historicyale.ca*)*

I made a presentation to the **FraserFEST** group when they stopped at Anderson Creek on their way to the coast. While there, I was able to chat with **MP Finn Donnelly** (who lead the group) and again with **MP Jati Sidhu.** **Fin Donnelly is Chair of the Rivershed Society of British Columbia (RSBC) and Founder of FraserFEST. This group promotes protection of the Fraser River and its tributaries, as well as the salmon. They have been developing programs and projects for the last 22 years with the aim of reconnecting organizations and individuals with their riversheds, nature and communities while offering a first-hand look into climate change to understand the changes and what they can do to raise awareness*.

The **Gold Country Community Services** held a meeting in Savona. I am a director on their board; we examine traffic and tourism issues throughout the area .

~~I worked with **Gold Rush Trail** committee as they put together a FAM tour (familiarization) of the~~ Canyon for a few Tourism magazine editors.

The lease agreement between **Fas Gas** and the **BBNB Volunteer Fire Department** has been signed by both parties. The task of relocating the VFD Firehall is still in the works, and I remain in close contact with our Fire Department Volunteers as we work towards a solution.

It is my position that any extra monies earned by the **landfill** should go to a basic recycling program and also put into a reserve for the eventual closure of the land fill. I feel strongly that we should not leave what we created, for others to try and fix in the future. It will ultimately be up to our community members to decide if these extra funds will go towards enhancing a recycling program or towards lowering taxes.

...Continued on Page 4.....

Terry Raymond, *Continued from Page 3…*

I am pleased to see the trash bins have been replaced at some of the highway pullouts.

A resolution of the continuing Issues with street lights in Boston Bar and BC Hydro is still being worked on.

The Union of BC Municipalities Conference will be taking place from September 10th to 14th. While there, I will have meetings with the Ministry of Transportation (re: road access and right of way), with BC Parks (Alexandra Park) and the Ministry of Environment (water). I also hope to meet with Transport Canada about the issue of trains blocking the crossings for an unacceptable amount of time.

I would like to thank Community Paramedic Chris Michel and the ambulance crew for a very informative Open House they held at the Boston Bar Ambulance station.

In closing (and to put some rumours to rest), I have decided to once again to run in the October Election for Area A Representative on the Fraser Valley Regional District Board.

Please contact me if you have questions or concerns. ~ Terry Raymond 604-867-**8891**

"COMPLETE VIEW OF COMMUNITY LANDFILL"

All are invited to a COMMUNITY MEETING, by Lloyd Forman, Chairman of the LANDFILL SOCIETY

THURSDAY, SEPTEMBER 6TH, 7 PM at CANYON LANES.

Jackie Tegart, MLA Fraser-Nicola

Imagine you are forced to play a game. The game rules are made up by your opponents and will only be released after the game is over. I think many of us would find this blatantly unfair. Unfortunately, what I am describing isn't a game, but the electoral reform referendum that the BC NDP is introducing.

Thus far, British Columbians have received few details on the referendum or the various Proportional Representation systems the government wants to introduce.

In the 2005 and 2009 referendums on Proportional Representation, which both failed, the Independent Citizens' Assembly created and implemented the referendum question. This time, the NDP has abandoned impartiality and instead has allowed the Attorney General, NDP MLA David Eby, to craft the referendum question.

There is no threshold for voter response or regional representation. If only 30 percent of British Columbians vote, then 50 percent plus one of the votes cast will determine our voting system. Under these rules, densely populated areas like the lower mainland, could determine the voting system for the entire province.

I support letting people have their say in how we vote, but this referendum process is biased and needs to be re-evaluated. British Columbians deserve an honest, open and fair referendum process.
This referendum process is **not** that.

COME VISIT OUR CANYON LANES FACEBOOK PAGE !
www.facebook.com/canyonbowl

CANYON Lanes

Tom Dunlop Recreation Center
47585 Trans Canada Highway
604-867-8800 *(fax 867-9112)*

Adult Leagues
Club 55+
YBC

SUMMER BUSINESS HOURS:
Monday **11 am—6 pm**
Tuesday **11 am—9 pm**
Wednesday **9 am—6 pm**
Friday & Saturday **3 pm—9 pm**
Sundays & Holidays - CLOSED
CLOSED SEPTEMBER 3RD

Bowling 5-pin	Big screen TV	Birthday Parties
Pool tables	Wi-fi	Private Events
Air Hockey	Kid's Play Zone	Fax/Copies
Water Store	Meeting Room	Monthly Barber

Call Now to Book your Birthday Party or Special Event!

No public bowling during these hours:
League Bowling Only
Tuesdays 3:30 – 9 pm
Wednesdays 9 – 11:30 am and 3:30 – 5:30 pm
Thursdays 3:30– 5:30 pm

Thank-you to all youth who participated this year in our **Kids Bowl Free** Program!!!

JOIN OUR BOWLING LEAGUES!

Adult Bowling Leagues begin the first week of September.

--**Club 55+** runs Wednesday mornings starting at 9am. For adults 55 years and older! Drop-ins are always welcome!

--**Tuesday Night Adult Mixed** League is at 7pm weekly. Some spaces are still available!

Other days/evenings are available for an adult league. Please call us for more info!

YBC starts Sept. 11th Ages 4-18 years!
After school Tuesday thru Thursday.
Please call or drop-in to sign up your child.
Bowling days are assigned according to age groups!
If you need financial assistance for your child to bowl*, you may be eligible for a* ***KidSport BC grant****. Call or come in and see us at Canyon Lanes!*

BARBER *at Canyon Lanes* ***Monday, September 10th***

Youth/Family Night
(sponsored by Boston Bar First Nations)
FRIDAY, SEPTEMBER **28th** 6-10 pm
ALL ARE WELCOME!

CONGRATULATIONS TO ALL OUR SUMMER NO-TAP LEAGUE AWARD WINNERS...

NO-TAP KING: Andy Chartier
NO-TAP QUEEN: Marylou Campbell
TOP TEAM: The Boomerangs (*Andy & Kerri-lynn Chartier, Nick Clelland & Kelly Conn*)

OTHER AWARDS: Nick Clelland, Pat Clelland, Andy Chartier, Cora Dunlop, Rusty Moore, Kerri-lynn Chartier, Marylou Campbell, Natalie Dixon, Denise O'Connor, & Sherri Forman

FALL MARKET
Saturday, September 22nd, 1-4 PM
$10.00 TABLE RENTAL
CALL NOW TO **RESERVE** YOUR SPOT 867-8800
ALL VENDORS ARE WELCOME !

CANYON LANES has reinstated
The **"CORPORATE CHALLENGE".**
A fun and friendly way for local businesses to challenge one another and support BC BOWLS FOR KIDS, a **VARIETY CHILDREN'S CHARITY EVENT**
The winning team(s) will be rewarded with their name on a new trophy in the trophy case at Canyon Lanes.
The corporate challenge has been ongoing throughout August and has now been extended into September.
Entry fee is $30 per team with $15 per entry being donated to BC Bowls for Kids.
Sponsor & sign up your team now! CALL 867-8800!

It's time to order your 2019 COMMUNITY SPIRIT CALENDAR! We're still looking for our FEATURE PHOTO! Be sure to get your calendar order in early and if you'd like to submit a photo, please email it to canyonlanes@lookieloo.net or kbt@lookieloo.net by Sept. 15th. Visit the 2019 Calendar Album at our Facebook page. Click LIKE to vote for your favourite!

SCHOOL NEWS - Lisa Oike, Principal

Welcome back Boston Bar Elementary Secondary School students, staff and families. It is an exciting, busy time as we prepare to return to school on Tuesday, September 4th, 2018 for short classes running from 8:25 am to 10:30 am and full days starting Wednesday, September 5th, 2018.

We are looking forward to another wonderful year of learning and growing. Continuing from last year the Boston Bar School family will work hard to provide a kind, caring and safe environment for our children.

The Star Wall and Circle of Courage and Respect Wall are up and ready for celebrating student successes, as well as each term will have a theme which includes Belonging, Generosity, Independence and Mastery. Our first Spirit Day is Friday, September 7th, 2018: wear your most colourful shirt!

This year we have Mrs. Oike returning as Principal/9-12, Ms. Fraser to teach K-2, Mr. Mills to teach grades 5-6, Mrs. Dekok to teach grades 7-8, Ms. Bergenhenegouwen to teach grades 9-12/SPED and we welcome Mrs. Amanda Weber to teach grade 3-4. Mrs. Aldridge (secretary), Ms. Gray (SEA), Mr. Poole (bus driver), Ms. Hunter (custodian) and Ms. Thomas (custodian) will also be with us and we will update you with the rest of our support staff as the information becomes available to us. We look forward the excitement and energy as the students enter the doors next week and welcome parent/family involvement and support throughout the year. We hope you enjoyed your summer! See you soon!

IMPORTANT DATES AND EVENTS

- **School Field Trip:** Thursday, September 20th (Wear BBESS shirt)
- **Terry Fox Run:** Thursday, September 27th
- **Orange Shirt Day:** Monday, October 1st
- **FSA** (Grade 4, Grade 7) Monday, October 1st to Friday, November 9th
- **Youth Summit (Hope)** Grade 9: Wednesday, October 3rd
- **School Photos:** Thursday, October 4th
- **Thanksgiving:** Monday, October 8th
- **Fire Prevention Week:** Monday, October 8th to Friday, October 12th
- **Drill Day :** Thursday, October 18th(BC Shake Out, Fire and Lockdown)
- **Non-Instructional Day:** Friday, October 19th
- **Camp Week 1:** Monday, October 29th to Thursday, November 1st

BBESS BUS PICKUP/DROP OFF SCHEDULE

7:35 am Canyon Alpine
7:45 am Boothroyd
7:48 am Langners
7:55 am Fas Gas
8:00 am North Bend (Charlie Rd. Campbell Rd. Forman Corner)
8:10 am Anderson
8:15 am Drop off at School
8:25 am Classes begin

3:30 pm K-8 Dismissal
3:35 pm 9-12 Dismissal
3:38 pm Bus Departs School
3:43 pm Anderson Creek
3:48 pm Fs Gas
3:55 pm North Bend
4:17 pm Canyon Alpine
4:20 pm Langners
4:25 pm Boothroyd

BELL SCHEDULE:

Warning Bell: 8:20
1st Period: 8:25—10:00
Elem. Recess/Secondary DPA: 10:00—10:20
2nd Period 10:20—12:20

LUNCH 12:00—1:05 (E)
12:00—12:45 (S)
3rd Period: 1:05—2:10
Transition Period 2:10—2:15
4th Period: 2:15—3:30

BOSTON BAR WORKBC SATELLITE OFFICE

ANDERSON CREEK MEDICAL BUILDING – WEDNESDAYS FROM 10 AM – 2 PM

WorkBC comes up to Boston Bar on Wednesdays from 10 am util 2 pm to assist people in their search for employment. Come see us at the Anderson Creek Medical Building or book an appointment by calling our Hope office at **604-869-2279** or via email Karen@freereinassociates.ca. If you have questions about the current labour market, job search techniques, training, and other employment related services, please contact us.

Canada | BRITISH COLUMBIA | WorkBC Employment Services Centre

The Employment Program of British Columbia is funded by the Government of Canada and the Province of British Columbia.

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BUSINESS SERVICES

MILL STREET BARBER SHOP
9341 Mill Street, Chilliwack, BC V2P 4N1
Jane Murray
HOURS: Tuesday - Saturday: 8:30 = 5:30
"Walk-ins Welcome"
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Boston Bar, BC V0K 1C0
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Between 10 am-2 pm

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Constable's Corner

Royal Canadian Mounted Police / Gendarmerie royale du Canada

BONUS COVERAGE!

I promise this is the last piece you will get from me... ☺
Being somewhat obsessed by numbers and statistics, over the past four years I have kept some numbers on hand for various reasons. I am going to share some of those numbers and I hope you find them as interesting as I did, as they document our four year journey. Enjoy!

Policing Stats:

- Over 850 Investigations
- Over 50 Court Dates
- Over 900 Violation Tickets
- Over 50 Vehicles Impounded
- Over 5,000 Electronic Documents
- Over 1000 Pages of Hand Written Notes

Vehicle Stats:

- Over 90,000 Km. Driven
- Over $20,000 Spent on Fuel
- Over 17,000 Liters of Fuel Used
- Over $4,000 Spent on Vehicle Maintenance

Community Stats:

- Over 100 Floor Hockey Games (with students)
- Too Many Goals Scored to Count!
- Over $14,722.23 Raised for the Boston Bar Food Bank
- Over 3975 lbs. of Food Raised for the BB Food Bank

Okay, we are gone now for sure! Thanks again Boston Bar!
'Till we meet again!

Cst. Robert **Tumbas**
...Ten Seven...

Do you have any questions or concerns that you would like us to address or topics you would like us to write about in the next edition of the Constable's Corner? Come char with us or contact Karen Tillotson, editor of the Boston Bar-North Bend Update newsletter and tell us what you want to see in the upcoming "Constable's Corner".

The Annual General Meeting of the **Boston Bar North Bend Enhancement Society** will be held on **September 17th** at which time there will be nominations and elections as well as annual reports given by directors. Attendance is necessary in order to participate; voting by proxy is not permitted.
Community members are encouraged to attend regular meetings which are held on the 3rd Monday of each month at Canyon Lanes. **In order to vote at September's AGM**, community members will need to register and pay annual dues of **$5.00**. You can now pre-register at Canyon Lanes during business hours. On **September 17th**, doors will open at **1 pm** at **Canyon Lanes.** Those who have not pre-registered will need do so at the door in order to vote. **The AGM will start at 1:30 pm**.

United Way

Better at Home
United Way helping seniors remain independent

Better at Home is funded by the Government of British Columbia

www.betterathome.ca

Fraser Canyon Better at Home Coordinator
Dawn Fox phone: **604-869-1831.**
CALL NOW to book your seat on the weekly THURSDAY SHUTTLE for your ride to *Hope or Chilliwack*

FRASER CANYON SHUTTLE

THIS MONTH...

THURSDAY, September 6th & 20th to **HOPE**

THURSDAY, Sept. 13th & 27th to **CHILLIWACK**

Hope bus departs at 9 am
Chilliwack bus departs at 8 am

ANYONE CAN RIDE THE SHUTTLE *which goes to* ***Hope*** *and* ***Chilliwack*** *twice a month.*
Hope return is **$20.** Chilliwack return is **$30**.

You must reserve your seat **by calling 604-869-1831 on or before Wednesday**. Non-B@H clients can purchase tickets at **Canyon Lanes**. (Cash only). This is a door to door ride - an address or pickup location *must* be provided. **Seniors 55+** yrs. may qualify for *subsidized fare.

The Full 2018 Shuttle Schedule *can be seen at Canyon Lanes, Family Place & Post office.*

As well as helping seniors stay in their homes longer by providing minor housecleaning and household maintenance, there is a weekly shuttle bus service to Hope and Chilliwack for shopping and appointments. ***Subsidy for the shuttle service is dependent upon a senior's verified income level.**

Please call Dawn Fox at **604-869-1831** to complete an **intake form.** Forms are available also at Family Place and Canyon Lanes. *If you're interested in* ***volunteering*** *to help out our seniors, please contact Dawn.*

DO YOU NEED TRANSPORTATION SERVICE TO MEDICAL APPOINTMENTS OR DIAGNOSTIC PROCEDURES ?

BOSTON BAR CARE TRANSIT supplies a transportation service to folks from our area that need to get to **Anderson Creek Clinic** for **medical appointments,** as well as **SPECIALIST appointments** or **diagnostic procedures** out of our area**.** This service is available to **ANYONE** needing a ride. If you require transportation to appointments, YOU MUST FIRST BECOME A **CARE TRANSIT CLIENT** BY CONTACTING **LOCAL REPRESENTATIVE DAWN,** OF **BOSTON BAR CARE TRANSIT AT** 604-**869-1831 .**
Dawn will be at the Anderson Creek Clinic on Wednesdays between 1—3 pm for client intakes.

CARE TRANSIT

Care Transit is a Non-Profit Service *powered by caring volunteers****!*** *If you live in the Boston Bar-North Bend area and are interested in becoming a Care Transit Volunteer Driver, please contact* ***Dawn*** *of* ***Boston Bar Care Transit*** *at 604-****869-1831.*** *Drivers are remunerated on a per kilometer basis.*

Early Years Coordinator: **Meaghan Briggs**. Ph/fax 604-867-**9204** Email: fcfamplace@lookieloo.net

Chris Michel, Community Paramedic, is normally at Family Place Luncheon on the 1st Wednesday of each month

JEET KUNE DO CLASS 2017-2018

Thanks to a HEALTHY COMMUNITIES grant, **JEET KUNE DO** was a huge success last year and enjoyed by all the participants. The program, open to ALL ages, will continue in the upcoming school year on Mondays after school at BBESS, (except holidays).

Wednesday's Community Lunch Program is sponsored by the BB-NB Enhancement Society.
A nutritious meal is served from 12 pm—1 pm. (Monthly Menu is on the Update Calendar.)
Everyone is Welcome! Play card games & socialize from 1 pm—2 pm
A $2 MINIMUM DONATION *is needed in order to continue our lunch program.*

Huge Thanks always goes out to our friends at **Buy Low Foods and Save-On Foods** for generously supporting our **Food Bank.** Also our heartfelt thanks to our community members who donate money and food items to those in need. Harvested produce this time of year is always very welcome. Please drop off at Canyon Lanes a day or two before our next Food Bank day, September 20th. (*We do not have refrigeration for fresh produce*!)

Thanks Very Much!

IF YOU REQUIRE THE SERVICES OF THE FOOD BANK and are not already registered with us, you can pick up an application at Canyon Lanes, Family Place or the Post Office. When applying you need to show **proof** of residence in our area and proof of all the people living in your home.
Please hand in your application on the Friday before Food Bank Day. The Next Food Bank Day is Thursday, **September 20th** at Canyon Lanes (Back Entrance).
You need to pick up your hamper between 1 & 3 pm or you could miss out. Canyon Lanes staff cannot be responsible for getting your hamper for you *after* Food Bank hours. Access to products on the **Choices Table** is ONLY available from 1 to 3 pm. If you have questions or concerns regarding your application or your hamper, please contact our food bank volunteer **Morris** on his cell# 604-**867-9358.**

FREE CONDOMS AND PREGNANCY TESTS ARE AVAILABLE AT FAMILY PLACE. CONFIDENTIALITY AND DISCRETION IS ASSURED.

September 2018

FAMILY PLACE HOURS
Monday & Tuesday 10 am - 2 pm
Wednesday 10 am - 1 pm
Wed. Community Lunch 12-1 pm
CLOSED Thursday, Friday & Stat Holidays

ALMER CARLSON POOL OPEN DAILY 11AM-6:30PM
LAST DAY IS MONDAY SEPTEMBER 3RD
48846 Highline Road North Bend, BC.
Info: (604) 867-9796 or (604) 869-2304

PHONE # 604-867-
Family Place-**9204**
Canyon Lanes (CL)-**8800**
Boston Bar School-**9222**
RCMP non emergency-9333
Canada Post Boston Bar-**9712**

Anderson Creek Health Center
Make Appts with **Hope Medical Center** 604-**869-5648**
*On Wednesdays call 867-**9380***
BB First Nations Band Office *(programs)*: 867-**8844**

SUN	MON	TUE	WED	THU	FRI	SAT
Need a ride to attend our Family Place Programming? *Cap C, Better Beginnings, Triple P, and Drop in.* Please call **867-9204.**	**STRONGSTART** begins @ BBESS on September 11th Monday & Tuesday: **11 am - 3 pm** Wednesday & Thursday: **8:30 am - 12:30 am** *Friday when school is in session* **8:30 am - 12:30 pm**	**Visit NBCC Thrift Shoppe's NEW CONSIGNMENT STORE Upstairs!** LIFT IS AVAILABLE TO MOVE GENTLY USED HOUSEHOLD FURNISHINGS!	FIRE PRACTICE at **6 PM** every WEDNESDAY. Our VFD always needs more VOLUNTEERS!	**SHUTTLE PICKUPS** START AT **9**am—Hope **8**am—Chilliwack Call **869-1831** to book your seat!	**FAMILY FUN FRIDAYS** at Canyon Lanes 7—9 pm **Just $10 PER FAMILY- PER LANE - PER HOUR!**	**SUPER SATURDAYS COSMIC BOWL** at Canyon Lanes **(GLOW IN THE DARK BOWLING!)** 7—9 pm **Only $3.00 PER PERSON- PER GAME!**
See **School News** on page 12 for important dates and events. Bus schedule is also available.	**Canyon Lanes—YBC** starts **2nd week in September.** *Kids bowl Tues, Wed & Thurs.* after school. To sign up your child see pg. 13 for details	**Canyon Lanes—Adult League** bowls 7 pm every Tuesday. Space still available! See pg. 13	**Canyon Lanes—Club 55+yrs** bowls 9:30 am every Wednesday. Space still available. Drop-ins welcome!			**1** NBCC 12-3pm
2	**3 LABOUR DAY** *CANADA POST, CANYON LANES, FAMILY PLACE & BBESS are CLOSED*	**4** Cap C Drop In 10-2 Playtime-Literacy-Crafts Triple P—10:30—noon Lunch & Snacks **BACK TO SCHOOL!** NBCC 12-3pm	**5** Cap C Drop-in 10-1pm LUNCH: 12-1 * SENIOR HOUR 1-2 **CHICKEN ALFREDO** *Community Paramedic Visit* Anderson Creek Clinic 10-3	**6** Shuttle: HOPE **Community Meeting - LANDFILL** at Canyon Lanes - **7** pm	**7**	**8** NBCC 12-3pm
9	**10** Family Place Cap C & Better Beginnings 10:30—2pm Lunch & Snacks Barber at Canyon Lanes	**11** Cap C Drop In 10-2 Playtime-Literacy-Crafts Triple P—10:30—noon Lunch & Snacks **STRONGSTART BEGINS @ BBESS** NBCC 12-3pm	**12** Cap C Drop-in 10-1pm LUNCH: 12-1 * SENIOR HOUR 1-2 **PORK CASSEROLE** Anderson Creek Clinic 10-3	**13** Shuttle: CHILLIWACK	**14**	**15** NBCC 12-3pm
16 *Cops for Cancer Tour de Valley* Arrives approx. noon Boston Bar Elementary Secondary School	**17** Family Place Cap C & Better Beginnings 10:30—2pm Lunch & Snacks BBNB Enhancement AGM Meeting *DOORS OPEN 1 pm.* MEETING STARTS at 1:30 pm at Canyon Lanes	**18** Cap C Drop In 10-2 Playtime-Literacy-Crafts Triple P—10:30—noon Lunch & Snacks NBCC 12-3pm	**19** Cap C Drop-in 10-1pm LUNCH: 12-1 * SENIOR HOUR 1-2 **TACO SALAD** Anderson Creek Clinic 10-3	**20** Shuttle: HOPE FOOD BANK DAY 1—3PM Canyon Lanes ~ use Rear Door	**21**	**22** **Canyon Lanes Fall Market 1—4 pm** NBCC 12-3pm
23 **30**	**24** Family Place Cap C & Better Beginnings 10:30—2pm Lunch & Snacks	**25** Cap C Drop In 10-2 Playtime-Literacy-Crafts Triple P—10:30—noon Lunch & Snacks NBCC 12-3pm	**26** Cap C Drop-in 10-1pm LUNCH: 12-1 * SENIOR HOUR 1-2 **ROASTED CHICKEN** Anderson Creek Clinic 10-3	**27** Shuttle: CHILLIWACK	**28** BBFN sponsored Youth/Family Night at Canyon Lanes from **6-10 pm** EVERYONE WELCOME!	**29** NBCC 12-3pm