

CANYON DISPOSAL: Weekly Waste PICK-UP \$39.85 quarterly. Please call 604-867-9272 Tuesday to Thursday between 10 am—2 pm to arrange your weekly service.

DOWNSIZING SALE! Housewares, furniture, garden tools, construction & power tools.

All must go! To view, please call between 10 am –12 pm or leave message: 604-869-6443

HUGE GARAGE SALE! August 10th & 11th from 9 am - 3 pm. **47311 Gibson Road** at the shop. Great deals on household items, furniture, lots of Christmas stuff and tools!

Please NOTE the UPDATE DEADLINE for ALL SUBMISSIONS is the **25TH** of EACH MONTH

BOX ADS: As seen on page 5 & 6. These ads are now available in your choice of black and white or colour to suit your budget. Please contact Karen for assistance in your ad's design, for current rates and for more information.

SPECIALTY ADS ARE AVAILABLE in 3 SIZES: 1/4, 1/2 and full page—starting from \$50 b/w or \$60 colour

CLASSIFIEDS RATE: Monthly: 1 line **\$2.00** : 2 lines **\$3.00** : 3 lines **\$5.00** (Call for yearly rate)

Please call Karen @ 604-206-6006 to place an advertisement

Subscriptions to the Update are **\$15/year**. Please include name & mailing address with your cheque. Send any inquiries by email to: kbt@lookieloo.net or call 604-206-6006
*Cheques are to be made payable to: Boston Bar/North Bend Enhancement Society
 P O Box 251, Boston Bar, BC V0K 1C0*

The Boston Bar/North Bend Enhancement Society meets once per month.

The next BBNBES meeting is **Monday August 20th, 1:30 pm** at **Canyon Lanes**. Everyone is welcome!

The **AGM** of the Boston Bar/North Bend Enhancement Society has been postponed until **September 17th**, 2018

BOARD MEMBERS OF THE BOSTON BAR-NORTH BEND ENHANCEMENT SOCIETY

Executive Director - Nancy Carmichael

Chairman - Robert Dufresne

Vice-Chair - Diane Johnson

Treasurer - Lori Walters

Secretary -Tom Durrie

Members at Large ~

*Karen Tillotson, Howard Johnson, Lorna Regehr,
and Dawn Fox*



This newsletter is published monthly by the
 Boston Bar/North Bend Enhancement Society with
SPECIAL THANKS to the
 United Way and Fraser Valley Regional District's
 Grant in Aid Program for their support.

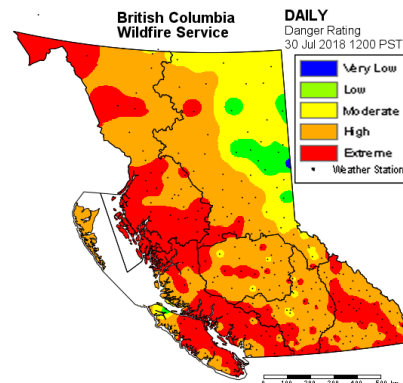


Visit us online at
www.bostonbarbc.net



Editor: Karen Tillotson
 604-206-6006
kbt@lookieloo.net

EXTREME HEAT MEANS EXTREME WILDFIRE RISK



Fire Danger Rating is updated daily
 and can be viewed at bcwildfire.ca

Our area (Coastal Fire Zone) is in extreme danger. Forest fuels are very dry and the fire risk is serious. New fires will start easily, spread rapidly, and challenge fire suppression efforts.

PROHIBITIONS ARE NOW IN EFFECT:

The following are **NOT** permitted.

Campfires

Category 2 & 3 Open Fires

Chimineas

Tiki Torches

Stoves and other portable campfire apparatuses which are not CSA or ULC approved

Burning barrels or burning cages of any size or description

Sky Lanterns

Exploding binary targets (e.g. target practice)

Fireworks

Air Curtain Burners

A ticket for "lighting, fuelling or use of fire against regulations" carries a fine of \$1,150 and would apply to every person in the vicinity of the fire.

To report a wildfire or open burning violation, call 1 800 663-5555 toll-free or *5555 on a cellphone. For up-to-date information on current wildfire activity, burning restrictions, road closures and air quality advisories, call **1 888 3-FOREST** or visit: www.bcwildfire.ca

The Coastal Fire Centre would like to remind the public about applicable fines for open burning violations:

- Section 2, Fail to report fire: \$383
- Section 3 (1), Drop, release or mishandle burning substance: \$575
- Section 3 (2), Fail to extinguish burning substance: \$575
- Section 5 (1), Light, fuel or use fire against regulations: \$1,150
- Section 5 (2) (a), Fail to extinguish fire: \$575
- Section 5 (2) (b), Fail to report fire: \$575

Boston Bar and North Bend were threatened recently by two fires which were promptly reported and extinguished by our local VFD members and BC Wildfire Service. At this time of year, our environment is vulnerable to both extreme weather conditions and too often, irresponsible human activity. Let's all remain alert.

PLEASE HAVE AN EVACUATION PLAN IN PLACE for your family, pets and livestock. Keep in mind also, the safety of friends and neighbours who are elderly or disabled, possibly live alone and/or do not have access to transportation.

****INSIDE the August Update:** See page 3 for an update on the Boston Bar Fire Hall and our VFD members.
 Also turn to page 11 ~ for a *farewell message* from Constable R. Tumbas.

Everyone's Invited!
to an
OPEN HOUSE
At the Ambulance Station

Wednesday, August 22nd
5 pm - 8 pm

We'll have....

- *TOURS OF THE AMBULANCES
- *HANDS-ONLY CPR INSTRUCTION
- *REFRESHMENTS
- *AND MORE!!!

***WE ALL LOOK FORWARD TO
MEETING YOU!***



GIVE US YOUR BEST SHOT! We're now asking for photo submissions for the **2019 Community Spirit Calendar**. Please send along your best photos of local scenery, points of interest or wildlife for an opportunity to appear on the calendar. Submissions will be uploaded to Canyon Lanes Facebook Page and may also appear in the Update. Voting will take place in early September. (No night shots or photos of children please!) Send images in landscape format (width greater than height) to kbt@lookieloo.net. Please type "calendar" in the subject line (and don't forget to include your name!)



**Presents
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KENNY SHAW

Award winning comedian, musician,
impressionist & BCCMA Hall of Famer
With Special Guest, the multi-talented
VALORI SHAEFER

WEDNESDAY, AUGUST 8TH

**SHOWTIME 7 PM
AT BOSTON BAR HALL**

Tickets \$15 * Seniors & Under 12 \$10

Available at Canyon Lanes, Post Office &
from BB-NB Enhancement Society
Members

www.kennyshaw.ca www.valorientertainment.ca



**PLEASE BE BEAR
AWARE!
PICK RIPE FRUIT DAILY
FEED YOUR PETS INDOORS.
CLEAN BBQ AFTER USE
CONTAIN GARBAGE IN A SECURE
LOCATION**

*If a bear demonstrates threatening
behaviour, please call Conservation at
1-877-952-7277*

COMMUNITY LUNCH PROGRAM at Family Place
Everyone Welcome! Wednesdays Noon-1pm
Senior Hour 1pm—2pm.
(\$2 minimum donation please!)

Chris Michel, **Community Paramedic**
Usually 1st Wed. every month at
Family Place Luncheon.

NORTH BEND COMMUNITY CENTRE
Tuesdays & Saturdays 12pm—3pm
Thrift Shoppe, Museum, Aman's 'U Like A Diamond',
Free computer & internet access.
64901 North Bend Stn. Road, V0K 1C1
bbar_museum@nili.ca

FRASER CANYON BETTER AT HOME
Coordinator: Dawn at 604-869-1831
Call to reserve your seat on our weekly shuttle bus.
This service is available to everyone! Pg 10.
(Ask about renting our Shuttle Bus and Driver for your
private functions. Call Karen at 604-206-6006)

BARBER at Canyon Lanes **August 13th**
(Usually 1st Monday of the Month) Kids \$10 Men's \$15

FOOD BANK DAY - August 16th 1-3 pm in Meeting
Room, **CANYON LANES, rear entrance!** Donations can be
dropped off at Canyon Lanes. Apps. are at Post Office, Family
Place & Canyon Lanes.

LANDFILL: 50390 Chaumox Road (3 km. east of North
Bend) **OPEN: TUES., THURS., & SAT. 10AM—5PM**
Contact Lloyd Forman: 867-9775 or 604-206-4673

For pickup: see **Canyon Disposal Ad** on Pg 16

COMMUNITY CHURCH Sundays 11 am followed by
lunch and fellowship. For info or if you need a ride, please
leave a message at Church Ph. 867-9010

THE CHURCH OF CHRIST welcomes you to worship with
them on Sundays 10:30am at North Bend Hall.
Call 867-9613 for information.

ANDERSON CREEK HEALTH CENTER

Doctors and Nurse Practitioners
Every WEDNESDAY 10am—3pm
Appts call **Hope Med. Clinic** 604-869-5648
Wednesdays call 604-867-9380
Mental Health Appts. Call 604-860-7733

Allen Roscoe, Family Counsellor Every Tuesday Morning
Employment Assistant Services, Literacy Help,
Early Childhood Development - call **604-869-2279**

Child & Family Worker, Melissa Neilson, Every other **Friday**
To register please contact the BBNB Band office at: **867-8844**

BOSTON BAR FIRST NATIONS

COMMUNITY HEALTH REPRESENTATIVE PAMELA ROBERTSON
CHR & LSS (Legal Aid) DRUG & ALCOHOL - ADDICTIONS NAVIGATOR Help is available to ALL CITIZENS
Please contact Pamela at **604-867-8844 or 604-860-3114** (fax 604-867-9317) Email: pamelarobertson3@yahoo.ca

COMMUNITY DIRECTORY

Boston Bar Community Hall Bookings Call Canyon Lanes
867-8800

Food Bank: Morris Tillotson 867-9358

North Bend Community Hall: H & D Johnson 867-9613

North Bend Community Center: Lillian Forman 867-9775

Family Place: Meaghan Briggs 867-9204

Landfill: Lloyd Forman 867-9775 or 604-206-4673

Cable Television: Ann Schudeleit 867-8846

Emergency Services Rep: Howard Johnson 867-9613

FVRD Director: Terry Raymond 867-8891

Editor: Karen Tillotson 604-206-6006

BaHP/Care Transit: Dawn Fox 604-869-1831

Alcoholics Anonymous—Call Mike 867-9114

Free WiFi is Available to the public at BOTH LIBRARIES which is only accessible during hours they are open. Come on in with your laptop, or other electronic device and try it out!

Crafting activities are happening at both **Yale** and **Boston Bar** Libraries on Tuesday and Wednesday afternoons during the month of August. Come get crafty with us!

BOSTON BAR: Tuesday & Thursday 1:00—5:00 pm (dinner) 5:30—7:30 pm.
Ph. 604-867-8847 (F. 867-9549). **Karen Rushlow**, Library Supervisor

Summer Reading Club wrap-up party is happening Thursday, August 16th at 6:30 pm. Come find out who won the prize contests, enjoy some refreshments and fun activities!

YALE: Wednesdays 1:00-5:00 pm (dinner) 5:30 -7:30 pm & **Saturdays** 10:30 am -12 pm (lunch) 12:30-5:00 pm. Ph. 604-863-2279 (F. 863-0138). **Karen Rushlow**, Library Supervisor

Summer Reading Club wrap-up party is happening Wednesday, August 15th at 6:30 pm. Come find out who won the prize contests, enjoy some refreshments and fun activities!

ON AUGUST 4th, NBCC is opening a FURNITURE CONSIGNMENT CENTER Upstairs

You decide on the price of your item and a percentage will go to the seller and to the center.

It's a great opportunity to cash in on your unwanted items and at the same time, help the center stay open.

Proceeds to the center will go towards heating costs during the upcoming winter!

ON SALE for the MONTH OF AUGUST:

Shirts/Blouses/Tops \$1.00

Tee Shirts \$1.00

Denim Jeans \$2.00

Ornaments/Knick Knacks: .50 to \$1.00

Christmas Items are all HALF PRICE.

From Terry Raymond, Director Electoral Area A

As well as attending FVRD meetings I have participated in a number of tourism-oriented sessions regarding the Gold Rush Trail promotions.

I made a one-day trip to Victoria to meet with the Executive Director and Director of the Ministry of Transportation and Infrastructure. The purpose of this meeting was to make certain that the Ministry is still on-side with the proposed refurbishing and enhancement of Alexandra Park and Alexandra Bridge. The meeting went well and all travel costs were covered by New Pathways to Gold Society and not by our tax payers. *You can visit the Transportation & Infrastructure website at www.gov.bc.ca/tran/*

There have been ongoing issues with the rail tie chipping plant (creosote). They are still working on the required fire plan. As well, the owners have not as yet moved the creosote log pile further away from surrounding residences in order to reduce the smell. We continue to meet to find resolution to these issues.

We are now actively looking for property to construct a new fire hall in Boston Bar as the new owners of **Fas Gas** have insisted on a **\$1200.00 a month rental fee** for the land and have further stated that they do not want practices to take place there. Going back as far as the Harrington family, all subsequent owners have recognised the importance of our fire department and allowed for the fire hall to be on that land, free of charge.

It is our belief that we can build a new hall for the same monthly fee that is being charged for the land rental. The existing hall is in dire need of repairs. Once I have a better knowledge of projected costs and have a proposed location for a new fire hall, I will be holding a well-advertised public meeting. Other topics will be covered including an update on the **water plant proposal** and we will also have an open discussion on the anticipated **recycling program**.

If you have any questions, please feel free to call me at 867-8891.

~Terry Raymond.

The Annual General Meeting of the Boston Bar North Bend Enhancement Society is upcoming in September at which time there will be nominations and elections of board members as well as annual reports given by the directors. Attendance is necessary in order to participate, as voting by proxy is not permitted.

Community members are encouraged to attend regular monthly meetings to acquaint themselves with the individuals who serve on the board, as well as become familiar with the issues which the board oversees.

Residents are invited to attend the next regular meeting on August 20th at 1:30 pm at Canyon Lanes. **In order to vote at September's AGM**, community members will need to register and pay annual dues of **\$5.00**, which are due **NOW**. For your convenience, you can now pre-register and pay your dues at Canyon Lanes during business hours.

On **September 17th**, doors to the meeting will open at **1 pm** at Canyon Lanes. Those who have not pre-registered will need do so and pay \$5.00 at the door in order to vote. The AGM will commence at **1:30 pm**.

*Thank you for your cooperation,
Directors of the BBNB Enhancement Society*



Dennis Adamson
Director, Electoral Area B

1-45950 Cheam Ave.
Chilliwack, BC
V2P 1N6

dadamson@fvrd.bc.ca
www.fvrd.bc.ca
Direct: 604-860-3410



Terry Raymond
Director, Electoral Area A

1-45950 Cheam Ave.
Chilliwack, BC
V2P 1N6

traymond@fvrd.bc.ca
www.fvrd.bc.ca
Direct: 604-867-8891



Jackie Tegart, MLA Fraser-Nicola

I think it is incredibly important to find wonder in everyday life. Luckily for those of us in Fraser Nicola, wonder is never too far away. One of the things that impressed me this year is our community's ability to band together. Our small businesses and tourism operators have faced an incredible amount of adversity in the past year as they coped and continue to cope with the impacts of flooding and wildfires. Despite several obstacles, they have done an exceptional job of highlighting all that our region has to offer.

From music festivals and rodeos, to world class hiking, biking and fishing, Fraser-Nicola is a go-to destination in the summer. If you prefer to take life in at a more leisurely pace, there are hundreds of pristine lakes to fish, swim and boat, or trails to explore. There is a seemingly endless list of ways to experience natural beauty in our neck of the woods, and I would encourage everyone to visit their favourite summer vacation spot, support the local businesses, enjoy your friends, family and neighbours, and have a great summer!

BOSTON BAR WORKBC SATELLITE OFFICE

ANDERSON CREEK MEDICAL BUILDING – WEDNESDAYS FROM 10 AM – 2 PM

WorkBC comes up to Boston Bar on Wednesdays from 10 am until 2 pm to assist people in their search for employment. Come see us at the Anderson Creek Medical Building or book an appointment by calling our Hope office at **604-869-2279** or via email Karen@freereinassociates.ca. If you have questions about the current labour market, job search techniques, training, and other employment related services, please contact us.



The Employment Program of British Columbia is funded by the Government of Canada and the Province of British Columbia.



Jackie Tegart, M.L.A.
(Fraser-Nicola)

Ashcroft Constituency Office
Box 279, 405 Railway Avenue
Ashcroft, BC V0K 1A0

Phone: 250 453-9726 Toll Free: 1 877 378-4802

Email: Jackie.Tegart.MLA@leg.bc.ca

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COME VISIT OUR CANYON LANES FACEBOOK PAGE !

www.facebook.com/canyonbowl



**Adult Leagues
Club 55+
YBC**

Tom Dunlop Recreation Center
47585 Trans Canada Highway
604-867-8800 (fax 867-9112)

Bowling 5-pin
Pool tables
Air Hockey
Water Store

SUMMER BUSINESS HOURS:
Monday, Tuesday & Wednesday **11 am—6 pm**
Thursday **11 am—8 pm**
Friday & Saturday **3 pm—9 pm**
Sundays & Holidays - CLOSED

WE WILL BE CLOSED MONDAY, August 6th.

Big screen TV
Wi-fi
Kid's Play Zone
Meeting Room
Birthday Parties
Private Events
Fax/Copies
Monthly Barber

Call Now to Book your Birthday Party or Special Event!

DROP-INS WELCOME!!!
SUMMER NO-TAP LEAGUE
Thursday Nights at 6:30 pm
(Until August 23rd)

SUMMER MARKET
SATURDAY, August 25th, 1-4 PM
\$10.00 TABLE RENTAL
CALL NOW TO RESERVE YOUR SPOT 867-8800
ALL VENDORS ARE WELCOME!

“SENIORS’ BRUNCH & BOWL”
THURSDAY, August 30th, 10am-12pm
FREE Coffee/Tea, Juice, & Brunch
FREE Bowling! Challenge others in a fun game!!!

All Seniors 55 years & up are invited & encouraged to attend.

Sponsored by Fraser Health Active Communities Grant

SIGN UP NOW **IT'S FREE!**
CANYON LANES IS A
Kids Bowl Free
BOWLING CENTER!
GO TO
www.KidsBowlFree.com
IT'S EASY!

1. Go to the website above to register your child
 2. Receive the FREE bowling passes every week by email
 3. Come and enjoy free bowling all spring and summer
- REGISTERED CHILDREN RECEIVE
CERTIFICATES TO BOWL 2 FREE GAMES PER DAY

Looking for something to do?!
JOIN OUR BOWLING LEAGUES
FOR A GOOD TIME!

Adult Bowling Leagues begin the first week of September.

--Club 55+ runs Wednesday mornings starting at 9am. All adults 55 years and older are welcome!

--Tuesday Night Adult Mixed League is at 7pm weekly. Some space still available!

Other days/evenings are available for an adult league—for example: all men's? all women's? provided you have a minimum of two teams!

REMEMBER TO SIGN UP YOUR KIDS NOW!
Youth Bowl Canada (YBC) starts after school **September 11th -13th**. It goes from September to the beginning of May with time off over Christmas & Spring Break. Call **Pat** or **Sherri** to register or for more info.

If you need financial assistance for your child to bowl, you may be eligible for a **KidSport BC grant**. KidSport BC has been sponsoring youth bowlers in our community for a number of years. If you or someone you know would like to help sponsor youth in sports, call Canyon Lanes to learn more about this program and how it works.

Barber will be at Canyon Lanes **Monday, August 13th**

Youth/Family Nights
(sponsored by Boston Bar First Nations)
will resume in **SEPTEMBER!**

...**Constable's Corner** continued from page 11...

Whether in personal life or professional life, we have had ups and downs but we were fortunate enough to be surrounded by you, who had supported us the entire way. Even though it would have been nice to have more time on our side, I believe that we, together as a community, had addressed a lot of concerns and issues and had accomplished a lot of goals making the community a better and a safer place. Of course, we all wish that some of the issues could have been resolved sooner and or faster however I believe that we all saw that sometimes, things are worth waiting for in the end.

Our initial commitment to Boston Bar was supposed to be three years but it was pretty clear that we wanted to extend our stay which we were able to do thanks in part to you, the community. With that said, I was going to mention a number of people in the community that have had a large influence on us, personally and professionally, but then I thought, if I name 400 people in the community, I may get in trouble with our editor with how much editing she would have to do to fit all the names in the newsletter. So I will not do that. Instead, I will say thank you to you all for your hospitality and know that wherever we are, if you require anything, feel free to get in touch with us.

In the end, no matter where this Force takes us, Boston Bar will always be our home away from home...

Thank You All!

Cst. R. TUMBAS

Ten Seven.....

Do you have questions or concerns that you would like us to address or topics you would like us to write about in the next edition of the "Constable's Corner?" Come chat with us or Karen TILLOTSON, the editor of the Boston Bar Newsletter and tell us what you want to see in the upcoming editions of the "Constable's Corner."



Stuff the Cruiser 2017
(left to right) Constables Phil and Darren, Nick Clelland and Constable Robert Tumbas at the day's end weigh in!

Thank you Constable Tumbas for all that you've done for our community, both in dedicated service and as a caring resident!

All the very best to you and your family. We wish you well! Please stay safe on your life journey!

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MILL STREET BARBER SHOP
 9341 Mill Street, Chilliwack, BC V2P 4N1
 Jane Murray

HOURS: "Walk-ins Welcome"
 Tuesday - Saturday: 8:30 = 5:30 Phone: 604-792-9112

FRASER CANYON MARKET
 48045 TransCanada Highway
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 ★ Chester Fried Chicken To GO ★

Special Prices on Groceries for local community only
 10 - 15% Off (minimum purchase \$25.00)
 Regular SPECIALS on BEER!
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 Call Tuesday—Thursday
 Between 10 am-2 pm

ADVERTISING SPACE AVAILABLE!

CALL KAREN AT 604-206-6006
 TO PLACE YOUR AD!

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 TO SUPPORT OUR COMMUNITY NEWSPAPER

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 the best eats in the canyon
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Constable's Corner



Royal Canadian Mounted Police
 Gendarmerie royale du Canada

Thank You Boston Bar!

Before we say our final goodbyes, I wanted to write a letter to all of you who have been supportive, understanding and patient with us living and working in your community. I cannot express how much it's meant for us.

In 2014, Jill and I were transferred to your community. My first few days working here were interesting and different, at least from working in the "big center." I remember driving past a local shop where the "experienced" folk would congregate every morning. I called them the "college of knowledge..." After all, there was a lot of experience there. What I found really interesting is that they all had different means of getting to their morning coffee. Some had trucks, some had cars. Some had tractors and some had showed up with ATV's and scooters. I remember thinking... "Small towns... This is going to be great!" And it was...

It was a different feeling. Driving down the street with locals waving was a feeling that you rarely experienced in a large center. In fact, a wave from the public in the bigger center would typically mean a bad thing. Someone's been shot or someone's in need of help. Here, in Boston Bar, a wave was a kind gesture! A simple hello, that meant so much! At least to us...

Jill and I raised our son in this community. We were extremely fortunate to have had the opportunity to raise him here and we could not be happier how receptive and supportive you all have been with us. And patient with him... or me... Depending on what he was doing at the time. From children in the school, staff, parents, elders and other community members, I cannot express how grateful we are to have known you all and how you all have embraced our son as your own. **CONTINUED ON PAGE 12.....**



Constable Tumbas and Susan Cosulich working hard & stacking logs at the annual woodcutting at North Bend Community Center.



Cops for Cancer Tour de Valley 2011

He never would confirm or deny but I'm quite certain this is our own Cst. Tumbas back in 2011, prior to his posting here. Thanks for your contribution to a wonderful cause! ~ Editor



United Way

Better at Home is funded by the Government of British Columbia



United Way helping seniors remain independent

FRASER CANYON SHUTTLE

THIS MONTH...

THURSDAY, August 2nd, 9th & 23rd to **HOPE**

THURSDAY, August 16th & 30th to **CHILLIWACK**

Hope bus departs at **9 am**
Chilliwack bus departs at **8 am**

The Full 2018 Shuttle Schedule can be seen at
Canyon Lanes, Family Place & Post office.

www.betterathome.ca

Fraser Canyon Better at Home Coordinator
Dawn Fox phone: **604-869-1831**.

CALL NOW to book your seat on the weekly THURSDAY
SHUTTLE for your ride to *Hope* or *Chilliwack*

ANYONE CAN RIDE THE SHUTTLE which goes
to **Hope** and **Chilliwack** twice a month.
Hope return is **\$20**. Chilliwack return is **\$30**.

**You must reserve your seat by calling
604-869-1831 on or before Wednesday.**
Non-B@H clients can purchase tickets at **Canyon
Lanes**. (Cash only). This is a door to door ride - an
address or pickup location *must* be provided.
Seniors 55+ yrs. may qualify for *subsidized fare.

As well as helping seniors stay in their homes longer by providing minor housecleaning and household maintenance, there is a weekly shuttle bus service to Hope and Chilliwack for shopping and appointments. ***Subsidy for the shuttle service is dependent upon a senior's verified income level.**

Please call Dawn Fox at **604-869-1831** to complete an **intake form**. Forms are available also at Family Place and Canyon Lanes. *If you're interested in **volunteering** to help out our seniors, please contact Dawn.*

DO YOU NEED TRANSPORTATION SERVICE TO MEDICAL APPOINTMENTS OR DIAGNOSTIC PROCEDURES ?

BOSTON BAR CARE TRANSIT supplies a transportation service to folks from our area that need to get to **Anderson Creek Clinic** for **medical appointments**, as well as **SPECIALIST appointments** or **diagnostic procedures** out of our area. This service is available to **ANYONE** needing a ride. If you require transportation to appointments, YOU MUST FIRST BECOME A **CARE TRANSIT CLIENT** BY CONTACTING **LOCAL REPRESENTATIVE DAWN**, OF **BOSTON BAR CARE TRANSIT** AT **604-869-1831**.

Dawn will be at the Anderson Creek Clinic on Wednesdays between 1—3 pm for client intakes.



Care Transit is a Non-Profit Service powered by caring volunteers! *If you live in the Boston Bar-North Bend area and are interested in becoming a Care Transit Volunteer Driver, please contact **Dawn** of **Boston Bar Care Transit** at **604-869-1831**. Drivers are remunerated on a per kilometer basis.*



Early Years Coordinator: **Meaghan Briggs**. Ph/fax 604-867-9204 Email: fcfamplace@lookieloo.net

Chris Michel, Community Paramedic, is normally at Family Place Luncheon on the 1st Wednesday of each month

‘STORY TIME IN THE PARK’ at FAMILY PLACE on MONDAYS 10:30^{am}—2^{pm}

7th Annual Nahatlatch Valley Children's Festival August 3rd ~ 5th

at Sandy Pines Campground & Retreat

FREE DAYTIME admittance to LOCAL RESIDENTS SATURDAY & SUNDAY

with Sincere THANKS to Family Place for their contribution!

Canned Ham, Coffee & Canteen Food Vendor on Saturday

Local Salmon Bake Saturday Evening \$10/plate

Uncle Chris the Clown will be there on SUNDAY

Tie Dye Crafting -bring your own WHITE T-Shirts!

Family Games each morning at 10 am.

Schedule of events, Map/directions & more information

is available on Nahatlatch Valley Children's Festival

FACEBOOK PAGE

Huge Thanks always goes out to our friends at **Buy Low Foods and Save-On Foods** for generously supporting our **Food Bank**. Also our heartfelt thanks to our community members who donate money and food items to those in need. Garden produce this time of year is always very welcome. Please drop off at Canyon Lanes a couple of days before our next Food Bank day August 16th. (We do not have refrigeration for fresh produce!)

Thanks Very Much!

IF YOU REQUIRE THE SERVICES OF THE FOOD BANK and are not already registered with us, you can pick up an application at Canyon Lanes, Family Place or the Post Office. When applying you need to show **proof** of residence in our area and **proof** of all the people living in your home. Please hand in your application on the Friday before Food Bank Day. The Next Food Bank Day is *Thursday, August 16th at Canyon Lanes (Back Entrance).* You need to pick up your hamper between 1 & 3 pm or you could miss out. Canyon Lanes staff cannot be responsible for getting your hamper for you *after* Food Bank hours. Access to products on the **Choices Table** is ONLY available from 1 to 3 pm. If you have questions or concerns regarding your application or your hamper, please contact our food bank volunteer **Morris** on his cell# 604-867-9358.

FREE CONDOMS AND PREGNANCY TESTS ARE AVAILABLE AT FAMILY PLACE. CONFIDENTIALITY AND DISCRETION IS ASSURED.

August 2018

FAMILY PLACE HOURS
Monday & Tuesday 10 am - 2 pm
Wednesday 10 am - 1 pm
Wed. Community Lunch 12-1 pm
CLOSED Thursday, Friday & Stat Holidays

ALMER CARLSON POOL OPEN DAILY 11AM-6:30PM
UNTIL SEPTEMBER 3RD
48846 Highline Road North Bend, BC.
Info: (604) 867-9796 or (604) 869-2304

Family Place-9204
Canyon Lanes (CL)-8800
Boston Bar School-9222
Almer Carlson Pool-9796
RCMP non emergency-9333
Canada Post Boston Bar-9712
Anderson Creek Health Center
Make Appts with Hope Medical Center 604-869-5648
On Wednesdays call 867-9380
BB First Nations Band Office (programs): 867-8844

SUN	MON	TUE	WED	THU	FRI	SAT
<p>Need a ride to attend our Family Place Programming? Cap C, Better Beginnings, Triple P, and Drop in. Please call 867-9204.</p>		<p>NBCC is opening a CONSIGNMENT STORE August 4th. Details on page 14 as well as all the \$Special\$ for AUGUST!</p>		<p>SHUTTLE PICKUPS START AT 9am—Hope 8am—Chilliwack Call 869-1831 to book your seat!</p>	<p>FAMILY FUN FRIDAYS 7—9 pm Just \$ 10 PER FAMILY - PER LANE - PER HOUR!</p>	<p>SUPER SATURDAYS— COSMIC BOWL (GLOW IN THE DARK BOWLING) 7—9 pm Only \$ 3.00 PER PERSON - PER GAME!</p>
			<p>1 Cap C Drop-in 10-1pm LUNCH: 12-1 * SENIOR HOUR 1-2 BEEF BUNS & COLESLAW Paramedic Visit Anderson Creek Clinic 10-3</p>	<p>2 Shuttle: HOPE Summer No Tap League at Canyon Lanes 6:30pm—8pm DROP INS WELCOME!!</p>	<p>3 NAHATLATCH VALLEY CHILDREN'S FESTIVAL See page 7 for details</p>	<p>4 NBCC 12-3pm</p>
<p>5 NAHATLATCH VALLEY CHILDREN'S FESTIVAL</p>	<p>6 BC DAY CANADA POST, CANYON LANES & FAMILY PLACE are CLOSED</p>	<p>7 Cap C Drop In 10-2 Playtime-Literacy-Crafts Triple P—10:30—noon Lunch & Snacks NBCC 12-3pm</p>	<p>8 Cap C Drop-in 10-1pm LUNCH: 12-1 * SENIOR HOUR 1-2 HAM & BROCCOLI SALAD KENNY SHAW CONCERT ~ BB HALL Anderson Creek Clinic 10-3</p>	<p>9 Shuttle: HOPE Summer No Tap League at Canyon Lanes 6:30pm—8pm DROP INS WELCOME!!</p>	<p>10</p>	<p>11 Garage Sale Sat/Sun See Classifieds pg. 16 NBCC 12-3pm</p>
<p>12</p>	<p>13 STORY TIME IN THE PARK Cap C & Better Beginnings 10:30—2pm Lunch & Snacks Perinatal Nurse—Lana Barber at Canyon Lanes NBCC 12-3pm</p>	<p>14 Cap C Drop In 10-2 Playtime-Literacy-Crafts Triple P—10:30—noon Lunch & Snacks NBCC 12-3pm</p>	<p>15 Cap C Drop-in 10-1pm LUNCH: 12-1 * SENIOR HOUR 1-2 GREEK CHICKEN PASTA SALAD Anderson Creek Clinic 10-3</p>	<p>16 Shuttle: CHILLIWACK FOOD BANK DAY 1—3PM Canyon Lanes ~ use Rear Door Summer No Tap League at Canyon Lanes 6:30pm—8pm DROP INS WELCOME!!</p>	<p>17</p>	<p>18 NBCC 12-3pm</p>
<p>19</p>	<p>20 STORY TIME IN THE PARK Cap C & Better Beginnings 10:30—2pm Lunch & Snacks BBNB Enhancement Meeting 1:30 pm at Canyon Lanes</p>	<p>21 Cap C Drop In 10-2 Playtime-Literacy-Crafts Triple P—10:30—noon Lunch & Snacks COHI – Dental Hygiene NBCC 12-3pm</p>	<p>22 Cap C Drop-in 10-1pm LUNCH: 12-1 * SENIOR HOUR 1-2 COLD CUTS & SALADS Open House at Ambulance Station 5—8 pm (See page 2) Anderson Creek Clinic 10-3</p>	<p>23 Shuttle: HOPE Last Day! Summer No Tap League at Canyon Lanes 6:30pm—8pm DROP INS WELCOME!!</p>	<p>24</p>	<p>25 Canyon Lanes Summer Market 1—4 pm NBCC 12-3pm</p>
<p>26</p>	<p>27 STORY TIME IN THE PARK Cap C & Better Beginnings 10:30—2pm Lunch & Snacks</p>	<p>28 Cap C Drop In 10-2 Playtime-Literacy-Crafts Triple P—10:30—noon Lunch & Snacks NBCC 12-3pm</p>	<p>29 Cap C Drop-in 10-1pm LUNCH: 12-1 * SENIOR HOUR 1-2 SLOPPY JOES & COLESLAW Anderson Creek Clinic 10-3</p>	<p>30 Shuttle: CHILLIWACK Seniors Brunch & Bowl at Canyon Lanes 10am-Noon See page 13</p>	<p>31</p>	