

As a member of the society, you are showing your support for community facilities such as the parks and the community hall as well as having a vote at the AGM or other special general meetings. Members have a say in all important issues facing the community. Attending meetings/roundtables will keep you informed and involved.

**MEMBERSHIP: \$5.00** per year makes you an important part of this vital community organization.

Membership terms run from January 1<sup>st</sup> to December 31<sup>st</sup>. In order to nominate, vote at the JUNE AGM or run for a position as an officer or director, you must become a member at least sixty days before the meeting.

You can join the **BBNES** at Canyon Lanes or by calling **Jasmine Robinson 604-798-6708**

Please note the **DEADLINE for ALL SUBMISSIONS** to the Update is the **25<sup>th</sup>** of EACH MONTH

**BOX ADS:** As seen on page 5 & 6. These ads are now available in your choice of black and white or colour to suit your budget. Contact us for current rates & information. (*Assistance in the design of your Ad is also available*).

**SPECIALTY ADS ARE AVAILABLE in 3 SIZES:** 1/4, 1/2 and full page in black & white or colour. Call for pricing.

Contact the editor at 604-206-6006 or email [bbnbupdate@gmail.com](mailto:bbnbupdate@gmail.com)

**SUBSCRIPTIONS** to the Update are **\$25/year**. Please include name & mailing address with your cheque made out to Boston Bar/North Bend Enhancement Society, Box 251 Boston Bar BC V0K 1C0

**BOARD MEMBERS of the BOSTON BAR-NORTH BEND ENHANCEMENT SOCIETY**

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**Officers:**

**Chair** Tom Durrie  
**Vice-Chair** Lorna Regehr  
**Treasurer** Lori Walters  
**Secretary** Karen Tillotson

**Directors:**

Margaret Hendrickson  
 Howard Johnson  
 Stephanie Tillotson  
 Doug Robinson

This newsletter is published monthly by the Boston Bar/North Bend Enhancement Society with **SPECIAL THANKS** to the **FRASER VALLEY REGIONAL DISTRICT'S 'GRANT IN AID' PROGRAM** AND TO **ALL OF OUR ADVERTISERS** FOR THEIR KIND SUPPORT.



EDITOR: Karen Tillotson  
 604-206-6006  
[bbnbupdate@gmail.com](mailto:bbnbupdate@gmail.com)



Visit us online at [www.bostonbarbc.net](http://www.bostonbarbc.net)



Boston Bar-North Bend Enhancement Society  
 Visit us online at [www.bostonbarbc.net](http://www.bostonbarbc.net)

**UPDATE**  **APRIL 2025**

**FEDERAL ELECTION ~ April 28<sup>th</sup>,**

In Canada, we do not cast a vote for the prime minister; we vote to select the member of parliament, or MP, in the riding. We are now in the **CHILLIWACK- HOPE RIDING** which extends northeast from Chilliwack up the Fraser Canyon to Boston Bar.

There is a vetting process for political candidates, which is a thorough and multifaceted evaluation designed to ensure that individuals are suitable for public office. It typically involves:

**Background Checks:** This includes examining a candidate's personal, profession, and financial history to identify any potential controversies or conflicts of interest.

**Policy Alignment:** Candidates are assessed to ensure their view and priorities align with the party's platform and values.

**Public Image:** Parties evaluate how candidates are perceived by the public, including their communication skills, charisma, and ability to connect with voters.

**Legal Compliance:** Ensuring candidates meet all legal requirements for running for office, such as residency, age and citizenship criteria.

**Interviews and References:** Candidates may undergo interviews and provide references to demonstrate their qualifications and commitment.

*This process helps political parties select candidates who can effectively represent their constituents and uphold the party's reputation.*

The deadline for parties to nominate candidates or for Independent candidates to put forward their names is Monday April 7<sup>th</sup> at 2 pm. The complete list of candidates in their riding will be available Wednesday, April 9<sup>th</sup> (at the latest).

*Thus far, confirmed candidates for Chilliwack-Hope are:*

- ⇒ Liberal Party—*at press time most Lib. candidates have yet to be revealed in the Fraser Valley.*
- ⇒ Conservative Party —Mark Strahl
- ⇒ New Democratic Party - Teri Westerby
- ⇒ Green Party - Salina Derish
- ⇒ People's Party - Jeff Gailbraith

Go to [elections.ca](http://elections.ca) for more information.

*"Elections Canada is a non-partisan agency responsible for administering Canadian federal elections and referendums. It was established by parliament in 1920 and operates independently: reporting directly to parliament. It's key responsibilities include ensuring all eligible voters have access to the electoral system. It does that by informing Canadians about the electoral process, through communications such as the Voter Information Card and its website [elections.ca](http://elections.ca)"* (~National Post~)

**MORE ELECTION INFORMATION ON PAGES 2 AND 12.**

**Please consider becoming a member of the Boston Bar-North Bend Enhancement Society!**

Just \$5.00 per year makes you an important part of this vital community organization.

Membership terms are from Jan 1st to December 31st. In order to nominate, vote or run for a position as an officer or director at the 2025 JUNE AGM, you must become a member at least 60 days (APRIL 14<sup>TH</sup>) before the Annual General Meeting.

YOU CAN JOIN AT CANYON LANES OR CALL JASMINE ROBINSON AT 604-798-6708

ADVANCE VOTING at Canyon Lanes: April 18<sup>th</sup>, 19<sup>th</sup>, 20<sup>th</sup>, and 21<sup>st</sup> from 7am to 7pm

ELECTION DAY VOTING at Canyon Lanes: Monday April 28<sup>th</sup> from 7am to 7pm

**CANADA VOTES 2025 ~ Tom Durrie**

We'll be heading down to Canyon Lanes to vote on Monday, April 28th, and as everyone is saying this is a very important, even critical, election. On everyone's mind is how will the new government deal with Donald Trump and how will promises of lower taxes, lower grocery prices, and lower housing costs be met? How can you find accurate information about where each political party stands on these issues? The internet is an endless source of information—and misinformation. We have to be cautious about what we're seeing and what we believe. As you know, most internet platforms will simply feed you more and more of what you've shown any interest in. Don't believe everything you see, don't follow all the polls, and consider all sides fairly. Then get out and **VOTE!**

Remember that people died in war conflicts, so that we can have a democratically elected government, that the people can have a say in who governs their country. Voting is a precious right—and we have a responsibility to exercise that right. To find out who is running in our riding (now Chilliwack-Hope) go to [elections.ca](http://elections.ca) enter your postal code (V0K 1C0 in Boston Bar, V0K 1C1 in North Bend) and click on one of the four choices. **You can also check to be sure that you are registered to vote.**

A few details: Here's how it all works. The head of our government is King Charles III, represented by the Governor General Mary Simon and Lieutenant Governors in each province (Wendy Lisogor-Cocchia in BC). The affairs of the government are run by the political party that has the most elected members (MPs or Members of Parliament), and whoever is leader of that party will become Prime Minister. In each riding we vote for the person we want to represent us in Parliament. Whichever party ends up with the most MPs will form the government. If no one party has a majority of the 343 seats, a minority or sometimes coalition government can be formed. What the result of this election will be is, at this point, anyone's guess.

**SMART Recovery** is a recovery method that supports people with substance dependencies or problem behaviours to build and maintain motivation, cope with urges and cravings and manage thoughts and feelings. Live a balanced life!

**Stephanie Tillotson, SMART Facilitator**  
"Self-Management and Recovery Training"  
For information, call 604-860-3668.

**NORTH BEND COMMUNITY CENTRE (NBCC)**

64901 North Bend Station Road

**THRIFT STORE: Amandeep 604-860-5677**

Building manager: **Adrian Boons: 604-855-8370**

**BOSTON BAR MUSEUM: bbar\_museum@yahoo.com**

**Tuesdays and Saturdays 12 pm—3 pm**

Boston Bar-North Bend Enhancement Society ROUNDTABLE is on the 3<sup>rd</sup> Monday of the month. *Please see calendar for meeting date, time and location.*

**FRASER CANYON BETTER AT HOME**

Coordinator: Sandra Clark at 604-869-1831

Light housekeeping services and outdoor yard work/maintenance is an available service to seniors 65+.

**FOOD BANK DAY - April 9<sup>th</sup> 1:30—3:30 at CANYON LANES.**  
Applications are at Canyon Lanes.  
For more info call **604-867-8828**

**LANDFILL:** 50390 Chaumox Road (3 km. east of North Bend) **OPEN: TUES., THURS., & SAT. 10 AM—4:00 PM**  
[landfill@recoverrecycle.ca](mailto:landfill@recoverrecycle.ca)

FOR PICKUP: see **Canyon Disposal Ad** on page 6  
For service go to [www.recoverrecycle.ca/services](http://www.recoverrecycle.ca/services)

**FRASER CANYON COMMUNITY CHURCH**

47774 Old Boston Bar Road.  
For info, please leave a message.  
Cheryl: 604-206-9696

**THE CHURCH OF CHRIST**

Call 867-9613 for information.

**ANDERSON CREEK MISSION CHURCH**

Next to BBN Band Office at **45971 A Hicks Rd**  
Call Father Dennis Flores for information **604-869-5382**  
(Our Lady of Good Hope Catholic Church)  
**Mass Every 2nd Friday of the Month at 3:00 pm**

**ANDERSON CREEK HEALTH CENTER 46100 Hicks Road**

Addictions & Youth Worker: **Pam Robertson 604-860-3114** Email: [probertson3429@gmail.com](mailto:probertson3429@gmail.com)

**Mental Health Appts** please call 604-860-7733

Call **Hope Medical Clinic 604-869-5648** to set up a [phone consult](#) or make an [appointment](#).

*On Wednesdays call **ANDERSON CREEK HEALTH CENTER** at 604-867-9380.*

You can also book an appointment online at [hopemedical.cortico.ca](http://hopemedical.cortico.ca)  
*Blood Draws (11am-2pm) & Chronic Disease Nurse (10am-3pm) See Calendar for the dates*

**BOSTON BAR FIRST NATION**

Visit their website at [www.tuckkwiowhum.ca](http://www.tuckkwiowhum.ca) or call 604-378-1279.

For information on guided tours of Tuckkwiowhum Village or special events call 604-860-9286.

**COMMUNITY DIRECTORY**

**Boston Bar Hall BOOKINGS:** Call Canyon Lanes **867-8800**

**Food Bank:** Kathy Monds **604-867-8828**

**North Bend Community Hall:** H & D Johnson **867-9613**

**North Bend Community Centre:** Adrian Boons **604-855-8370**

**Landfill Society:** Dustin Singh **867-9500**

**Cable Television:** Christel Atkinson **867-9552**

**FVRD Area A Director:** Diane Johnson **604-860-3447**

**Better at Home Coordinator:** Sandra Clark **604-869-1831**

**Update Editor:** Karen Tillotson **604-206-6006**

## BOSTON BAR LIBRARY NEWS

**Games Night** at Boston Bar Library Tuesday nights from **3:30 pm to 5:30 pm**. All ages are welcome to come to the library and enjoy some quality board game time. Children under the age of 8 require supervision.

Boston Bar Library will be hosting **LEGO Club** in the library; Thursday from **3:30 pm to 5:30 pm**. Love LEGO? We provide the LEGO; you bring your imagination! Come play, create and experiment. LEGO Club is a fun afterschool program for kids. Children under 8 must be accompanied by an adult.

Pokemon are loose in the library! Come in and find them all in a Pokemon themed scavenger hunt!

### Library Supervisor: Virginia Clegg

**BOSTON BAR LIBRARY—(604) 867-8847**

Tuesdays 11:30am — 1:30pm / 2:00 — 6:00pm

Thursdays 11:30am—1:30pm / 2:00 — 6:00pm

**YALE LIBRARY—(604) 836-2279**

Wednesdays 11:30am — 1:30pm / 2:00pm — 6:00pm

Saturdays 10:00am — 1:00pm / 1:30pm — 4:30pm

*We acknowledge the land on which we gather and our libraries provide service is the shared traditional territory of the Coast Salish and Nlaka’pamux peoples.*

*“Someone struggled for your right to vote. Use it.” - Susan B. Anthony, women’s rights activist*

*“There’s no such thing as a vote that doesn’t matter. It all matters.” - Barack Obama, 44th president of the United States.*

*“The vote is precious. It is the most powerful non-violent tool we have in a democratic society and we must use it.” - John Lewis, civil rights activist*

## FVRD DIRECTOR REPORT

In March, I had the opportunity to attend a Local Government Leadership Academy, Leadership Forum. The topics included:

- ◇ Managing relationships with a new provincial government and communicating openly across political shifts.
- ◇ Exploring different types of engagement from one-on-one meetings to digital platforms and social media. Developing the best practices for connecting with constituents, community groups and fellow leaders.
- ◇ Emphasizing the importance of open communication and collaboration to enhance public confidence and foster good governance at all levels.
- ◇ Looking at engagement “up and down” - with senior orders of government, peers and the communities that we serve—to build strong trusting, relationships.
- ◇ Building Resilient Communities: Healthcare and Beyond Workshop.

I also was happy to be able to tour Chawathil

I also was able to meet with MLA Tony Luck and we discussed the aging infrastructures in our community.

Please feel free to contact me if you have any questions or concerns.

*Diane Johnson*

Director, Electoral Area A

Phone: 604-860-3447

Email: [djohnson@fvrd.ca](mailto:djohnson@fvrd.ca)




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*Diane Johnson*  
Director, Electoral Area A  
*Boston Bar, North Bend, Canyon Alpine*

1-45950 Cheam Ave  
Chilliwack, BC V2P 1N6

[djohnson@fvrd.ca](mailto:djohnson@fvrd.ca)  
604-860-3447

**FOOD BANK DATES 2025**

APRIL 9<sup>TH</sup>      AUGUST 20<sup>TH</sup>      DECEMBER 10<sup>TH</sup>  
 MAY 14<sup>TH</sup>      SEPTEMBER 17<sup>TH</sup>  
 JUNE 18<sup>TH</sup>      OCTOBER 15<sup>TH</sup>  
 JULY 16<sup>TH</sup>      NOVEMBER 12<sup>TH</sup>

**WEDNESDAYS 1:30-3:30 PM at Canyon Lanes**

Please go to the REAR DOORS of Canyon Lanes to pick up your hampers.  
*We are very grateful to clients for being respectful and kind to food bank volunteers and each other.*

Anyone requiring food bank assistance can pick up an application at Canyon Lanes, 47585 Trans Canada Highway, then return the completed application to the lanes.

For more information, please contact Food Bank Manager, Kathy Monds at 604-867-8828 or send an email to Kathy at [bbnbfoodbank@gmail.com](mailto:bbnbfoodbank@gmail.com)

*These **FREE SERVICES** are OPEN to ALL AGES! Funded by BB-NB Enhancement Society & Lions Club Bingo.*

Foot care specialist **DEANNA DELEURME** will be here Wednesday **April 16<sup>th</sup>**.

This foot care service is open to ALL but with preference given to seniors.

Dental hygienist **AMY AGIS** will be away in March. She is taking appointments for **April 23<sup>rd</sup>** and **24<sup>th</sup>**

*CALL TOM AT **604-860-5121** to arrange your appointment for these two services.*

**Seniors Social Hour and \$5 Dinners**

Thursdays, at the Boston Bar Community Hall  
 Doors open 4 pm ~ Dinner at 5 pm.

*Please remember to bring your own plates and utensils!*

BINGO starts at 6 pm. Tickets are \$5 - at Esso, Bear Essentials,

*Canyon Lanes and Fat Jack's*

**Seniors' Tea & Social Time**

Boston Bar Community Hall,

Tuesday, **April 15<sup>th</sup>** 1—3 pm

*The following medical services are available on Wednesdays at*

**ANDERSON CREEK HEALTH CENTRE**

Blood draws will be done on **April 2<sup>nd</sup>**, **April 16<sup>th</sup>** and **April 30<sup>th</sup>**—Drop in between 11am and 2pm.

The Chronic Disease Nurse (chronic pain, asthma, COPD, nutrition, etc.) will be in attendance

on **April 9<sup>th</sup>** and **April 23<sup>rd</sup>** from 10am—3pm (by appointment and/or physician referral).

Please join us in welcoming Dr. Darko and Dr. Arshi who have recently joined the HOPE MEDICAL CENTRE.

Doctors Darko and Arshi will also be seeing patients at the Anderson Creek Health Centre.

**ARE YOU 65 OR OLDER? WOULD YOU LIKE TO CONTINUE LIVING IN YOUR HOME?**

**Contact Fraser Canyon Better at Home Coordinator, Sandra Clark.**

**WHAT IS BETTER AT HOME?**

United Way's Better at Home program helps B.C.'s older adults continue living independently in their own homes by providing simple, non-medical home support services. Its unique "seniors planning for seniors" approach means older adults contribute to the design, operation and evaluation of their local program. United Way British Columbia supports seniors to age with dignity and in the comfort of their own homes. With funding provided by the B.C. government, the United Way manages the operation of over 90 Better at Home programs across the province.

In each community, local non-profit organizations deliver Better at Home services. Those services are provided by volunteers, contractors and/or paid staff.

**AM I ELIGIBLE AND HOW DO I APPLY?**

If you are a senior or elder living in our community, you can contact **Sandra Clark** at 604-869-1831 or send an email to Sandra at [BaHBB@outlook.com](mailto:BaHBB@outlook.com)

**WHO PAYS FOR BETTER AT HOME?**

The Government of B.C., through the Ministry of Health, provides funding to the United Way British Columbia to manage the Better at Home program across B.C. Individual community organizations will also accept donations, raise funds, and encourage volunteer participation.

Seniors who receive Better at Home services will pay a fee based on their income. Some services might be free. The fees-for-service are fed back into the local program in order to serve more seniors.

**GET INVOLVED!**

The huge hearts of volunteers throughout the province ensure that Better at Home, United Way, and our partner agencies can provide much-needed and accessible services to B.C.'s older adults.

Thousands of volunteers are currently engaged with Better at Home across B.C. but we are always looking for more! Your help supports a diverse, inclusive and vibrant neighbourhood for everyone

To volunteer, donate or get involved with your local Better at Home program, please contact **Sandra Clark**, our Fraser Canyon Better at Home coordinator.

**A RANGE OF NON-MEDICAL HOME SUPPORT SERVICES:**

*\*Better at Home services vary from community to community\*.*

- ◇ Light Housekeeping
- ◇ Transportation to appointments
- ◇ Friendly visiting
- ◇ Grocery shopping
- ◇ Light Yard Work
- ◇ Minor home repairs
- ◇ Snow Shovelling

Seniors and elders are an important and growing part of our communities and their active involvement enriches everyone's lives. To ensure that older adults continue to play an active part in our communities, they often need support to live independently in their own homes, surrounded by friends, families and neighbours.

Better at Home helps seniors with simply day-to-day tasks, allowing seniors to maintain their independence and stay connected with their community.

**CANADA'S POLITICAL CANDIDATES ARE OUT TO WIN SEATS ...**

~ K.Tillotson

Federal elections determine which Members of Parliament (MPs) will represent the various ridings (electoral districts) in the House of Commons. The party with the most elected MPs typically forms the government, and their leader becomes the Prime Minister. It's a system designed to reflect the will of the people—at least in theory!

**Parliament** refers to the entire legislative body in Canada, which consists of three parts:

*The Crown represented by the Governor General*

*The Senate, which is the upper chamber*

*The House of Commons, which is the lower chamber. It is where elected Members of Parliament (MPs) debate and pass laws, making it a key part of Parliament.*

Canada's political landscape is diverse, with parties spanning the ideological spectrum. Here's a brief rundown:

**Liberal Party:** Known for centrist policies, they often emphasize social programs, environment initiatives and multiculturalism. Currently, the Liberal Party holds 159 seats.

**Conservative Party:** Leaning right, they focus on fiscal responsibility, traditional values and economic growth. The party currently holds 119 seats in the House of Commons.

**New Democratic Party (NDP):** Positioned on the left, they advocate for social justice, labour rights and progressive taxation. The NDP currently holds 24 seats in Parliament.

**Green Party:** Prioritizes environmental sustainability and grassroots democracy. They currently hold 2 seats in the House of Commons.

**Bloc Quebecois:** Primarily representing Quebec, they champion provincial autonomy and cultural preservation. The party currently holds 33 seats in Parliament.

**People's Party of Canada (PPC):** It positions itself on the right to far-right of the political spectrum. The party advocates for policies like reducing immigration, scrapping the Canadian Multiculturalism Act and withdrawing from the Paris Agreement. The party has yet to win a seat in Parliament.

*Women's suffrage in Canada unfolded gradually across provinces and demographics. The first major milestone was in 1916, when women in Manitoba, Saskatchewan, and Alberta gained the right to vote in provincial elections. Federally, women were granted suffrage in 1918, but this excluded certain racial and status groups. By 1922, most provinces had extended voting rights to women, except Quebec, which followed in 1940. Indigenous women, however, had to wait until 1960 to vote in federal elections without losing treaty rights.*

**BUSINESS SERVICES**



**Cathy Harry, Manager**

BUS: 604.869.2426  
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 FAX: 604.869.2445  
 Cathy\_Harry@kaltire.com

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47585 Trans Canada Highway

Adult Leagues \* Club 55+\* YBC

## BUSINESS HOURS

Monday to Thursday 11 am—6 pm

Friday & Saturday 2 pm—8 pm

Sunday & Holidays CLOSED

OPEN ! GOOD FRIDAY, APRIL 18<sup>th</sup>

### LEAGUE HIGH SCORES

#### MONDAY MIXED

#### SCORE

|                  |     |
|------------------|-----|
| Shawn Westerlund | 265 |
| Doug Robinson    | 250 |
| Rod Andrew       | 247 |

#### TUESDAY MIXED

#### SCORE

|              |     |
|--------------|-----|
| Joe Campbell | 353 |
| Rod Andrew   | 277 |
| Stu Pruium   | 274 |

#### CLUB 55+

#### SCORE

|                |     |
|----------------|-----|
| Harold Thomas  | 273 |
| Doug Robinson  | 258 |
| Linda Phillips | 247 |

#### YBC BOWLASAURUS

#### SCORE

|                |     |
|----------------|-----|
| William Wray   | 122 |
| Maggi Campbell | 107 |
| Ariah Berg     | 95  |

#### YBC BANTAMS

#### SCORE

|                 |     |
|-----------------|-----|
| Jaxon Campbell  | 138 |
| Tobias Campbell | 104 |
| Jade Kimber     | 97  |

#### YBC JUNIORS

#### SCORE

|                    |     |
|--------------------|-----|
| Kendra Campbell    | 210 |
| Jayce Hope         | 194 |
| River Loss-Walters | 192 |

#### YBC SENIORS

#### SCORE

|                    |     |
|--------------------|-----|
| Cedar Loss-Walters | 224 |
| Logan Westerlund   | 195 |
| Evan Chernove      | 188 |

#### THANK YOU TO OUR SPONSORS:

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### BOWLING SPECIAL !

Easter Monday—April 21<sup>st</sup>

2 for 1 Bowling

Kids first game FREE!



### YOUTH NIGHT

\*BUNNY BASH\*



Friday, April 25<sup>th</sup> 7—9 pm

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OPEN TO ALL YOUTH

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You must book your Shuttle Bus seat at Canyon Lanes  
no later than 4 pm on Wednesdays  
Riders cannot book by the month.

Every Thursday the bus goes to Hope.

On the last Thursday of the month, it goes to Chilliwack.



**United Way**  
Lower Mainland  
www.uwlm.ca



United Way helping seniors  
remain independent

[www.betterathome.ca](http://www.betterathome.ca)

**Fraser Canyon Better at Home**  
**COORDINATOR: SANDRA CLARK**  
**604-869-1831**

[BaHBar@outlook.com](mailto:BaHBar@outlook.com)

Better at Home is funded by the Government of British Columbia

**\*\*SENIORS** whose shuttle bus fares are fully or partially subsidized due to their income level are still **REQUIRED TO BOOK a seat** on the shuttle by contacting **CANYON LANES** AT 604-867-8800.

**\*\*SENIORS:** If you require the services of the **FOOD BANK**, please call 604-867-8828 or send an email to [bbnbfoodbank@gmail.com](mailto:bbnbfoodbank@gmail.com)

**\*\*SENIORS:** *If you are in need of someone to do outside home maintenance and light housekeeping please contact FRASER CANYON BETTER AT HOME COORDINATOR: SANDRA CLARK AT 604-869-1831*

PLEASE NOTE THAT BETTER AT HOME **DOES NOT** PROVIDE TRANSPORTATION FOR MEDICAL SPECIALIST APPOINTMENTS, MEDICAL PROCEDURES OR MEDICAL TREATMENTS. **PLEASE CONTACT HOPE CARE TRANSIT. (...below...)**



Our services are made possible through:

- A Fraser Health grant
- Client donations
- Grants from our local Corporate sponsors
- Service Clubs & Local Individuals
- Our amazing volunteer drivers

**WE DO NOT RECEIVE ANY GOVERNMENT FUNDING**

Boston Bar Care Transit is currently providing transportation services to folks in our area for medical appointments and/or treatments who have no other means of getting there.

This service is available to ANYONE of any age but you must first become a registered client by contacting Hope Care Transit at **604-869-3396**.

Registration referral forms are also available on our website at:

<http://www.caretransit.ca/medical-rides>

You can reach **Hope Care Transit** during the following times:

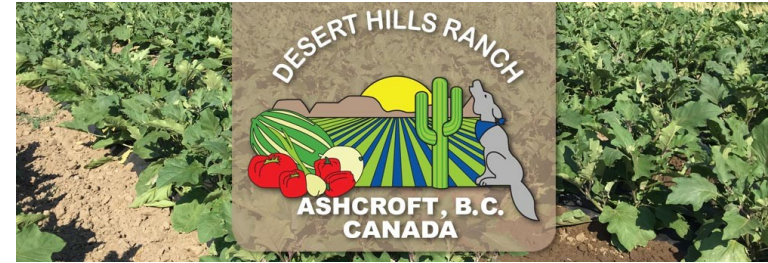
**Monday to Friday 9:00am — 3:30pm.**

Care Transit requires **48 Hour notice** prior to appointments

**DRIVERS ARE NEEDED.** Please contact Care Transit at 604-869-3396 to apply.

**WE PROVIDE TRANSPORTATION FOR MEDICAL APPOINTMENTS OR TREATMENTS TO THOSE WHO HAVE NO OTHER MEANS OF GETTING TO THEM.**

## BUS EXCURSION TO DESERT HILLS



SATURDAY, APRIL 19th

LIMITED SEATING

CONTACT JENNY TO RESERVE

**604-793-5716**

**FARE: \$30 cash** to Shuttle Driver

Bus will leave Boston Bar at 9:00 am

Leaving Desert Hills at 1:00 pm





# APRIL 2025

North Bend Community Center (NBCC)  
 Building Manager, Adrian Boons 604-855-8370  
 THRIFT STORE: Amandeep 604-860-5677

**LANDFILL HOURS:**  
 Tuesday, Thursday & Saturday  
 10am—4pm

Call 604-  
 BB School—867-9222  
 Canyon Lanes—867-8800  
 Canada Post Boston Bar—867-9712  
 Emil Anderson Maintenance: 1-800-667-5122  
 RCMP NON emergency—867-9333  
**EMERGENCIES, FIRE & AMBULANCE—CALL 911**

**Anderson Creek Health Center**  
 Make Appts with Hope Medical Center 604-869-5648  
 On Wednesdays call 867-9380  
 BB First Nation Band Office 867-8844

| SUN  | MON  | TUE  | WED   | THU  | FRI   | SAT  |
|--|--|--|---|--|---|--|
| Yale Market & Jam Session<br>For info & table rentals:<br>Darlene at 604-750-0113 or<br>Wendy 604-206-0551<br>Yale & District<br>Community Centre<br>65050 Albert St. Yale | <b>STRONG START at BBESS</b><br>Monday ~ Thursday<br>9:30am-12:30pm<br>For info Carol 604-867-2222 | <i>LIONS BINGO resumes January 9<sup>th</sup></i><br>TICKETS: \$5.00 sold at Esso,<br>Canyon Lanes, Bear Essentials<br>Gas Bar and Fat Jack's! | <b>FIRE PRACTICE</b> at the Fire Hall<br>6—8 pm WEDNESDAYS.<br>Our Volunteer Fire<br>Department needs more<br>VOLUNTEERS!   | To ride the THURSDAY<br>SHUTTLE BUS, you must<br>purchase a ticket at<br>Canyon Lanes. If unable to go<br>to CL to do so, please call<br>604-867-8800.   | ANYONE can ride the SHUTTLE BUS! It's not just for seniors!<br>B.B. to <b>Hope \$20</b> return *** B.B. to <b>Chilliwack \$30</b> return<br>This is a door-to-door service with early morning pick-ups and<br>mid-afternoon drop-offs. Limited seating so call 604-867-8800 to<br>**RESERVE YOUR SEAT by 4 pm Wednesday**<br>**Riders can NO LONGER book by the month** |  |
|  |  | <b>1</b><br><br>Thrift Store<br>NBCC 12—3  | <b>2</b><br><br>Blood Draws: Drop in 11am—2pm<br>Anderson Creek Clinic  | <b>3</b><br><br><b>SENIORS' SOCIAL TIME &amp; \$5 DINNER at BB HALL</b><br>Doors open 4, Dinner at 5.<br>BINGO AT 6 PM  | <b>4</b>  | <b>5</b><br><br>Thrift Store<br>NBCC 12—3                                |
| <b>6</b>   | <b>7</b>   | <b>8</b><br><br>Thrift Store<br>NBCC 12—3  | <b>9</b><br><div style="border: 1px dashed black; padding: 2px; display: inline-block;"> <b>FOOD BANK : 1:30—3:30</b><br/>                     Canyon Lanes<br/>                     Please go to rear doors.                 </div><br><br>Chronic Disease Nurse by appointment<br>Anderson Creek Clinic | <b>10</b><br><br><b>SENIORS' SOCIAL TIME &amp; \$5 DINNER at BB HALL</b><br>Doors open 4, Dinner at 5.<br>BINGO AT 6 PM   | <b>11</b><br><br>ANDERSON CREEK MISSION<br>CHURCH MASS at 3 pm<br>(Please see page 15)  | <b>12</b><br><br>Thrift Store<br>NBCC 12—3                               |
| <b>13</b><br><br>YALE MARKET &<br>MUSIC JAM 12-4 PM<br>Lunch : \$5 Music 1-4 pm  | <b>14</b><br><br>Regular Meeting<br>BB-NB Enhancement Society<br>6 pm at Canyon Lanes              | <b>15</b> <b>SENIORS' AFTERNOON TEA</b><br>1—3 pm at<br>Boston Bar Hall<br><br>Thrift Store<br>NBCC 12—3                                       | <b>16</b> <span style="border: 1px solid black; padding: 2px;">FOOT CARE by appointment</span><br><br>Blood Draws: Drop in 11am—2pm<br>Anderson Creek Clinic  | <b>17</b><br><br><b>SENIORS' SOCIAL TIME &amp; \$5 DINNER at BB HALL</b><br>Doors open 4, Dinner at 5.<br>BINGO at 6 PM   | <b>18</b> <i>Good Friday</i><br><b>ADVANCE POLLING AT CANYON LANES 7 am—7 pm</b><br>STAT HOLIDAY<br>BBESS & CANADA POST CLOSED<br>Canyon Lanes will be Open   | <b>19</b> <b>BUS EXCURSION (page 7)</b><br><br>Thrift Store<br>NBCC 12—3 |
| <b>20</b> <i>Happy Easter</i><br><br><b>ADVANCE POLLING AT CANYON LANES 7 am—7 pm</b>  | <b>21</b> <i>Easter Monday</i><br>CLOSED: POST OFFICE<br>and all Federal Offices & Services        | <b>22</b><br><br>Thrift Store<br>NBCC 12—3   | <b>23</b> <span style="border: 1px solid black; padding: 2px;">DENTAL HYGIENIST by appt.</span><br><br>Chronic Disease Nurse by appointment<br>Anderson Creek Clinic  | <b>24</b> <span style="border: 1px solid black; padding: 2px;">DENTAL HYGIENIST by appt.</span><br><br><br><b>SENIORS' SOCIAL TIME &amp; \$5 DINNER at BB HALL</b><br>Doors open 4, Dinner at 5.<br>BINGO at 6 PM | <b>25</b><br><br>Youth Night at Canyon Lanes<br>7pm-9pm. All are welcome!   | <b>26</b><br><br>Thrift Store<br>NBCC 12—3                               |
| <b>27</b><br>YALE MARKET &<br>MUSIC JAM 12-4 PM<br>Lunch : \$5 Music 1-4 pm  | <b>28</b> <b>FEDERAL ELECTION VOTE at Canyon Lanes</b><br>7am—7 pm                                 | <b>29</b><br><br>Thrift Store<br>NBCC 12—3   | <b>30</b><br><br>Blood Draws: Drop in 11am—2pm<br>Anderson Creek Clinic   |  |   |  |