

ALL ABOUT US! **CANYON LANES** has been referred to as **The HUB** of our wonderful little community but we are not just about bowling. It's a public meeting place from opening to close! During the Fraser Canyon's busy tourist season, we welcome even more people into our air-conditioned facility to just hang out and have some fun!

Not only do we have the year-round bowling leagues and tournaments for youth, young adults and seniors, but we also offer several other games and fun things to do.

We host private parties: birthdays, Christmas & New Year's parties, Family/Youth Nights, town meetings, grad events; we sponsor field trips, PE classes, Family Fun Days and support the 'Kids Bowl Free' program.

We provide a large private space for our food bank, government elections and individuals and organizations who offer instructional courses. We hold regular markets throughout the year which benefit small home-business vendors, our talented artisans and of course, our community members who always enjoy "shopping local".

Canyon Lanes has historically supported good causes for our community members and special events, so there's usually a 50-50 board going on at the front counter!

We offer refreshments and a great snack bar, a charging station outside for electric vehicles and we are of course, the town's *only* bottled water depot!

Canyon Lanes can be a very busy and always FUN place to work!

JOB POSTING #1 WE ARE LOOKING for a casual part time energetic individual who enjoys working with people of all ages and who especially enjoys working with our youth! We need someone who is time-flexible, able to work evenings and weekends, willing to learn and be able to follow instructions and work with minimal supervision.

- Your **awesome and friendly** customer service skills are extremely **important** to us!
- The successful applicant will be working with computers so some basic knowledge will definitely go a long way!
- The successful applicant must have or be prepared to acquire BC Food Safe certification as soon as possible.
- Duties will also include keeping our shelves & coolers well stocked and participating in the routine cleaning of our facility (some of which will be moderate to heavy).
- A criminal record check will be required

JOB POSTING #2 WE ARE LOOKING for a casual seasonal groundskeeper at Canyon Lanes.

We have all the equipment. We just need your energy, your muscle and your time! Ideal for someone just looking for a few hours a week and who enjoys working outdoors.

- Duties will include weekly grass cutting, weed control and maintenance of the small flower garden. The successful applicant will also oversee a regular watering schedule.
- Grounds maintenance will take place while Canyon Lanes is open for business and for your benefit, scheduled in the cooler morning or evening hours. (Flexibility of hours depends on weather conditions.)

THESE POSTINGS WILL CLOSE THURSDAY, JULY 11th.

PLEASE DROP OFF YOUR RESUME AT CANYON LANES 47585 TRANS CANADA HIGHWAY OR SEND BY EMAIL TO canyonlanes@lookieloo.net



CN POLICE ARE IN YOUR COMMUNITY TO SPREAD THE RAIL SAFETY MESSAGE

(Media release June 20, 2019)

CN Police will be increasing patrols to share rail safety messaging in communities across BC this summer. In 2018, 236 incidents occurred in Canada, resulting in 53 fatalities and 72 serious injuries. Disregard for railroad crossing signals and gates and distracted driving were the main causes of those accidents.

Not only is it dangerous to disregard signals/signs at railroad crossings, it is illegal. Section 185 of the *Motor Vehicle Act*, states that all motorists must obey the signs and control devices and crossings. CN Police are reminding drivers to be aware of surroundings and watch for railway crossings.

Trespassing on railway tracks and property is illegal and will result in a \$115 fine. Trespassing can also result in significant risk of injury and death.

SAFETY TIPS

- Trains and cars do not mix. Never race a train to the crossing. Even if you tie, you lose.
- Be aware that trains cannot stop quickly. Even if the locomotive engineer sees you, a train can take up to 2 km or more to stop (that's 18 football fields).
- Remember—When the train crew first sees you, you are just a speck in the distance. By the time they are close enough to identify that speck is a person, it's too late for them to stop safely.
- Never drive/walk around lowered gates. It is illegal and extremely dangerous.
- Do not get trapped on the tracks; proceed through a railroad crossing only if you are sure you can completely clear the crossing without stopping. Remember the train is much wider than the tracks on both sides. IF YOU CAN'T FIT—DON'T COMMIT.
- If your vehicle stalls on a crossing and a train is approaching, exit the vehicle immediately and move AWAY quickly from the tracks. Contact the railway company for assistance.
- Walking/driving and texting: Please stop, then text/talk, otherwise you are distracted and may not see that train on or approaching the crossing.
- Listening to music? Unplug one ear so you can hear what's going on around you.
- Check the back of the Cross buck (X) or the automatic signal post for a yellow bumper sticker. This will have the 24/7 emergency contact number to report an incident involving the railway. This sticker will soon be replaced by a blue sign posted on the crossing signal pole.

TRACKS ARE FOR TRAINS—NOT PEOPLE

CN Police 514-755-7956



This newsletter is published monthly by the Boston Bar/North Bend Enhancement Society with **SPECIAL THANKS** to the United Way, the Fraser Valley Regional District's 'Grant in Aid' Program and to our advertisers for their support.



PLEASE NOTE the **DEADLINE** for ALL SUBMISSIONS to the UPDATE is the **25TH** of EACH MONTH

Hello everyone. Here it is - July already! Here's just a quick update on my activities during the month of June.

As well as attending the regular FVRD committee meetings, I attended several other meetings which were all held in Chilliwack: Regional Advisory Board, Electoral Area Services, Fraser Valley Regional Hospital District and the Fraser Valley Regional Board. I am also currently on the board of directors for four tourism organizations.

With wildfire season approaching, I am presently working with FVRD staff as we prepare to have a meeting with the community to solidify an evacuation plan for the area. I will be calling for volunteers to help with this plan and its execution. Staff is almost finished an evacuation plan with Columbia Valley so we will have a template to use and adapt to what will work best for our community.

You will soon be seeing upgrades to the library to the tune of \$58,000.00. These funds have been raised through all Electoral Areas and the other Directors unanimously agreed these upgrades were necessary. There will also be substantial improvements at the Yale Library as well at a cost of \$45,000.00.

You've perhaps noticed that there have been a number of trucks hauling material away from the landfill. This is soil that had been hauled in but was found to be unsuitable for the site. The soil had to be removed, at their expense and the costs for using our loader and operator needed to be covered as well.

I attended the Hope Graduation Ceremonies to present a bursary on behalf of the Recreation Committee. I also helped at the Strawberry Social in Yale and again, on another date, I assisted with 75 students on tour at the Yale site.

Sadly, I officiated a celebration of life for one of our local citizens. On a happier note, I also had the honour of officiating a marriage ceremony for a Boston Bar couple.

We continue to work on a contract for the Landfill Society and I am hoping it will conclude soon. At that time, we will see the start of some recycling programs.

Everyone— please take care and stay safe out there this summer!

MINISTRY OF TRANSPORTATION & INFRASTRUCTURE: ALEXANDRA BRIDGE REHABILITATION PROJECT 2019

"SURESPAN CONSTRUCTION LTD. will be performing work on the Alexandra Bridge approximately 3 km north of Spuzzum, BC on Highway 1. Construction will begin early in July and will be ongoing for approximately 4 months.

Working hours will generally be between 7 am and 5 pm, Monday to Saturday. There may also be some Sunday work required.

Surespan is working to minimize traffic disruptions throughout the duration of the project. Temporary Single-Lane Alternating Traffic may be required intermittently to give our crews the space they need to complete construction safely and quickly. However, Surespan will work to avoid its use as much as possible. We appreciate your patience during construction".

~ Project Coordinator, Surespan Construction Ltd.



LOCAL EMPLOYMENT OPPORTUNITY! SEE PAGE 16!

COMMUNITY LUNCH PROGRAM at Family Place
Everyone Welcome! **Wednesdays Noon-1pm**
Senior Hour 1pm—2pm.
(\$2 minimum donation please!)

Community Paramedic
Weekly visits
At Family Place Community Luncheon.

NORTH BEND COMMUNITY CENTRE
WILL REMAIN CLOSED
UNTIL FURTHER NOTICE

FRASER CANYON BETTER AT HOME
Coordinator: Dawn at 604-869-1831
Call to reserve your seat on our **WEEKLY SHUTTLE BUS**.
This service is available to everyone! See Pg 10.
(Ask about renting our Shuttle Bus and Driver for your private functions. Call Karen at 604-206-6006)

FOOD BANK DAY - July 18th 1-3 pm in Meeting Room, CANYON LANES, rear entrance! Donations can be dropped off at Canyon Lanes. Apps. are at Post Office, Family Place & Canyon Lanes.

Boston Bar-North Bend Enhancement Society Meetings take place on the **3rd Monday** of each month at **1:30 pm**, at **Canyon Lanes. EVERYONE IS WELCOME!**

LANDFILL: 50390 Chaumox Road (3 km. east of North Bend) **OPEN: TUES., THURS., & SAT. 10AM—5PM**

FOR PICKUP: see **Canyon Disposal** Ad on page 6

COMMUNITY CHURCH Sundays 11 am followed by lunch and fellowship. For info or if you need a ride, please leave a message at Church Ph. 867-9010

THE CHURCH OF CHRIST welcomes you to worship with them on Sundays 10:30am at North Bend Hall. Call 867-9613 for information.

ANDERSON CREEK HEALTH CENTER

Doctors and Nurse Practitioners
Every WEDNESDAY 10am—3pm
Appts call **Hope Med. Clinic 604-869-5648**
Wednesdays call 604-867-9380
Mental Health Appts. Call 604-860-7733

Allen Roscoe, Family Counsellor Every Tuesday Morning
Employment Assistant Services, Literacy Help, Early Childhood Development - call **604-869-2279**
Child & Family Worker, Melissa Neilson, Every other **Friday**
To register please contact the BBFN Band office at: **867-8844**

BOSTON BAR FIRST NATIONS

COMMUNITY HEALTH REPRESENTATIVE PAMELA ROBERTSON
CHR & LSS (Legal Aid) DRUG & ALCOHOL - ADDICTIONS NAVIGATOR Help is available to ALL CITIZENS
Please contact Pamela at **604-867-8844 or 604-860-3114** (fax 604-867-9317) Email: pamelarobertson3@yahoo.ca

COMMUNITY DIRECTORY

Boston Bar Community Hall Bookings Call Canyon Lanes 867-8800
Food Bank: Morris Tillotson 867-9358
North Bend Community Hall: H & D Johnson 867-9613
NBCC : Lillian 867-9775 * **Thrift Shoppe :** Arlene 867-8874
Family Place: Meaghan Briggs 867-9204
Landfill: Dustin Singh 867-9500

Cable Television: Ann Schudeleit 867-8846
Emergency Services Rep: Howard Johnson 867-9613
FVRD Director: Terry Raymond 867-8891
Update Editor: Karen Tillotson 604-206-6006
BaHP/Care Transit: Dawn Fox 604-869-1831

Free WiFi is Available to the public at BOTH LIBRARIES which is only accessible during hours they are open. Come on in with your laptop, or other electronic device and try it out!

SUMMER READING CLUB is happening at all libraries in BC. Check your local libraries for dates and programs happening next month. Remember you can use that Reading Club record at any one of the libraries in the Province.

There are reading clubs for preschoolers, children, teens and adults. Check out all the contests for great prizes also!

STORYTIME IN THE PARK STARTS JULY 8TH . Be sure to check in at **FAMILY PLACE** to see what's happening.

BOSTON BAR: Tuesday & Thursday 1:00—5:00 pm (dinner) 5:30—7:30 pm.
Ph. 604-867-8847 (F. 867-9549). **Karen Rushlow**, Library Supervisor

Boston Bar Book Club is still active. Check us out on Facebook at: Boston Bar Library Book Club to see what we are reading now.

RENOVATIONS at the Boston Bar library are happening from July 8th to 12th so Boston Bar library will be CLOSED to the Public during that week. Yale library will be OPEN on those days to do work for Boston Bar that needs to be done. Pop in to see Karen if driving by!

YALE: Wednesdays 1:00-5:00 pm (dinner) 5:30 -7:30 pm & **Saturdays** 10:30 am -12 pm (lunch)12:30- 5:00 pm. Ph. 604-863-2279 (F. 863-0138). **Karen Rushlow**, Library Supervisor

Card games are happening on Wednesdays and Saturdays so drop in to watch, play and socialize!

RENOVATIONS are happening at Yale library during the 1st week of July so the main library room will be CLOSED but there will be a pop-library in meeting room in Community center in Yale to check things in and out.

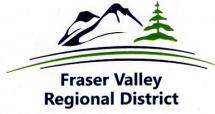
WHO'S AFRAID OF CLASSICAL MUSIC?

Tuesday, July 16th, 6—9 pm
at **FAMILY PLACE**

Tom Durrie will present an evening of easy introduction to the world of classical music. We'll listen to, watch videos, and talk about some great music that you'll never forget.

LIGHT REFRESHMENTS WILL BE AVAILABLE.

THIS IS FREE AND OPEN TO ALL.



Dennis Adamson
Director, Electoral Area B

1-45950 Cheam Ave.
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V2P 1N6

dadamson@fvrd.bc.ca
www.fvrd.bc.ca
Direct: 604-860-3410

NEW public passenger bus service from northern BC to the Lower Mainland



With stops in Prince George, Hixon, Quesnel, Kersley, McLeese Lake, Soda Creek, Wildwood, Williams Lake, 150 Mile House, Lac la Hache, 100 Mile House, 70 Mile, Clinton, Cache Creek, Kamloops, Hope, Spences Bridge, Lytton, Boston Bar, Yale, Chilliwack, Abbotsford & Surrey.

For more info or to **BOOK ONLINE**, visit
adventurecharters.ca

Yale's 1st Annual Family Picnic Day

65050 Albert Street, Yale

Saturday, July 13th

DOORS OPEN at 11:00 am for kids to play on water castle, slides and swimming pools!

HAMBURGERS, HOT DOGS, SALADS, DRINKS & DESSERT
LUNCH WILL BE SERVED BETWEEN 12 AND 1 PM

ENTERTAINMENT ALL DAY
SILENT AUCTION
GOOD TIMES! GOOD FOOD!

ADULTS \$15.00
AGES 12 AND UNDER FREE.

ELECTION DISTRICT 78
SCHOOL TRUSTEE:

*Nomination period closed June 21:
Deadline for withdrawal of candidates was June 28*

June 29th: Campaign period begins
July 2nd: Declaration of election by voting or acclamation

July 17th: Required advance voting opportunity

July 27th: General voting opportunity

July 30-31: Determination and declaration of official election results

CANDIDATES :

Boston Bar/North Bend: Cheryl DAVIDSON,
Tom DURRIE, and Hollie TRAAS

Spuzzum: Cathy SPETH

Yale: Sequel ADAMSON & Bronwyn PUNCH,
Hope: Wilfried VIKTOR

The Fraser Canyon corridor is an area rich with historical, cultural, and recreational attractions and yet in the past few decades we have seen a noted decline in tourism that continues to affect many communities.

I recently organized a meeting with Fraser Canyon tourism stakeholders, where we discussed the difficulties faced by local tourism operators and looked at strategies to address challenges and areas needing additional support. A common theme was the need for infrastructure enhancements, including the further development of pull-outs for visitors to enjoy views, improved signage and interpretive panels at attractions, and the provision of clean and safe rest areas for travelers.

In addition to developing infrastructure, the meeting also focused on the importance of engaging with local First Nations and ensuring that traditional territory, knowledge, and resources are respected throughout the process.

In the coming weeks I will be following up with Kanaka Bar, Lytton and Boston Bar First Nations and local government representatives and staff, as well as writing to the Minister of Tourism, Arts and Culture and the Minister of Transportation and Infrastructure. I will be requesting their partnership and support as we work towards creating a thriving tourism industry in the Fraser Canyon.

By Jackie Tegart, MLA for Fraser-Nicola

My name is Cheryl DAVIDSON and I am running in the by-election for **School Trustee** in the Fraser Canyon area. This position was held for many years by a great man, Tom Hendrickson.

I was born and raised in North Bend, Boston Bar and Boothroyd area and attended both North Bend and Boston Bar Schools.

In 1990, I was to attend the University of the Fraser Valley and begin the Early Childhood Education Program when a posting became available as First Nations Support Worker at BBESS. I applied and was hired to the position and continued to work in the school system for the next 28 years. Education is very important to me and I believe my work not only benefited the first Nations students but all the students.

I married my husband Tom in 1992 and we've raised 3 children. Kathleen, Arthur and Betty also attended North Bend and Boston Bar schools and have all graduated.

In 2015, I was elected to Council for Boothroyd Indian Band and discovered I enjoyed politics. For Boothroyd, I oversee the elementary secondary education, membership, social development and many other duties which we all share. I took leave from BBESS in 2016 to work more closely with the Chief and Council. I missed the students and the work I'd known for 28 years.

I believe I could fulfill the duties of School Trustee because of my experience in the school system and with Boothroyd Indian Band. I have been fortunate to have two jobs which I love and would like to take a step forward as Trustee. If elected, I would resign from my First Nations Support Worker position at the school.

As a long term resident of Boston Bar, I am asking for your vote.

www.facebook.com/canyonbowl
CANYON 604-867-8800 (fax 867-9112)
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- | | | | | |
|---------------|-------------|---------------|-----------------|------------------|
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| Pool tables | Water Store | Free Wi-fi | Meeting Room | Private Events |

 *Stop in for refreshments & relax in our air conditioned premises!*

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EVERY THURSDAY at 3 pm
through July and August

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Join us for some fun!

Every Thursday at 6 pm
Through July and August.

DROP INS WELCOME!

WEEKEND SPECIALS!

Fridays: 6—9 pm. \$3/game!
Saturdays: Friends & Family: 6-9pm
 \$10/hour/lane!

Shoe rental not included

SUMMER MARKET
SATURDAY, July 20th
1 PM—4 PM

ALL VENDORS WELCOME
 CALL NOW TO BOOK YOUR TABLE **\$10.00**

SAVE THE DATE!
(Coming in August!)

**2ND ANNUAL
 "YOUTH CHALLENGE"
 TOURNAMENT**

Wednesday, August 14th : **4 -10 years**
 Thursday, August 15th : **11-18 years**

FREE TO ALL YOUTH
Prizes, Snacks, Drinks & More!!
Sign Up Early...limited space available.



Register your children now to receive **2 FREE GAMES** Of Bowling Each Day Of The KBF Program **All Summer Long!**

*THANK YOU TO ALL WHO ORDERED FLATS OF RASPBERRIES AND BLUEBERRIES!
 WATCH FOR TOMATOES & PEACHES COMING IN **AUGUST!!***

**EMPLOYMENT OPPORTUNITY!
 SEE PAGE 16!!!**



SCHOOL NEWS

As we wrap up the 2018-2019 year, it is amazing to look back and review all we have accomplished.

Above and beyond academics, our BBESS highlights list includes 151 different events, programs, presentations, projects and celebrations! That is something to be proud of!

June of course, being one of the busiest months, our students and staff were always on the go. The grade 3/4s travelled to Tuckkwiwhum Village and Hell's Gate, the grads 5 to 8 classes camped at Reo Rafting Resort and the grads 9-11 classes travelled to Lillooet to hike Pix Falls Trail and paddle-boarded at Seton Lake.

The Grade 6 students also attended the annual Skagit camp trip with the rest of the students in the school district.

Our final Camp Week was held in early June and students learned to drywall, prepare and paint walls, tool and shop design organization, virtual reality coding, video creations, science of bus, and kindness collage design.



The following week, all students attended swimming lessons at the Almer Carlson Pool in North Bend and the grades 4 to 7's competed in the district track meet.

In the last week of classes, we started with the term 4 honouring awards and open house, then travelled to Bridal Falls for our waterslide field trip, back to Boston Bar to share in Aboriginal Day at Tuckkwiwhum Village followed by Year End/Thompson awards and dinner. Then finally we had the year end BBQ.

In between all the action, the students completed final projects and assignments, mastery learning and provincial assessments. Both students and staff have earned a well-deserved break!

We wish everyone a happy, safe and healthy summer holiday and look forward to seeing all your smiling faces in September!

Mrs. Lisa Oike, BBESS Principal



Photos courtesy: L. Oike

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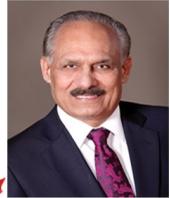
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Local MLAs, Mayors Call for Upgraded Maternity Ward at Chilliwack

Media Release BC Liberal Caucus Communications:

CHILLIWACK (June 24, 2019) – As Chilliwack Hospital’s maternity ward gets set to close for 15 days due to a shortage of available obstetricians, BC Liberal MLAs John Martin and Laurie Throness are calling on the Fraser Health Authority to upgrade local maternity facilities.

“The short-term closure of our maternity ward is just a symptom of a larger problem,” says Martin, MLA for Chilliwack. “We need to look at the big picture and address the underlying issue concerning our facilities so that we can avoid local families being placed in this situation in the future.”

During the two-week closure, expectant mothers from Chilliwack to **Boston Bar** will be diverted to Abbotsford Regional Hospital. But even when Chilliwack Hospital’s maternity ward is fully operational, as many as 900 Chilliwack families choose to travel to Abbotsford each year to take advantage of superior facilities. It is difficult to attract obstetricians to Chilliwack where there are only 750 births per year, which typically means a pay cut for relocating doctors. MLAs Martin and Throness say an upgraded maternity ward would help attract obstetricians and allow more Chilliwack mothers to deliver close to home.

The MLAs also say that as Chilliwack’s population continues to grow, upgraded healthcare facilities are becoming increasingly necessary for safety reasons. Chilliwack General Hospital serves communities from the Fraser Valley to the Fraser Canyon, including dozens of Indigenous communities. Many patients lack the resources to travel up to an hour and a half away to access healthcare in Abbotsford.

“Our community is growing fast and that means more young families,” says Throness, MLA for Chilliwack-Kent. “We need an upgraded ward to serve us now and into the future.”

Throness says the \$10 million estimated cost of an upgraded maternity ward is relatively minor when compared to recent expenditures in other communities, such as \$500 million for St. Paul’s Hospital in Vancouver, \$363 million for North Island Hospital in Comox, and \$66 million for Lion’s Gate Hospital in Vancouver.

Local representatives, including Harrison Hot Springs Mayor Leo Facio, Kent Mayor Sylvia Pranger, and Chilliwack Mayor Ken Popove, have also voiced their concerns.

“Chilliwack General Hospital is a regional hospital that serves not only our rapidly growing municipality, but also the rest of the eastern Fraser Valley,” says Popove. “Upgrades to the maternity ward would have a far-reaching positive impact on expectant mothers from Chilliwack to **Boston Bar.**”

“We don’t want to take anything away from Abbotsford,” adds Throness. “We just want equivalent facilities so that local moms can feel comfortable giving birth near their own home.”


Jackie Tegart, M.L.A.
 (Fraser-Nicola)
Ashcroft Constituency Office
 Box 279, 405 Railway Avenue
 Ashcroft, BC V0K 1A0
 Phone: 250 453-9726 Toll Free: 1 877 378-4802
 Email: Jackie.Tegart.MLA@leg.bc.ca
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 Chilliwack, BC
 V2P 1N6
Terry Raymond
 Director, Electoral Area A
 traymond@fvrd.bc.ca
 www.fvrd.bc.ca
 Direct: 604-867-8891



United Way

Better at Home is funded by the Government of British Columbia



United Way helping seniors remain independent

FRASER CANYON SHUTTLE

THIS MONTH...

THURSDAY, July 4th to **HOPE**
 THURSDAY, July 11th to **CHILLIWACK**

Hope bus departs at **9 am**
Chilliwack bus departs at **8 am**

THERE WILL BE NO BUS JULY 18TH & 25TH

As well as helping seniors stay in their homes longer by providing minor housecleaning and household maintenance, there is a weekly shuttle bus service to Hope and Chilliwack for shopping and appointments. ***Subsidy** for the shuttle service is dependent upon a senior's verified income level. **Please call Dawn Fox at 604-869-1831** to complete an **intake form**. Forms are available also at Family Place and Canyon Lanes. If you're interested in **volunteering** to help out our seniors, please contact Dawn.

Book your lab work appointments at F.C. Hospital for THURSDAYS and utilize the SHUTTLE BUS!

www.betterathome.ca

Fraser Canyon Better at Home
 Coordinator **Dawn Fox** phone: **604-869-1831**.
 CALL NOW to book your seat on the weekly THURSDAY SHUTTLE for your ride to *Hope* or *Chilliwack*

ANYONE CAN RIDE THE SHUTTLE
 Hope return is \$20. Chilliwack return is \$30.

You must reserve your seat by calling 604-869-1831 on or before Wednesday. Non-B@H clients can purchase tickets at **Canyon Lanes**. (Cash only). This is a door to door ride - an address or pickup location *must* be provided.

Seniors 65+ yrs. may qualify for ***subsidized fare**.



Care Transit is a registered society that provides rides for medical appointments or treatments to those who have no other means of getting to them. **This is made possible through a FRASER HEALTH grant, client donations, grants from our local corporate sponsors, along with generous local individuals, and service clubs.**

WE DO NOT RECEIVE ANY GOVERNMENT FUNDING. Our volunteer drivers use their own vehicles to provide this much needed door to door service.

Boston Bar Care Transit supplies transportation service to folks from our area that need to get to Anderson Creek Clinic for medical appointments, as well as specialist appointment or diagnostic procedures out of our area. The service is available to ANYONE of any age but **you must first become a Care Transit client** by contacting our local Care Transit representative **Dawn Fox** at **604-869-1831**. Dawn is also at Anderson Creek Clinic on Wednesdays between 1 and 3 pm for client intakes.

CARE TRANSIT requires 2—3 days notice prior to appointments.

If you live in the Boston Bar-North Bend area and are interested in becoming a Care Transit volunteer driver, please contact Dawn at 604-869-1831. A criminal record check and copy of driver abstract are required. Drivers are remunerated on a per kilometer basis.

Early Years Coordinator: **Meaghan Briggs**. Ph/fax 604-867-9204 Email: fcfamplace@lookieloo.net

PERINATAL SPECIALIST LANA –July 15th
HEALTH NURSE JENNIFER July 29th

STORY TIME IN THE PARK 2019
 Mondays at Family Place 10:30 am—2 pm Free Lunch, Activity and Book.

DATE	BOOK TITLE	CRAFT AND/OR ACTIVITY	VOLUNTEER
July 8th	Discovering My World	TBA	Lana
July 15th	Charlie the Ranch Dog	TBA	Ruth
July 22nd	Frog and Toad All Year	TBA	
July 29th	Head To Toe	TBA	Jennifer
August 12th	Tiger in My Soup	Soup in a Shaker	Lana
August 19th	ABC of Canada	TBA	Ruth
August 26th	Pete The Cat-Too Cool for School	School Tools	

Wednesday's Community Lunch Program is sponsored by the BB-NB Enhancement Society. A nutritious meal is served from 12 pm—1 pm. (*Monthly Menu is on the Update Calendar.*) A \$2 MINIMUM DONATION is needed in order to continue our lunch program. *Community Paramedic visits Family Place on Wednesdays*

HUGE THANKS TO BUY LOW FOODS AND SAVE ON FOODS FOR SO GENEROUSLY SUPPORTING OUR FOOD BANK!

Thanks also to our community members who generously donate. Please bring your donations to Canyon Lanes during the week before Food Bank Day. If you're sharing any garden harvests, please note we do not have refrigeration available.

IF YOU REQUIRE THE SERVICES OF THE FOOD BANK and are not already registered with us, you can pick up an application at Canyon Lanes, Family Place or the Post Office. When applying you need to show proof of residence in our area and proof of all the people living in your home. **Please hand in your application on the Friday before Food Bank Day. The Next Food Bank Day is Thursday, July 18th** at Canyon Lanes (Please Use Back Entrance).

You need to pick up your hamper between 1 and 3 pm or you could miss out. Access to products on the Choices Table is **ONLY available from 1 to 3 pm**. Canyon Lanes staff cannot be responsible for getting your hamper for you *after* Food Bank hours. If you have questions or concerns regarding your application or your hamper, please contact our food bank volunteer **Morris** on his cell# 604-867-9358.

FREE PREGNANCY TESTS ARE AVAILABLE AT FAMILY PLACE. CONFIDENTIALITY AND DISCRETION IS ASSURED.

JULY 2019

FAMILY PLACE HOURS
 Monday & Tuesday 10 am - 2 pm
 Wednesday 10 am - 1 pm
 Wed. Community Lunch 12-1 pm
 CLOSED Thursday, Friday & Stat Holidays

FIRE PRACTICE at Fire Hall
 6 PM every WEDNESDAY. Our
 VFD always needs more
VOLUNTEERS!

PHONE #
 604-867-

Family Place-9204
 Canyon Lanes (CL)-8800
 Boston Bar School-9222
 Canada Post Boston Bar-9712
 RCMP non emergency-9333

Anderson Creek Health Center
 Make Appts with **Hope Medical Center** 604-869-5648
 On Wednesdays call 867-9380
 BB First Nations Band Office (programs): 867-8844

SUN	MON	TUE	WED	THU	FRI	SAT
Boston Bar Library will be CLOSED for renovations from July 8th—12th	1 CELEBRATE CANADA'S BIRTHDAY! CANADA DAY AT ALMER CARLSON POOL	2 Family Place Cap C Drop-In 10-2 Playtime-Literacy-Crafts Triple P—10:30—noon Lunch & Snacks	3 Family Place Cap C Drop-in 10-1pm LUNCH: 12-1 * SENIOR HOUR 1-2 BBQ PORK	4 Shuttle: HOPE Canyon Lanes Drop In Fun League for Youth @ 3 pm Summer No-Tap Adults @ 6 pm	5	6
7	8 Family Place Cap C & Better Beginnings 10—2 Lunch & Snacks <i>Story Time in the Park Begins!</i>	9 Family Place Cap C Drop-In 10-2 Playtime-Literacy-Crafts Triple P—10:30—noon Lunch & Snacks	10 Family Place Cap C Drop-in 10-1pm LUNCH: 12-1 * SENIOR HOUR 1-2 Cold Plate Anderson Creek Clinic 10-3	11 Shuttle: CHILLIWACK Canyon Lanes Drop In Fun League for Youth @ 3 pm Summer No-Tap Adults @ 6 pm	12	13 YALE'S 1ST ANNUAL FAMILY DAY PICNIC (See Page 3)
14	15 Family Place Cap C & Better Beginnings 10—2 Lunch & Snacks STORY TIME IN THE PARK 11-12 BBNBES Meeting 1:30 pm at Canyon Lanes	16 Family Place Cap C Drop-In 10-2 Playtime-Literacy-Crafts Triple P—10:30—noon Lunch & Snacks <i>Who's afraid of Classical Music?</i> 6-9 pm at Family Place: see page 14	17 Family Place Cap C Drop-in 10-1pm LUNCH: 12-1 * SENIOR HOUR 1-2 CHICKEN AND SALAD Anderson Creek Clinic 10-3	18 NO SHUTTLE FOOD BANK DAY 1—3 PM Canyon Lanes ~ use Rear Door Canyon Lanes Drop In Fun League for Youth @ 3 pm Summer No-Tap Adults @ 6 pm	19	20 SUMMER MARKET at Canyon Lanes 1pm—4 pm (see page 13)
21	22 Family Place Cap C & Better Beginnings 10—2 Lunch & Snacks STORY TIME IN THE PARK 11-12	23 Family Place Cap C Drop-In 10-2 Playtime-Literacy-Crafts Triple P—10:30—noon Lunch & Snacks	24 Family Place Cap C Drop-in 10-1pm LUNCH: 12-1 * SENIOR HOUR 1-2 SMOKIES Anderson Creek Clinic 10-3	25 NO SHUTTLE Canyon Lanes Drop In Fun League for Youth @ 3 pm Summer No-Tap Adults @ 6 pm	26	27
28	29 Family Place Cap C & Better Beginnings 10—2 Lunch & Snacks HEALTH NURSE—JENNIFER STORY TIME IN THE PARK 11-12	30 Family Place Cap C Drop-In 10-2 Playtime-Literacy-Crafts Triple P—10:30—noon Lunch & Snacks	31 Family Place Cap C Drop-in 10-1pm LUNCH: 12-1 * SENIOR HOUR 1-2 SUMMER KITCHEN SURPRISE Anderson Creek Clinic 10-3	August 1	2	3
4	5 British Columbia Civic Holiday!	To report a WILDFIRE , call toll free 1-800-663-5555 or *5555 on your cell. 		<p>The Almer Carlson Pool is an outdoor pool located in North Bend, BC. We have lots of programs available this summer. Come visit us at 48846 Highline Road North Bend, BC or call (604) 867-9796 or (604) 869-2304 for more information.</p> <p>You can also view the Program Guide on line. Go to fvrd.ca/recreation. Click on Almer Carlson Pool and you will find a PDF file of the Almer Carlson Pool Program 2019 Guide</p>		

BE BEAR AWARE. Secure your garbage - do not put out until pickup time, don't keep animal food or freezers outside and promptly pick your fruit!