THE BOSTON BAR NORTH BEND ENHANCEMENT SOCIETY

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As a member of the society, you are showing your support for community facilities such as the parks and the community hall as well as having a vote at the AGM or other special general meetings. Members have a say in all important issues facing the community. Attending meetings will keep you informed and involved.

MEMBERSHIP: \$5.00 per year makes you an important part of this vital community organization.

Membership terms run from January 1st to December 31st. In order to nominate, vote at the AGM or run for a position as Director, you must become a member at least sixty days before the meeting. You can join the BBNBES at Canyon Lanes or by calling Jasmine Robinson 604-778-6708

Please note the **DEADLINE for ALL SUBMISSIONS** to the Update is the 25th of EACH MONTH

Box ADS: As seen on page 5 & 6. These ads are now available in your choice of black and white or colour to suit your budget. Contact us for current rates & information. (Assistance in the design of your Ad is also available).

SPECIALTY ADS ARE AVAILABLE in 3 SIZES: 1/4, 1/2 and full page in black & white or colour. Call for pricing.

Contact the editor at 604-206-6006 or email bbnbupdate@gmail.com

SUBSCRIPTIONS to the Update are \$25/year. Please include name & mailing address with your cheque made out to Boston Bar/North Bend Enhancement Society, Box 251 Boston Bar BC VOK 1C0

BOARD MEMBERS of the BOSTON BAR-NORTH BEND ENHANCEMENT SOCIETY

Executive Director: Nancy Carmichael

Officers: Directors:

Chair Tom Durrie Margaret Hendrickson Vice-Chair **Howard Johnson** Lorna Regehr Stephanie Tillotson Lori Walters Treasurer

Secretary Ang Hunter

> This newsletter is published monthly by the Boston Bar/North Bend Enhancement Society with SPECIAL THANKS to the FRASER VALLEY REGIONAL DISTRICT'S 'GRANT IN AID' PROGRAM AND TO

ALL OF OUR ADVERTISERS FOR THEIR KIND SUPPORT.



Visit us online at www.bostonbarbc.net

Fraser Valley Regional District www.fvrd.ca

bbnbupdate@gmail.com





PREPARING FOR SUMMER...

As we look forward to a fun-filled season of barbeques, camping, gardening and water play, we're also approaching a time of year when many could be feeling very anxious about what the next few months could bring. Last year the wild fires moved in frighteningly close to us, putting community members on evacuation alerts and orders. Some folks experienced devastating losses. The reality is, we all need to be proactive as our climate changes. This past winter has left us with a lower than normal snowpack and our province is experiencing an ongoing drought. Long range weather predictions indicate we could again experience record-setting heat, intense storms and be facing yet another challenging fire season. British Columbians, all Canadians in fact, have been advised to be on high alert. For tips on how to safeguard your property and decrease the risk of wildfire damaging your home, go to firesmartbc.ca

Certainly, we are encouraged to be prepared for emergencies year-round. To that end, Director Johnson has provided some important links on page 13 of this issue for the benefit of all residents. Follow the links and learn now how to develop a plan of action and prepare emergency kits for your family members and pets. It's also a good idea for each family member to have "grab-and-go bags" in your home, vehicle and workplace in the event you are instructed to immediately evacuate the area.

In case you're thinking of having an open burn to get rid of debris on your property, be advised that currently there are no fire bans in effect for our **Coastal Fire Centre** but before lighting a fire of any size, always check the weather and wind conditions and most importantly, go to the government website to check for any changes to fire bans, which can occur very quickly. In your internet browser, just type in Coastal Fire Centre bans and restrictions - Province of British Columbia (gov.bc.ca) to determine the status of our area or check with the local authority, First Nations, etc. as they might have their own restrictions in place. Be prepared and stay safe!

Sincerest thanks goes to EMIL ANDERSON GROUP MANAGEMENT SERVICES for their generous donation of \$1000.00 to the Boston Bar North Bend Enhancement Society. Their donation is greatly appreciated. The Boston Bar North Bend Enhancement Society is a registered non-profit society comprised of dedicated volunteers who work to enhance the quality of life in our communities.

The next regular meeting of the BBNB Enhancement Society is on Monday May 13th at 6 pm at Canyon Lanes. Everyone is welcome to attend! We're also looking for volunteers who would like to help out with the July 1st Canada Day celebration.

The Annual General Meeting will be held on June 17th. If you're interested in running for election to the board of directors, Tom, Lori, or any other board member will be happy to answer any questions you might have. Come and talk with us at the upcoming meeting on May 13th.

Page 2

PROGRAMS

Grief-Chat Coffee Group

*Comfort Calls

Grief Friends Facebook

*Circle Bereavement Group

and Hospice Services

Nature Bathing Walking Group

ZOOM FRIENDLY



1275—7th Avenue

Hope, British Columbia

Canada, V0X 1L4

Tel: 604-860-7713

Email: mary.norman@fraserhealth.ca

www.frasercanyonhospice.org

FOOD BANK DAY will be WEDNESDAY MAY 8th from 1:30-3pm.

Please come to the back doors of Canyon Lanes.

THANK YOU FOR BEING PATIENT AND POLITE WITH EACH OTHER AND OUR FOOD BANK VOLUNTEERS. If you no longer need the Food Bank Service, OR you are unable to pick up PLEASE call 604 **867-8828**.

You can also send an email to bbnbfoodbank@gmail.com

Applications are available at Canyon Lanes. Please complete and return to the lanes.

PLEASE BE ADVISED if you are in need of **emergency food** for yourself and/or your family, contact the number above and a hamper will be immediately provided. You will be given an application to complete and will be able to pick up food on hamper day.

PLEASE NOTE! May 8th September 11th
FOOD BANK DAYS
FOR THE
REMAINDER OF
2024 August 14th September 11th
October 18th
November 13th
December 11th

LOCAL HANDYMAN/CARPENTER (250)713-4588

Facebook: Donald Taylor Jr. (Joshua) > Photos YouTube: donaldtaylor3943: DIY Root Cellar Build

Custom Concrete: Sidewalks-Driveways-Retaining Walls-Brick & Stone

Home Renovation-Maintenance-Repair

COMMUNITY

WEEKLY & MONTHLY EVENTS & PROGRAMS

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SMART Recovery is a recovery method that supports people with substance dependencies or problem behaviours to build and maintain motivation, cope with urges and cravings and manage thoughts and feelings. Live a balanced life!

Stephanie Tillotson, SMART Facilitator
"Self-Management and Recovery Training"
For information, call 604-860-3668.

NORTH BEND COMMUNITY CENTRE

64901 North Bend Station Road
THRIFT STORE!

Building manager: Adrian Boons: 604-855-8370 BOSTON BAR MUSEUM: bbar_museum@yahoo.com Tuesdays and Saturdays 12—3 pm

Boston Bar-North Bend Enhancement Society Meeting is usually the 3rd Monday of the month. *Please see calendar for meeting date, time and location*.

FRASER CANYON BETTER AT HOME

Coordinator: Sandra Clark at 604-**869-1831**Light housekeeping services and outdoor yard work/maintenance is an available service to seniors 65+.

FOOD BANK DAY - May 8th 1:30—3 pm at CANYON LANES.

Applications are at Canyon Lanes. For more info call 604-867-8828

LANDFILL: 50390 Chaumox Road (3 km. east of North Bend) OPEN: TUES., THURS., & SAT. 10 AM—5:00 PM landfill@recoverrecycle.ca

For PICKUP: see Canyon Disposal Ad on page 5
For service go to www.recoverrecycle.ca/services

FRASER CANYON COMMUNITY CHURCH 47774 Old Boston Bar Road.

For info, please leave a message. Cheryl: 604-**206-9696**

THE CHURCH OF CHRIST

Call 867-9613 for information.

ANDERSON CREEK MISSION CHURCH

Next to BBFN Band Office at **45971 A Hicks Rd**Call Father Dennis Flores for information 604-**869-5382**(Our Lady of Good Hope Catholic Church)

Mass Every 2nd Friday of the Month at 3:00 pm

ANDERSON CREEK HEALTH CENTER 46100 Hicks Road

Family Support Worker: Rodney Olinek 604-860-5990 Er

Email: familysupport@nntc.ca

Addictions & Youth Worker: Pam Robertson 604-860-3114

Email: probertson3429@gmail.com

Call **Hope Medical Clinic** 604-**869-5648** to set up a <u>phone consult</u> or make an <u>appointment</u>.

On Wednesdays call Anderson Health Center at 604-**867-9380.**

You can also book an appointment online at hopemedical.cortico.ca

BOSTON BAR FIRST NATION

Visit their website at www.tuckkwiowhum.ca or call 604-378-1279. For information on guided tours of Tuckkwiowhum Village or to book weddings and special events call 604-860-9286.

COMMUNITY DIRECTORY

Boston Bar Hall BOOKINGS: Call Canyon Lanes 867-8800

Food Bank (and BB Community Hall): 604-867-8828

North Bend Community Hall: H & D Johnson 867-9613

North Bend Community Centre: Adrian Boons 604-855-8370

Landfill Society: Dustin Singh 867-9500

Cable Television: Christel Atkinson 867-9552

FVRD Area A Director: Diane Johnson 604-860-3447

Better at Home Coordinator: Sandra Clark 604-869-1831

Update Editor: Karen Tillotson 604-206-6006



https://www.fvrl.bc.ca Read. Learn. Play

BOSTON BAR AND YALE LIBRARY NEWS

Local Author program at Boston Bar Library Tuesday May 7th at 4 pm: Tom Durrie's NEW BOOK!

Local Author program at Yale Library on Wednesday May 8th at 4 pm: Tom Durrie's NEW BOOK!

"MAKING SCHOOLS THAT ARE GOOD FOR KIDS: Creating a Democratic Society"

It's a radical Proposal for a complete restructuring of school and education.

Books for sale as well as a reading. Coffee will be on with some refreshments.

COME LISTEN AND LEARN—AND JOIN THE DISCUSSION ON TOM'S VIEWS ABOUT EDUCATION AND THE SCHOOL ENVIRONMENT.

KAREN RUSHLOW—LIBRARY SUPERVISOR BOSTON BAR LIBRARY—(604) 867-8847

Tuesdays and Thursdays 11:30 am - 1:30 pm / 2:00 pm - 6:00 pm

YALE LIBRARY—(604) 836-2279

Wednesdays 11:30 am — 1:30 pm / 2:00 pm — 6:00 pm Saturdays 10:00 am — 1:00 pm / 1:30 pm — 4:30 pm

We acknowledge that the land on which we gather and our libraries provide service, is the shared traditional territory of the Coast Salish and Nlaka'pamux Peoples.

MAKING SCHOOLS THAT ARE GOOD FOR KIDS

Creating a Democratic Society

"A radical proposal for the complete restructuring of school and education."

A new book by **Tom Durrie** now available from Amazon or buy directly from Tom.

E-mail: freeschoolpress@proton.me or phone: 604-**860-5121**

Special price for local people \$15.00, plus postage or shipping.

PART TIME EMPLOYMENT OPPORTUNITY!

FRASER CANYON BETTER AT HOME is looking for a reliable individual willing to do yard work for our senior citizens. For more information, please contact B@H coordinator **Sandra Clark** by calling **604-869-1831** or sending an email to **BaHBBar@outlook.com**

TIME FOR NDP TO KEEP EMERGENCY ROOMS OPEN

~Jackie Tegart, MLA Fraser-Nicola

British Columbians have witnessed a collapsing health care system for the past seven years. Frequent emergency room closures, burnt out staff, and a dire shortage of family doctors have left many without the medical care they need.

The B.C. Nurses Union recently organized a rally, calling for better supports as hospitals continue to face staffing shortages. Alongside fellow MLAs Shirley Bond and Peter Milobar, I heard about the profound mental and physical strain health care workers endure due to these ongoing challenges.



Phone: 250 453-9726 Toll Free: 1 877 378-4802

Email: Jackie.Tegart.MLA@leg.bc.ca

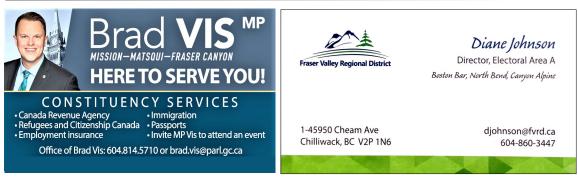
WORKING HARD FOR RURAL COMMUNITIES

Open drug use in B.C. hospitals has been further exacerbating these already existing challenges. Since the beginning of the NDP's decriminalization pilot in 2023, 36 health care professionals have reported drug-related incidents to WorkSafeBC – 14 of them were nurses.

One such report revealed that methamphetamine had been smoked in a unit just hours after the birth of a newborn. This is putting both staff and patients at risk.

Under the former B.C. Liberal government, now BC United, our health care system was world-renowned. However, for the past seven years, the NDP have taken B.C.'s health care from first to worst.

We've led the country in healthcare before and we will do it again – United, we will fix it.



TAKE CARE OF THOSE PEARLY WHITES!

Our dental hygienist **Amy Agis** is here for two days every month. Next visit: May 16th & 17th. Just call Tom at **604-860-5121** to arrange for your appointment.

YOU DESERVE SOME PROFESSIONAL FOOT CARE!

Our foot care specialist **DEANNA DELEURME** will be here on Wednesday, May 8th. This is a free service open to all, with preference given to seniors. Appointments fill up very quickly, so give Tom a call to arrange yours. **604-860-5121**

These are both completely FREE SERVICES AND OPEN TO ALL AGES!
Funded by the Boston Bar North Bend Enhancement Society and Lions Club Bingo.

Page 3



Under the big white tent Uptown RV Park & Laundromat 47750 Poplar Road, Boston Bar

Mama Vi's Fresh Fruit and Flowers

GRAND OPENING! Friday, May 10th

We will be OPEN Thursdays through Mondays 10 am - 6 pm

...Our Mother's Day Specials ~ Sunday, May 12th!... WE ARE GIVING AWAY AFRICAN VIOLETS TO THE FIRST 15 MOMS! Gorgeous 13" Hanging Baskets: \$43.00 each or 2/\$80.00 We will have 12 Vases Stargazer Lilies: only \$23.00 each







BC STRAWBERRIES AND OTHER FRUITS & VEGGIES WILL BE AVAILABLE!

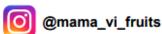
For your Convenience, we now accept DEBIT, VISA & MASTERCARD



BE SURE TO CHECK OUT ALL THE TREATS AND TREASURES IN OUR BRAND NEW

Gift Shop!

SEE YOU ON THE LONG WEEKEND, MAY 18TH TO 20TH FOR OUR HANGING BASKET SALE!





COURAGE AWARD RECIPIENTS



DIRECTOR'S REPORT

~ Diane Johnson, FVRD Director, Electoral Area A

I've attended a few meetings now to discuss healthcare and transportation through the Canyon. I have suggested that Fraser Health look into partnering with Northern Health to see if we could utilize their bus service that brings people to the city for specialist appointments. Not only do they take the patient but they also allow the caregiver to travel with them. I believe the bus travels from Prince George a couple of times a month and comes right through Boston Bar. Jackie Tegart our MLA is to look into this and explore the possibility.

On April 16th, I attended the work commencement of the 1926 Alexandra Rehabilitation Project and on April 20th, I attended the Clean-Up in Hope; their Earth Day Project.

Construction has begun at the Boston Bar Fire Hall to replace two bay doors.

BC Wildfire Service has a new and improved Interactive Map & Mobile App. Their public website is www.bcwildfire.ca You can also find them on Social Media: Facebook and Twitter. And BCWF on YouTube.

EMCR (Emergency Management and Climate Readiness) Public Information:

Prepared BC (Go to PrepareBC.ca)

- Preparedness information for the general public.
- Produces digital and hard copy guides for Flood, Wildfire, Extreme Heat, and many other hazards.

EmergencyInfoBC (Go to EmergencyInfoBC.ca)

Crisis communications to the general public during actual emergency events

ClimateReadyBC (Go to ClimateReadyBC.ca)

• Information for communities about disaster risk and funding supports.

Diane Johnson FVRD Director Area A ~Lisa Oike. Principal

April at Boston Bar School was a whirlwind of activities and learning. After spring break, the school community came together for the Pink Shirt Walk, promoting kindness and anti-bullying—a vital message for all. The Easter celebrations brought joy with egg hunts, adding a festive touch to the return.

The Mastery term's conclusion saw students diligently completing their coursework, while Camp Week offered a diverse range of activities, from woodshop to Indigenous art, fostering new skills and cultural appreciation.

The "Flow Warrior" energized the school with an Art Starts presentation, inspiring students to discover their inner strengths.

The month culminated in the Open House and Courage Awards, presenting the learning from the grade 10-12 literacy class and celebrating the achievements of many. The school also embraced educational sessions on social, emotional, and cognitive development with our ICY team and training through the Safe and Healthy Relationships Program alongside the Substance Use Prevention/Education Program with the HATS family and youth services. Both opportunities further enriched our students' experience in term three.

Our Run Club participated in the Sun Run on Sunday, April 21st. Eleven runners took part with five athletes achieving their personal best time. WAY TO GO! And, a thank you for the organizational efforts of Ms. Phibbs, as BBESS welcomed the new Kindergarten students to our school during the annual "Ready, Set, Learn" event.

In May, as the school transitions into the Generosity Term, the focus is on maintaining excellent attendance and dedication to learning, and setting a positive trajectory for the remainder of the year!

Courage Award for Independence:

Markus Willis (K), Jayce Hope (Gr. 4), James Fountain (Gr. 8), Kwyntin Fujita-Mooney (Gr. 11), Lily Ingram (Gr. 10)

Courage Award for Generosity:

Tobias Campbell (Gr. 3), Erica Purcell-Florence(Gr. 4), Andy Baziuk (Gr. 9), Jorja Fountain (Gr. 10)

Courage Award for Belonging:

Allovia Lukkarinen (Gr.3), Seguoia Cameron-McMillan (Gr. 4), Charlotte Edwards-Olsen (Gr. 7), Nevaeh Purcell-Pete (Gr. 10), Caelan Chernove (Gr. 12)

Courage Award for Mastery:

Logan Campbell (Gr.1), Jaxon Campbell (Gr. 4), Kaylem Lajeunesse (Gr.9), Charlie Edwards-Olsen (Gr. 11)

Courage VIP Award:

Jade Kimber (Gr.2), Mackenzie Pete (Gr. 6), Kaylem Lajeunesse (Gr.9), Korri Sinclair Natowcappo (Gr. 11)

- HMC "Bears" workshop (K-3): April 30th, 10:30 am to 12:00 pm
- Science World Trip: May 2nd
- Neufeld Farm Order Arrives: Tuesday, May 7th Δ
- Shine On Leadership Conference: Grade 7-12 (10 students attend): Wednesday, May 8th
- ΑH Rene Ragetli: Skills BC: Tuesday, May 14th
- Stein Valley N'lakapamux School Lahal Tournament: Thursday, May 16th ŋ
- Victoria Day: Monday, May 20th and Day in Lieu of Good Friday: Tuesday, May 21st
- OKIN SD78 Career & Transition Exploration Day: Thursday, May 30th, 2024 (9:00 am to 2:30 pm) Gr 4-12
 - Graduation Ceremony 2024: Saturday, June 8th 1:00 pm at Tuckkwiowhum. Dinner at BBESS at 5:00 pm
 - Skagit Camp Trip Grade 6 Monday, June 3rd to Tuesday, June 4th
 - Term 4 Camp Week: Monday, June 10th to Thursday, June 13th
 - Thompson Awards: Thursday, June 13th, 4:30 pm

BUSINESS SERVICES



Cathy Harry, Manager

604.869.2426 604.869.1618

604.869.2445 FAX: Cathy Harry@kaltire.com

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50530 Trans Canada Hwv. 6 km. North of Boston Bar Phone: (604) 867-9295 Cell: (604) 318-2511



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8 am—7 pm

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Our rates are very affordable!

These Box Ad pages provide our community with the ease and ability to quickly find a service, product or information that your business provides. Advertising with us also helps to support the continued publication of our community's Update Newsletter. Contact the editor: bbnbupdate@gmail.com or call 604-206-6006

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604-867-8800 (fax 867-9112) Email: canyonlanes1991@gmail.com

47585 Trans Canada Highway

Tom Dunlop Recreation Center

Adult Leagues * Club 55+* YBC

BUSINESS HOURS:

Monday to Thursday: 11 am – 6 pm Friday & Saturday: 3 pm – 9 pm Sundays & Holidays CLOSED

CLOSED VICTORIA DAY MAY 20th

LEAGUE HIGH SCORES

CLUB 55+	SCORE
Doug Robinson	249
Linda Phillips	218
Pat Clelland	211
MONDAY MIXED	SCORE
Rod Andrew	230

Rod Andrew	230
Doug Robinson	227
Shawn Westerlund	221

TUESDAY MIXED	SCORE
Nick Clelland	338
Joe Campbell	300
James Andrew	273

YBC BANTAMS	SCORE		
River Loss-Walters	217		
Jayce Hope	176		
Jaxon Campbell	118		

YBC JUNIORS	SCOR
Evan Chernove	203
Kendra Campbell	179
Allura Lukkarinen	150

VDC ILINIODO

YBC SENIORS	SCORE	
Nathan O'Donaghey	262	
Brandon Raphael	246	
Julianna Campbell	211	

CHILLIWACK LIONS ONLINE BINGO

TICKET SALES: Cash, Credit Card or Debit Card

BOWLING NEWS

CONGRATULATIONS GOES TO...

HI-LO YOUTH DOUBLES PROVINCIALS Silver Winners: River Loss-Walters and Jayce Hope

BERT HILL ZONE FINALS First Place Winners: Linda Phillips, Pat Clelland, Patty Dufresne, Diane Thomas and Doug Robinson (They will be going to the Provincials May 3rd!)

No-Tap Summer Adult League

Eight weeks starting the first week of June.

(Date to be announced!)

If you are looking for something fun to do or you would like to keep practicing,

> COME JOIN our No-Tap league. NO EXPERIENCE NEEDED

Everyone is welcome! Call or drop-in to register.

YOUTH NIGHT

Friday, May 31st 6:00 pm – 9:00 pm

SNACKS* BOWLING*GAMES*PRIZES Sponsored by Boston Bar First Nation

OPEN TO ALL YOUTH

Children 7 & under must be accompanied by an adult.

🌭 Happy Mother's Day!

Moms bowl for FREE on May 10th & 11th. We are open from $3 \text{ pm} \sim 9 \text{ pm!}$

(Don't forget about GRAD BINGO NIGHT!

May 3rd at 7pm at Boston Bar Community Hall)

SHUTTLE BUS trips to **Hope** are every Thursday. **Chilliwack** trips are the last Thursday of every month. Call Canyon Lanes NOW to reserve your seat!

THANK YOU TO OUR SPONSORS: BOOTHROYD INDIAN BAND, BOSTON BAR FIRST NATION AND KIDSPORTBC





remain independent

www.betterathome.ca

Fraser Canyon Better at Home COORDINATOR: SANDRA CLARK 604-869-1831

BaHBBar@outlook.com

Better at Home is funded by the Government of British Columbia

- **SENIORS whose shuttle bus fares are fully or partially subsidized due to their income level are still REQUIRED TO BOOK a seat on the shuttle by contacting CANYON LANES AT 604-867-8800.
- **SENIORS: If you require the services of the FOOD BANK, please call 604-867-8828 or send an email to bbnbfoodbank@gmail.com
- **SENIORS: If you are in need of someone to do outside home maintenance and light housekeeping please contact Fraser Canyon Better at Home Coordinator: Sandra Clark at 604-869-1831

PLEASE NOTE THAT BETTER AT HOME **DOES NOT** PROVIDE TRANSPORTATION FOR MEDICAL SPECIALIST APPOINTMENTS,



Our services are made possible through:

- A Fraser Health grant
- Client donations
- Grants from our local Corporate sponsors
- Service Clubs & Local Individuals
- Our amazing volunteer drivers

DRIVERS ARE NEEDED. Please contact Care Transit at 604-869-3396 to apply.

WE PROVIDE TRANSPORTATION FOR MEDICAL APPOINTMENTS OR TREATMENTS TO THOSE WHO HAVE NO OTHER MEANS OF GETTING TO THEM.

WE DO NOT RECEIVE ANY GOVERNMENT FUNDING

Boston Bar Care Transit is currently providing transportation services to folks in our area for medical appointments and/or treatments who have no other means of getting there.

This service is available to ANYONE of any age but you must first become a registered client by contacting Hope Care Transit at 604-869-3396.

Registration referral forms are also available on our website at:

http://www.caretransit.ca/medical-rides

You can reach to Hope Care Transit during the following times:

Monday's—Thursday's 9:00am — 3:30pm.

Care Transit requires 48 Hour notice prior to appointments





MAY 2024

North Bend Community Center (NBCC)
Building Manager, Adrian Boons 604-855-8370

LANDFILL HOURS:

Tuesday, Thursday & Saturday 10 AM—5 PM

Call 604-BBESS—867-9222 Canyon Lanes—867-8800 Canada Post Boston Bar—867-9712 Emil Anderson Maintenance: 1-800-667-5122 RCMP NON emergency—867-9333 EMERGENCIES, FIRE & AMBULANCE—call 911

Anderson Creek Health Center

Make Appts with **Hope Medical Center** 604**-869-5648** *On Wednesdays call 867-9380*BB First Nation Band Office 867-**8844**

SUN	MON	TUE	WED	THU	FRI	SAT
For Yale Jam Session Information Contact Art and Darlene of CROSSFIRE at 604- 750-0113 <i>Yale & District</i> <i>Community Centre</i> 65050 Albert St. Yale	BOSTON BAR ELEMENTARY SECONDARY SCHOOL SEE PAGE 12 FOR UPCOMING SCHOOL EVENTS	STRONG START Monday: 11 am- 3 pm Tues. Wed. & Thurs: 9 am -1 pm Friday: 9 am -1 pm when school is in session	FIRE PRACTICE at the Fire Hall 6—8 pm WEDNESDAYS. Our Volunteer Fire Department needs more VOLUNTEERS!	To ride the THURSDAY shuttle bus, you must purchase a ticket at Canyon Lanes. If unable to go to CL to do so, please call 604-867-8800.	B.B. to Hope \$20 return *** This is a <u>door-to-door service value</u> mid-afternoon drop-offs. Li	FILE BUS! It's not just for seniors! B.B. to Chilliwack \$30 return with early morning pick-ups and mited seating so call Now to First come, first serve!
Get your \$5 LIONS BINGO tickets at CANYON LANES, ESSO, FAT JACK'S & BEAR ESSENTIALS GAS BAR	WorkBC Centre and Career Cafe Canyon Lanes <u>May 1st from 11am</u> about our services! No appoint	n- 12:30pm. Come and learn	Anderson Creek Clinic	Seniors Social Time Doors open at 4 pm DINNER at 5 pm BOSTON BAR COMM. HALL Lions Bingo 6 pm	GRAD BINGO NIGHT 7 pm at Boston Bar Community Hall	4 NBCC 12—3
5	6	7 NBCC 12—3	FOOT CARE by appointment FOOD BANK DAY: 1:30—3 CANYON LANES Anderson Creek Clinic	Seniors Social Time Doors open at 4 pm DINNER at 5 pm BOSTON BAR COMM. HALL Lions Bingo 6 pm	ANDERSON CREEK MISSION CHURCH MASS at 3 PM Please see page 15 Happy Mother's D Moms bowl for FRE	ay! 2 Day Special EE at Canyon Lanes NBCC 12—3
12 YALE JAM SESSION 12—4pm Happy Mother's Day!	BB-NB Enhancement Society Meeting. All are WELCOME! 6 pm at Canyon Lanes.	Tea & Social for Seniors 1 - 3 pm at BB Hall NBCC 12—3	Anderson Creek Clinic	DENTAL HYGIENIST by appt. Seniors Social Time Doors open at 4 pm DINNER at 5 pm BOSTON BAR COMM. HALL Lions Bingo 6 pm	17 DENTAL HYGIENIST by appt.	18 NBCC 12—3
19	20 Victoria Day STAT HOLIDAY	21 NBCC 12—3	Anderson Creek Clinic	Seniors Social Time Doors open at 4 pm DINNER at 5 pm BOSTON BAR COMM. HALL Lions Bingo 6 pm THEATER GROUP 1 pm at BOSTON BAR HALL	24	25 NBCC 12—3
26 YALE JAM SESSION 12—4pm	27	Tea & Social for Seniors 1 - 3 pm at BB Hall NBCC 12—3	29 Anderson Creek Clinic	Seniors Social Time Doors open at 4 pm DINNER at 5 pm BOSTON BAR COMM. HALL Lions Bingo 6 pm	31 Youth Night at Canyon Lanes 6—9 pm ALL Welcome	