

As a member of the society, you are showing your support for community facilities such as the parks and the community hall as well as having a vote at the AGM or other special general meetings. Members have a say in all important issues facing the community. Attending meetings will keep you informed and involved.

MEMBERSHIP: \$5.00 per year makes you an important part of this vital community organization.

Membership term runs from January 1st to December 31st. In order to nominate, vote at the AGM or run for a position as Director, you must become a member at least sixty days before the meeting. Most folks find it more convenient to purchase/renew their memberships in January.

Please note the **DEADLINE** for ALL SUBMISSIONS to the Update is the **25th** of EACH MONTH

BOX ADS: As seen on page 5 & 6. These ads are now available in your choice of black and white or colour to suit your budget. Contact us for current rates & information. (Assistance in the design of your Ad is also available).

SPECIALTY ADS ARE AVAILABLE in 3 SIZES: 1/4, 1/2 and full page in black & white or colour. Call for pricing.

CLASSIFIEDS RATE: Monthly: 1 line **\$2.00** : 2 lines **\$3.00** : 3 lines : **\$5.00** (Call for a yearly rate)

Contact the editor at 604-206-6006 or email bbnbupdate@gmail.com

SUBSCRIPTIONS to the Update are **\$20/year**. Please include name & mailing address with your cheque made out to Boston Bar/North Bend Enhancement Society, Box 251 Boston Bar BC V0K 1C0

BOARD MEMBERS of the BOSTON BAR-NORTH BEND ENHANCEMENT SOCIETY

Executive Director: Nancy Carmichael

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Chair Tom Durrie
Vice-Chair Lorna Regehr
Treasurer Lori Walters
Secretary Ang Hunter

Directors:

Margaret Hendrickson
 Howard Johnson Amber Scarfo
 Wayne Larose Stephanie Tillotson

This newsletter is published monthly by the Boston Bar/North Bend Enhancement Society with SPECIAL THANKS to the Fraser Valley Regional District's 'Grant in Aid' Program and to all of our **advertisers** for their kind support.



EDITOR: Karen Tillotson
604-206-6006

bbnbupdate@gmail.com



Visit us online at
www.bostonbarbc.net



Boston Bar North Bend Enhancement Society
Visit us online at www.bostonbarbc.net

UPDATE

November 2023



REMEMBRANCE DAY

Saturday, November 11th

10:45 am - Please gather at the Cenotaph by Almer Carlson Pool in North Bend

11:00 am Remembrance Day Ceremony

At 10:30 am - Individuals, Groups and Organizations are asked to please pick up their wreaths in the North Bend Hall

Refreshments to follow ceremony in the North Bend Hall



Come out to the Annual RCMP Event!

STUFF THE CRUISER

Saturday **December 2nd**, from **10 am till 2 pm**
At Boston Bar Ambulance Station, Larch Road

PANCAKE BREAKFAST, HOT CHOCOLATE

PLEASE ONLY PARK ON THE ROAD. DO NOT BLOCK AMBULANCE STATION LOT.

Dress for the weather! Come and have some good food and socialize! Hope to see you there!

ACCEPTING NON-PERISHABLE FOOD DONATIONS
CHECK THE EXPIRY DATES PLEASE. (We are unable to accept home-canned goods.)

CASH AND CHEQUES gratefully accepted. Please make cheques payable to Boston Bar North Bend Enhancement Society, MEMO: Food Bank

ACCEPTING UNWRAPPED TOYS AND GIFT CARDS



The CHRISTMAS CRAFT BAZAAR will be held Wednesday, **November 29th** from 4 pm to 7 pm at the BOSTON BAR COMMUNITY HALL. Dinner at 5 pm: Chili and Buns (\$10). Call Boston Bar School 604-867-9222 to book your table.

You help support our community by shopping locally AND you can find unique high-quality Christmas gifts for the people you love!

:: IMPORTANT COMMUNITY INFORMATION ::

Fraser Canyon Television Association, see page 13

Septic Tank Pumping dilemma and our VFD : see page 13



CARE TRANSIT
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- Class 5 driver License
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Call Care Transit @ 604-869-3396 for more information



SENIORS' CHRISTMAS DINNER

(55 yrs plus) for Local Residents

Don't delay in reserving your seats for this year's Seniors' Dinners. Due to popularity in previous years, we are offering two dates.

Sunday December 3rd and Sunday December 10th

Boston Bar Community Hall. Doors open at 4 pm. Dinner at 5 pm

(The number of reservations might necessitate holding just one dinner; attendees will be notified)

Call TOM to reserve your spot: 604-860-2151

Please do not attend if you are feeling unwell. If you do become ill, please call Tom ASAP to cancel your reservation.

The Seniors' Christmas Dinner is provided by the Boston Bar North Bend Enhancement Society.



THE CHRISTMAS GIVING TREE for our Food Bank families will be set up **November 15th** at Canyon Lanes. Just choose a tag (with child's gender and age). Please return your unwrapped gifts (with the chosen tag attached) to Canyon Lanes **NO LATER THAN December 1st!** Your kindness and generosity is appreciated!

Thank you for helping to give a child a happy Christmas morning!

Please See Page 7 for Family Place Programs.
Wednesday Community Luncheons are held weekly at
FAMILY PLACE 12 -1:30 pm

A.A/N.A Meetings: Contact Stephanie
Meetings will be held weekly
Call 604-860-3668.

NORTH BEND COMMUNITY CENTRE
64901 North Bend Station Road
THRIFT STORE!
Building manager: Adrian Boons: 604-855-8370
BOSTON BAR MUSEUM: bbar_museum@yahoo.com
Tuesdays and Saturdays 12—3 pm

FRASER CANYON BETTER AT HOME
Coordinator: Sandra Clark at 604-869-1831
Light housekeeping services and
outdoor yard work/maintenance is an
available service to seniors 65+.

FOOD BANK DAY - November 15th 1:30—3 pm at CANYON LANES.
Applications are at Canyon Lanes and Post Office. Or contact Carly by
email: carly.thompson.fcfp@gmail.com

Boston Bar-North Bend Enhancement Society Meeting
3rd Monday of the month. Please see calendar for
meeting time and location.

LANDFILL: 50390 Chaumox Road (3 km. east of North Bend)
OPEN: TUES., THURS., & SAT. 10 AM—4:00 PM
landfill@recoverrecycle.ca

FOR PICKUP: see Canyon Disposal Ad on page 5
For service go to www.recoverrecycle.ca/services

FRASER CANYON COMMUNITY CHURCH
47774 Old Boston Bar Road.
For info, please leave a message.
Cheryl: 604-206-9696

THE CHURCH OF CHRIST
Call 867-9613 for information.

ANDERSON CREEK HEALTH CENTER 46100 Hicks Road

Allen Roscoe, Family Counsellor

Pam Robertson, Addictions & Youth Worker
Phone: 604-860-3114 Email: probertson3429@gmail.com

Call Hope Medical Clinic 604-869-5648 to set up a phone consult or to make an
appointment. On Wednesdays call Anderson Health Center at 604-867-9380

You can also book an appointment online at hopemedical.portico.ca

For Mental Health Appts please call 604-860-7733

BOSTON BAR FIRST NATION

Visit their website at www.tuckkwiowhum.ca or call 604-378-1279.
For information on guided tours of Tuckkwiowhum Village or to book weddings and
special events call 604-860-9286.

COMMUNITY DIRECTORY

Boston Bar Hall Bookings Call Canyon Lanes 867-8800

Landfill: Dustin Singh 867-9500

Food Bank: Carly Thompson carly.thompson.fcfp@gmail.com

Cable Television: Christel Atkinson 867-9552

North Bend Community Hall: H & D Johnson 867-9613

FVRD Area A Director: Diane Johnson 604-860-3447

North Bend Community Centre: Adrian Boons 604-855-8370

Better at Home Coordinator: Sandra Clark 604-869-1831

Family Place: Carly Thompson carly.thompson.fcfp@gmail.com

BOSTON BAR & YALE LIBRARY NEWS

FRASER VALLEY REGIONAL LIBRARY system has NEW Playground Items to borrow!

These are 2 items now available from the Playground free with your library card .

1. Air Quality Monitors: can test your home’s air for levels of carbon dioxide, formaldehyde, particulate matter and volatile organic compounds. You’ll get a better understanding of air quality and learn how to minimize health impacts.
2. Energy meters: can monitor your electricity use and help you save money. Use the kit to test devices in your home. Then you can make a plan to reduce energy consumption and household carbon emissions.

There is also a virtual tour of the Royal Tyrrell Museum. It is an interactive virtual visit perfect for classrooms for grades 1-6. Marvel at the creatures from ancient seas, explore Dinosaur Hall and discover how life carried on after an asteroid impact that marked the end of the Age of Dinosaurs.

This virtual tour is happening **November 1st at 6:00 – 6:45 pm**. It is offered by **Zoom** and registration is limited. *TO REGISTER, COME INTO THE LIBRARY TO SCAN THE CODE ON THIS POSTER.*

- ⇒ **Check out Novelist** on our Library web page under Digital Services tab to find your next great read! There are plenty of genres, titles and authors to search through. It’s a great place to find new authors.
- ⇒ **Creative Bug** is a great site as well, found under the Digital Services tab. Learn crafts on video with no

**KAREN RUSHLOW—LIBRARY SUPERVISOR
BOSTON BAR LIBRARY—(604) 867-8847**

Tuesdays and Thursdays 11:30 am — 1:30 pm / 2:00 pm — 6:00 pm

YALE LIBRARY—(604) 836-2279

Wednesdays 11:30 am — 1:30 pm / 2:00 pm — 6:00 pm

Saturdays 10:00 am— 1:00 pm / 1:30 pm — 4:30 pm

We acknowledge that the land on which we gather and our libraries provide service, is the shared traditional territory of the Coast Salish and Nlaka’pamux Peoples.



Photos courtesy L. Oike

PROVINCE’S EMERGENCY MANAGEMENT BILL FAILS TO MEET NEEDS OF BRITISH COLUMBIANS

~Jackie Tegart, MLA Fraser-Nicola

This past summer had serious impacts on Boston Bar residents who were subjected to both evacuation alerts and evacuations. The experience placed undue stress on many families and its vital government works to better address these challenges in the future.

Prior to emergency and disaster management legislation being tabled on October 6th, I had hoped to see government make significant changes that would further support for Emergency Support Services, expediated services for those evacuated, and a complete renewal of Disaster Financial Assistance (DFA).

Unfortunately, the legislation the NDP introduced still had critical gaps in each of these areas and will likely serve to increase the burden placed on evacuees and municipalities during and following a disaster. People can expect to have to jump through more bureaucratic hurdles as a result of this legislation.

Through this bill, the Minister can require City Councils to report on any matter which includes risk assessments, emergency management plans, and business continuity plans, leaving our small communities to juggle another added pressure.

Our BC United Opposition has been asking the tough questions and will continue to do so as this bill moves into committee stage. If you would like to hear all I had to say on this bill and how it will affect our region, I encourage you to watch the full speech on my Facebook page.



Jackie Tegart, M.L.A.
(Fraser-Nicola)

Ashcroft Constituency Office
Box 279, 405 Railway Avenue
Ashcroft, BC V0K 1A0

Phone: 250 453-9726 Toll Free: 1 877 378-4802
Email: Jackie.Tegart.MLA@leg.bc.ca

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Diane Johnson
Director, Electoral Area A
Boston Bar, North Bend, Canyon Alpine

1-45950 Cheam Ave
Chilliwack, BC V2P 1N6

djohnson@fvrd.ca
604-860-3447

IN MY OPINION If you have an opinion or concern you would like to share on a topic that could be of interest to our readers, you are invited to submit your written piece by email to the editor at bbnbupdate@gmail.com to be considered for a future Update issue.

NOTE: Please keep your submission to a wordcount of 200 - 300. The topic of choice and your personal position should be clearly stated in your submitted email.



Please consider becoming an active member and/or volunteer with the Boston Bar North Bend Enhancement Society. *Volunteering is time that you give to strengthen your community and improve others' quality of life—as well as your own!*

By using your own unique skills and life experience, you can help others in your community. Volunteering provides a sense of purpose and an opportunity to meet new friends. It can increase self-esteem as well as provide opportunities to learn new, valuable skills. Volunteer experience is an asset when applying to post-secondary education institutions and when seeking employment. Next meeting is November 20th! **JOIN US!**

BOSTON BAR-NORTH BEND ENHANCEMENT SOCIETY

FALL RAFFLE
GRAND PRIZE \$500



Tickets Are Now On Sale!
Esso, Bear Essentials Gas Bar, Canyon Lanes, Fat Jack's
1 Ticket for \$5.00 or 3 for \$10.00

THE DRAW will take place at 1 pm CANYON LANES on DECEMBER 20th

All proceeds will go toward improvements at the Boston Bar Hall.

**SENIORS' (55 +) SOCIAL TIME,
DINNER and LIONS BINGO
EVERY THURSDAY**

At the BOSTON BAR COMMUNITY HALL.
Doors open at **4 pm** and
\$5 Dinner is at **5 pm**.

**PLEASE REMEMBER TO BRING YOUR
OWN EATING UTENSILS!**

LIONS BINGO IS AT 6 PM.
Play at home or Boston Bar Hall!
**TICKETS ARE \$5.00 AND CAN BE PUR-
CHASED AT ESSO, CANYON LANES, BEAR
ESSENTIALS GAS BAR, FAT JACK'S**

Treat yourself and visit **Deanna, our foot care specialist!** Deanna will be here on Wednesday November 15th. Call Tom at **604-860-5121** to set up your appointment.

Reap the benefits of a professional teeth cleaning by **Amy, our dental hygienist.** Amy will be here Thursday, November 2nd and Friday, November 3rd. Call Tom to help at **604-860-5121**.

Please Note: *We're sorry to say there have been too many times that people with foot care appointments have simply not shown up. If for whatever reason you cannot make your appointment **PLEASE CALL** well in advance. There are always others who would be very happy to have your allotted time with Deanna. This is a free service for you but that does not mean it doesn't cost money.*

PLEASE RESPECT THE TIME AND EFFORT THAT HAS BEEN PUT IN TO PROVIDE THIS SERVICE FOR YOU.

*Both of these important health care services are completely **FREE and for ALL ages.**
They are supported by the Boston Bar North Bend Enhancement Society through Lions Club bingo.*

NEED SOME WORK DONE? Pad Work*Exterior/Interior*Renos/Repairs. **FALL SPECIAL:** Tree limbing, trimming & topping. Reasonable Rates: \$25.00 and up. Call or Text: Don Taylor **(250) 713-4588**

Donald Taylor is inviting anyone interested to visit his Facebook page:
BBNB-TRIBULATION RADIO NEWS & END TIME VIEWS.

The opinions expressed within his social media platform are solely the author's and do not reflect the opinions or beliefs of The Boston Bar-North Bend Update Newsletter or the Boston Bar-North Bend Enhancement Society.

FRASER CANYON TELEVISION ASSOCIATION—CABLE UPDATE

On August 29, 2022 I received a Service Bulletin from Shaw Broadcast Services informing me that **Telesat's ANIK F2 satellite** was in rapid decline and experiencing technical anomalies threatening the serviceable life of the satellite.

Shaw Broadcast Services uses Telesat's ANIK F2 satellite to serve customers from coast to coast and they expected customer service impacts across Canada as early as December 2022, with the largest impacts to be realized in Northern Canada.

Fraser Canyon TV receives approximately half of our 45 channel line up off of satellite ANIK F2, which is the reason we have all been experiencing major disruptions in service.

Over the past few months Shaw Broadcast in coordination with **Telesat** and **CommScope** have been working on new technology in preparation to move all services off of satellite **ANIK F2 over to satellite ANIK G1**, which is not experiencing any technical issues. They have successfully completed and tested this new technology and are ready to start moving all services starting in November 2023 and continuing through **February 2024**, at which time they expect to have **ALL SERVICES TRANSITIONED**.

As services are switched from satellite ANIK F2 on to ANIK G1 we will make the changes based on the dates and location on ANIK G1 provided by Shaw Broadcast.

All information, bulletins and updates can be viewed on Telesat's website by googling [telesat anik f2](#) in the drop down menu: **choose end of life.**

I thank you all for your ongoing patience and understanding as I continue to oversee the necessary changes to keep TV within our community.

~ CHRISTEL ATKINSON

FROM OUR ELECTORAL AREA A DIRECTOR

It is fact and not fiction that Abbotsford and Chilliwack have closed their waste water treatment plants to any septic tank waste being brought into their plant from outside their municipal boundaries. Approximately two weeks ago the hauling companies were given a letter letting them know the closure was now in affect. The haulers had been given 'a heads up' about a year ago and the municipalities were hopeful that the haulers would source out other options. This didn't happen. Staff from the FVRD have been working on finding out who will accept septic tank waste. To date they have heard that Kelowna, Vernon and Vancouver Island will accept it. This is not a practical solution to the problem. They are continuing to work on short term and long term solutions. I also met with 6 of the staff from the Ministry of Municipalities to discuss this—I see it as a province wide problem. I will keep you posted. In the meantime, there is a company coming to haul for some Boston Bar folks. Their contact information is: **Bridge River Management, Lillooet Disposal, phone 1-250-256-4061**

Lastly, we are facing some issues with the Fire Underwriters and we desperately need to have more willing and able-bodied people to join the **Volunteer Fire Department**. **PLEASE** come and check things out at fire practice, held every Wednesday night at 6 pm at the Fire Hall.

~DIANE JOHNSON, FVRD Director Area A

BBESS NEWS

~Lisa Oike, Principal

October was a fantastic month for Boston Bar Elementary Secondary School students and staff; full of exciting learning opportunities and important topics. We showed our solidarity with the **Purple Light Night** campaign to raise awareness about domestic violence by wearing purple every Thursday. We also learned how to stay safe in the kitchen during **Fire Prevention Week** and joined **Health Canada's** virtual sessions on cannabis and opioids. Our K-12 classes enjoyed a day of outdoor exploration and learning at Anderson, while our senior class went on two more hikes to **Alexandra Bridge** and **Tikwalus Heritage Trail**. To celebrate the fall season, our K-9s had a blast at **Petey's Pumpkin Patch**, where they picked pumpkins, met animals and navigated the maze. On October 30th, we kicked off our term one Camp Week with fun activities like carving, beading, jam making, wood shop, economics and Halloween/Remembrance Day camps. The month ended with a spooky visit to the school's haunted house and a fabulous costume parade with prizes from the BBESS PAC.

On Monday, **November 6th**, at 1:30 p.m., we will honour our term one award winners at the assembly, followed by the **open house**. We can't wait to see all the family members at the school to celebrate their children's achievements. Term one work will be displayed, and report cards will be ready for pick up.

Term one was awesome, and we are looking forward to term two! As we move ahead, we would like to acknowledge our 2024 graduating class: **Ethan Angus, Presley Burger, Julianna Campbell, Caelan Chernove, Layla Isaac, Lexus Lavigne, Nathan O'Donaghey, Tianna Payne** and **Ashton Raphael**. They held their first fundraiser in October, selling Indian Tacos to the community. It was a great success, and they wish to thank **Boston Bar First Nation** for their generous donation used to purchase the food required for this event. Finally, a reminder to all families to check the **BBESS Parent Facebook Group** each Sunday evening for the principal's post that shares the following week's events and breakfast and lunch menus. If you cannot be a part of this group, please get in touch with the school so we can send out the information to you via email.

IMPORTANT UPCOMING DATES



- ◇ Term One Honouring Celebrations: Monday, November 6th
- ◇ Remembrance Day Assembly: Wednesday, November 8th, 10:30am.
*Walk to place poppy rocks at the ferry 11am. *Lunch to honour **Veteran Ian Williams** 12pm
- ◇ Statutory Holiday (Remembrance Day): Monday, November 13th
- ◇ SD #78 School Board Meeting: Tuesday, November 14th
- ◇ BBESS PAC meeting: Monday, November 20th
- ◇ Grad Photos at HSS: Thursday, November 23rd 12:20 p.m. to 1:40 p.m.
- ◇ Abbotsford Education/Career Fair Gr 10-12: Thursday, November 23rd
- ◇ Indigenous Student Leadership Conference: November 20th to 22nd

BUSINESS SERVICES

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Cathy Harry, Manager

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CELL: 604.869.1618
FAX: 604.869.2445
Cathy_Harry@kaltire.com

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Call: (604) 712-0424

Visit our website: AlpineCanyonMHP.ca

www.facebook.com/canyonbowl



Tom Dunlop Recreation Center

604-867-8800 (fax 867-9112)

Email: canyonlanes1991@gmail.com
47585 Trans Canada Highway

Adult Leagues * Club 55+* YBC

League High Scores

CLUB 55+	SCORE
Doug Robinson	235
Patty Dufresne	209
Mary-Lou Campbell	204

MONDAY MIXED

MONDAY MIXED	SCORE
Doug Robinson	270
Mike John	207
Patty Dufresne	192
Pat Clelland	189

TUESDAY MIXED

TUESDAY MIXED	SCORE
Tonya Campbell	315
James Andrew	273
Joe Campbell	265
Nick Clelland	262

YBC BANTAMS

YBC BANTAMS	SCORE
River Loss-Walters	139
Kendra Campbell	134
Jaxon Campbell	134

YBC JUNIORS

YBC JUNIORS	SCORE
Logan Westerlund	268
Cedar Loss-Walters	171

YBC SENIORS

YBC SENIORS	SCORE
Nathan O'Donaghey	305
Evan Chernove	203
Ethan Angus	201

BUSINESS HOURS:

Monday to Thursday: 11 am – 6 pm
Friday & Saturday: 3 pm – 9 pm
Sundays & Holidays **CLOSED**

CLOSED Saturday, November 11th



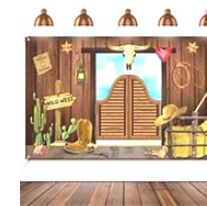
THE GIVING TREE

The CHRISTMAS GIVING TREE will be setup at
Canyon Lanes on **November 15th**.

NOW AVAILABLE

GROUP BOWLING, BIRTHDAY PARTIES & CHRISTMAS PARTY BOOKINGS

Public bowling is **not** available during leagues and/or tournaments.



YOUTH NIGHT

Wild Wild West Theme

Come dressed in your best!

Friday, November 24th 6—9 pm

Free Snacks, Bowling, Games, Prizes

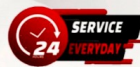
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Children 7 and under **MUST** be accompanied by an adult.

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www.betterathome.ca
Fraser Canyon Better at Home
COORDINATOR: SANDRA CLARK
604-869-1831
BaHBBar@outlook.com

Better at Home is funded by the Government of British Columbia

Fraser Canyon Shuttle Service is operating Thursdays to Hope and on the last Thursday of each month, to Chilliwack. You can purchase your tickets at Canyon Lanes or call them at 604-867-8800 during business hours to book your seat (see page 11 for hours). Seniors who are fully or partially subsidized due to their income level are STILL required to book a seat by contacting CANYON LANES.

*SENIORS: IF YOU ARE IN NEED OF SOMEONE TO DO OUTSIDE HOME MAINTENANCE AND LIGHT HOUSEKEEPING PLEASE CONTACT B@H COORDINATOR, SANDRA CLARK AT 604-869-1831

PLEASE NOTE THAT BETTER AT HOME **DOES NOT** PROVIDE TRANSPORTATION FOR MEDICAL SPECIALIST APPOINTMENTS, MEDICAL PROCEDURES OR MEDICAL TREATMENTS. PLEASE CONTACT HOPE CARE TRANSIT. (...below...)



Our services are made possible through:

- A Fraser Health grant
- Client donations
- Grants from our local Corporate sponsors
- Service Clubs & Local Individuals
- Our amazing volunteer drivers

WE DO NOT RECEIVE ANY GOVERNMENT FUNDING

Boston Bar Care Transit is currently providing transportation services to folks in our area for medical appointments and/or treatments who have no other means of getting there.

This service is available to ANYONE of any age but you must first become a registered client by contacting Hope Care Transit at 604-869-3396.

Registration referral forms are also available on our website at:

<http://www.caretransit.ca/medical-rides>

You can reach to Hope Care Transit during the following times:

Monday's—Thursday's 9:00am — 3:30pm.

Care Transit requires **48 Hour notice** prior to appointments

DRIVERS ARE NEEDED. Please contact Care Transit at 604-869-3396 to apply.

WE PROVIDE TRANSPORTATION FOR MEDICAL APPOINTMENTS OR TREATMENTS TO THOSE WHO HAVE NO OTHER MEANS OF GETTING TO THEM.

Family Place News



Days of Operation:

Monday, Wednesday, Friday

CLOSED: Tuesdays, Thursdays and Stat Holidays

Early Years Coordinators: Carly Thompson Sophia Olsen

HOURS OF OPERATION:

Mondays: 10:30 am – 2 pm

Wednesdays: 10:30 am – 1:30 pm (Closed at 1 pm on FOOD BANK DAYS)

Fridays: 10:30 am – 2 pm

FAMILY PLACE WILL BE CLOSED FRIDAY NOVEMBER 10TH.

If anyone would be interested in future community paint nights or other fun activities, please email carly.thompson.fcfp@gmail.com I will add you to the list and programs will be determined by interest.

FAMILY PLACE CHRISTMAS CELEBRATION! Our Christmas Party registration forms are available at Family Place but if requested, we can connect by email. Forms are due back to Family Place NO LATER THAN November 20th. This is for kids 0–6 and our Grade K-3 students. Parents, caregivers and/or teachers MUST be with their children during this event.

VISITORS IN NOVEMBER:

- November 1st & 29th: Tracy, HATS Keyworker
- November 15th: Larissa, HATS Keyworker
- TBD: Lee, Public Health Nurse
- TBD: Janeen, FVRL Specialist
- TBD: Bal, COHI Dental

PLEASE JOIN US FOR THE Wednesday Multigenerational Community Luncheon from 12:00 -1:30 pm (1 pm on food bank days). Please **DO NOT COME BEFORE** 11:50 am.

November is our last full month of community lunches. Due to budget and hours needed for ages 0-6, we will be determining how and if the luncheons can continue in the New Year.

Community Luncheon days are November 1st, 8th, 15th, 22nd. There will be no lunch November 29th.
Menu to be determined and will be posted when possible to the Boston Bar BC Facebook Page.

(December 6th will be our HOLIDAY MEAL!)

You can contact us by sending an email to: carly.thompson.fcfp@gmail.com

APPLICATIONS FOR DECEMBER CHRISTMAS FOOD BANK MUST BE IN NO LATER THAN NOV 15TH. *If these applications are turned in after that date, you will receive a regular December hamper.* Applications are available at Canyon Lanes or the Post office. Drop off the completed forms to Canyon Lanes.

We are seeing extremely low numbers for clients at our Food Bank days. **It is very important that if you no longer need this service OR you are skipping a month to PLEASE let Carly know. Send an email to carly.thompson.fcfp@gmail.com**

Thank you for always being patient and polite to each other and the Food Bank Volunteers.

Family Place is accepting SAVE ON FOODS grocery receipts. We can only accept for the current year (2023). Please go through your receipts before dropping them off at Family Place or Canyon Lanes.







November 2023

North Bend Community Center (NBCC)
Building Manager, Adrian Boons 604-855-8370

LANDFILL WINTER HOURS:
Tuesday, Thursday & Saturday **10 AM—4 PM**

Call 604-
BBESS—867-9222
Canyon Lanes—867-8800
Canada Post Boston Bar—867-9712
Emil Anderson Maintenance: 1-800-667-5122
RCMP **NON emergency**—867-9333
EMERGENCIES, FIRE & AMBULANCE—call 911

Anderson Creek Health Center
Make Appts with **Hope Medical Center** 604-869-5648
On Wednesdays call 867-9380
BB First Nations Band Office 867-8844

SUN	MON	TUE	WED	THU	FRI	SAT
<p><i>For Yale Jam Session Information</i> Call 604-750-0113 Yale & District Community Centre 65050 Albert St. Yale</p>	<p>Family Place (see page 7) Monday, Wednesday, Friday CLOSED HOLIDAYS</p>	<p>STRONG START Monday & Wednesday 11am-3pm Tuesday & Thursday 9am-1pm Friday 11am-3pm when school is in session</p>	<p>EVERY WEDNESDAY ALL ARE WELCOME TO ATTEND COMMUNITY LUNCHEON at FAMILY PLACE 12 -1 pm Please don't arrive before 11:50 (see page 7)</p>	<p>To ride the THURSDAY shuttle bus, you must purchase a ticket at Canyon Lanes. If unable to go to CL to do so, please call 604-867-8800.</p>	<p>ANYONE can ride the SHUTTLE BUS! It's not just for seniors! B.B. to Hope \$20 return _____ B.B. to Chilliwack \$30 return This is a door-to-door service with early morning pick-ups and mid-afternoon drop-offs. Limited seating so call CL now to ← RESERVE YOUR SEAT! First come, first serve!</p>	
		<p>FIRE PRACTICE at Fire Hall 6—8 pm EVERY WEDNESDAY. Our VFD always needs more VOLUNTEERS!</p>	<p>1 Tracy, HATS at Family Place <i>COMMUNITY LUNCHEON</i> Anderson Creek Clinic</p>	<p>2  Seniors Social Time Doors open at 4 pm DINNER at 5 pm BOSTON BAR COMM. HALL Lions Bingo 6 pm DENTAL HYGIENIST by Appointment</p>	<p>3</p>	<p>4 NBCC 12—3</p>
<p>5 "FALL BACK" at 2 AM Change batteries in Smoke and Carbon Monoxide Detectors YALE JAM SESSION 12—4pm</p>	<p>6</p>	<p>7 NBCC 12—3</p>	<p>8 <i>COMMUNITY LUNCHEON</i> Anderson Creek Clinic</p>	<p>9  Seniors Social Time Doors open at 4 pm DINNER at 5 pm BOSTON BAR COMM. HALL Lions Bingo 6 pm</p>	<p>10 FAMILY PLACE CLOSED</p>	<p>11 Remembrance Day Ceremony at Cenotaph by Almer Carlson Pool in North Bend  NBCC 12—3</p>
<p>12</p>	<p>13 STAT HOLIDAY in observance of Remembrance Day Family Place is OPEN</p>	<p>14 NBCC 12—3</p>	<p>15 Larissa, HATS at Family Place <i>COMMUNITY LUNCHEON</i> FOOT CARE BY APPOINTMENT FOOD BANK DAY 1:30-3pm at Canyon Lanes. Please go to rear doors. Anderson Creek Clinic</p>	<p>16  Seniors Social Time Doors open at 4 pm DINNER at 5 pm BOSTON BAR COMM. HALL Lions Bingo 6 pm</p>	<p>17</p>	<p>18 NBCC 12—3</p>
<p>19 YALE JAM SESSION 12—4pm</p>	<p>20 Boston Bar/North Bend Enhancement Meeting 6 pm at Canyon Lanes. Everyone is welcome!</p>	<p>21 NBCC 12—3</p>	<p>22 <i>COMMUNITY LUNCHEON</i> Anderson Creek Clinic</p>	<p>23  Seniors Social Time Doors open at 4 pm DINNER at 5 pm BOSTON BAR COMM. HALL Lions Bingo 6 pm</p>	<p>24 Youth Night at Canyon Lanes Wild West Theme 6—9 pm ALL Welcome</p>	<p>25 NBCC 12—3</p>
<p>26</p>	<p>27</p>	<p>28 NBCC 12—3</p>	<p>29 Tracy, HATS at Family Place Christmas Craft Bazaar at Boston Bar Hall 4—7 pm Dinner at 5 pm Anderson Creek Clinic</p>	<p>30  Seniors Social Time Doors open at 4 pm DINNER at 5 pm BOSTON BAR COMM. HALL Lions Bingo 6 pm</p>	<p><i>December 1</i></p>	<p>2 STUFF THE CRUISER 10am —2 pm</p>