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THE BOSTON BAR NORTH BEND ENHANCEMENT SOCIETY

As a member of the society, you are showing your support for community facilities such as the parks and the community hall as well as having a vote at the AGM or other special general meetings. Members have a say in all important issues facing the community. Attending meetings will keep you informed and involved.

MEMBERSHIP: \$5.00 per year makes you an important part of this vital community organization.

Membership terms run from January 1st to December 31st. In order to nominate, vote at the AGM or run for a position as Director, you must become a member at least sixty days before the meeting. You can join the BBNBES at Canyon Lanes or by calling Lorna Regehr at 604-867-9203.

Please note the **DEADLINE** for ALL SUBMISSIONS to the Update is the 25th of EACH MONTH

Box ADS: As seen on page 5 & 6. These ads are now available in your choice of black and white or colour to suit your budget. Contact us for current rates & information. (Assistance in the design of your Ad is also available).

SPECIALTY ADS ARE AVAILABLE in 3 SIZES: 1/4, 1/2 and full page in black & white or colour. Call for pricing.

Contact the editor at 604-206-6006 or email bbnbupdate@gmail.com

SUBSCRIPTIONS to the Update are \$25/year. Please include name & mailing address with your cheque made out to Boston Bar/North Bend Enhancement Society, Box 251 Boston Bar BC VOK 1C0

BOARD MEMBERS of the BOSTON BAR-NORTH BEND ENHANCEMENT SOCIETY

Executive Director: Nancy Carmichael

Officers:

Chair Tom Durrie

Vice-Chair Lorna Regehr Lori Walters Treasurer

EDITOR: Karen Tillotson

604-206-6006

Secretary

Directors:

Margaret Hendrickson Amber Scarfo

Howard Johnson Stephanie Tillotson

This newsletter is published monthly by the Boston Bar/North Bend Enhancement Society

Ang Hunter

with SPECIAL THANKS to the FRASER VALLEY REGIONAL DISTRICT'S 'GRANT IN AID' PROGRAM AND TO

ALL OF OUR ADVERTISERS FOR THEIR KIND SUPPORT.



Visit us online at www.bostonbarbc.net

Fraser Valley Regional District

www.fvrd.ca

Enhancement Societu bbnbupdate@gmail.com





British Columbia Emergency Health Services in Boston Bar

According to Fraser Valley Regional Director Diane Johnson, "Everything is right on target! Our ambulance station is transitioning to full time permanent staffing as of April 1st!"

As yet, not all positions have been filled but the recruitment team continues to work through the several stages of the hiring process.

It is also the aim of BCEHS to bring back the Community Paramedic Program to Boston Bar. CPs work with health care providers, including physicians, nurses, and social workers, to determine and meet an individual's health needs. The Covid-19 pandemic impacted the ability of Community Paramedics to deliver non-emergent and preventive health services to individuals and as a result, the CP program stalled.

Another posting for the Boston Bar Community Paramedic position is coming out soon. Currently, the CP recruitment team is working on initiatives to attract paramedics provincially to these beneficial Community Paramedic positions.

"Hopefully the CP position for our community will be filled through the next posting", said Director Johnson.

Interested in a career with Emergency Medical Services? For training, go to https://www.iibc.ca/areas-of-study. EMS are currently hiring paramedics, call-takers, and dispatchers in communities throughout British Columbia. Go to https://joinus.bcehs.ca

Please consider becoming a member of the Boston Bar/North Bend Enhancement Society. Everyone is welcome to attend our next regular meeting on **Monday, April 15th, at 6 pm** at Canyon Lanes. Yearly memberships (January 1st - December 31st) are only \$5.00 and can be purchased at Canyon Lanes. This year's Annual General Meeting of the Society will be Monday, June 17th, 2024.

Membership dues MUST be paid 60 days prior to the AGM (elections) in order to nominate, vote or serve as an Officer or Director of the Boston Bar/North Bend Enhancement Society.

If YOU HAVEN'T PURCHASED YOUR MEMBERSHIP YET, YOU MUST DO SO BY APRIL $18^{ ext{TH}}.$

NEW! SENIORS' YOGA and EXERCISE PROGRAM

Starts THURSDAY, APRIL 4th.

3:00 pm at the Boston Bar Community Hall

Sessions will take place every Thursday.

OPEN to EVERYONE (even though it's geared for Seniors).

COST: \$5.00 for each person/for each session attended.

Proceeds will be donated to the BOSTON BAR FIRE HALL

Bring along a yoga mat if you have one.



Page 2

PROGRAMS

Grief-Chat Coffee Group

*Comfort Calls

Grief Friends Facebook

*Circle Bereavement Group

and Hospice Services

Nature Bathing Walking Group

ZOOM FRIENDLY



1275—7th Avenue

Hope, British Columbia

Canada, V0X 1L4

Tel: 604-860-7713

Email: mary.norman@fraserhealth.ca

www.frasercanyonhospice.org

FAMILY PLACE HAS CLOSED UNTIL FURTHER NOTICE

The Boston Bar North Bend Enhancement Society made a decision to not renew its contract with Hope Community Services, the Public Health Agency of Canada (PHAC being fund-providers) and with the Ministry of Children and Family Development (MCFD).

Should the directors of those programs wish to go ahead with providing 0-6 yrs. family services to our community, that will be for Hope Community Services and MCFD to decide.

WE ARE IN URGENT NEED OF A FOOD BANK MANAGER!

This essential community service provides supplementary food to our local residents and families in need. **JOB DESCRIPTION:** Lead, coordinate, and oversee food pick-up and deliveries with food bank volunteers and volunteer drivers. Ensure that Food Banks BC guidelines are followed, and that proper nutrition is a priority. Manage all client contacts, determine eligibility, and their needs.

Do you want to learn more about what this job involves?

For more information, call TOM at 604-860-5121

FOOD BANK DAY will be Wednesday April 10th from 1:30-3pm.

Please come to the back doors of Canyon Lanes.

THANK YOU FOR BEING PATIENT AND POLITE WITH EACH OTHER AND FOOD BANK VOLUNTEERS.

If you do not need the Food Bank Service, OR you are unable to pick up PLEASE call 604 **867-8828**. *Applications are available at Canyon Lanes. Please complete and return to the lanes.*



WEEKLY & MONTHLY EVENTS & PROGRAMS

Page 15

A.A/N.A Meetings: Contact Stephanie Meetings will be held weekly

Call 604-860-3668.

NORTH BEND COMMUNITY CENTRE

64901 North Bend Station Road

THRIFT STORE!

Building manager: Adrian Boons: 604-855-8370
BOSTON BAR MUSEUM: bbar_museum@yahoo.com
Tuesdays and Saturdays 12—3 pm

Boston Bar-North Bend Enhancement Society Meeting 3rd Monday of the month. Please see calendar for meeting date, time and location.

FRASER CANYON BETTER AT HOME

Coordinator: Sandra Clark at 604-**869-1831**Light housekeeping services and outdoor yard work/maintenance is an available service to seniors 65+.

FOOD BANK DAY - April 10th 1:30—3 pm at CANYON LANES.

Applications are at Canyon Lanes and Post Office.. For more info call 604-867-8828

LANDFILL: 50390 Chaumox Road (3 km. east of North Bend) OPEN: TUES., THURS., & SAT. 10 AM—5:00 PM landfill@recoverrecycle.ca

For PICKUP: see Canyon Disposal Ad on page 5
For service go to www.recoverrecycle.ca/services

FRASER CANYON COMMUNITY CHURCH 47774 Old Boston Bar Road.

For info, please leave a message. Cheryl: 604-**206-9696**

THE CHURCH OF CHRIST

Call 867-9613 for information.

ANDERSON CREEK MISSION CHURCH

Next to BBFN Band Office at **45971 A Hicks Rd**Call Father Dennis Flores for information 604-**869-5382**(Our Lady of Good Hope Catholic Church)

Mass Every 2nd Friday of the Month at 3:00 pm

ANDERSON CREEK HEALTH CENTER 46100 Hicks Road

Family Support Worker: Rodney Olinek 604-860-5990

Email: familysupport@nntc.ca

Addictions & Youth Worker: Pam Robertson 604-860-3114

Email: probertson3429@gmail.com

Call **Hope Medical Clinic** 604-**869-5648** to set up a <u>phone consult</u> or make an <u>appointment</u>.

On Wednesdays call Anderson Health Center at 604-**867-9380.**

You can also book an appointment online at hopemedical.portico.ca

BOSTON BAR FIRST NATION

Visit their website at www.tuckkwiowhum.ca or call 604-378-1279. For information on guided tours of Tuckkwiowhum Village or to book weddings and special events call 604-860-9286.

COMMUNITY DIRECTORY

Boston Bar Hall BOOKINGS: Call Canyon Lanes 867-8800

Food Bank (and BB Community Hall): 604-867-8828

North Bend Community Hall: H & D Johnson 867-9613

North Bend Community Centre: Adrian Boons 604-855-8370

Landfill Society: Dustin Singh 867-9500

Cable Television: Christel Atkinson 867-9552

FVRD Area A Director: Diane Johnson 604-860-3447

Better at Home Coordinator: Sandra Clark 604-869-1831

Update Editor: Karen Tillotson 604-206-6006



https://www.fvrl.bc.ca

Read. Learn. Play

BOSTON BAR AND YALE LIBRARY NEWS

Local Author program at Boston Bar Library Tuesday April 9th at 4 pm: Tom Durrie's NEW BOOK!

Local Author program at Yale Library on Wednesday April 10th at 4 pm: Tom Durrie's NEW BOOK!

MAKING SCHOOLS THAT ARE GOOD FOR KIDS: Creating a Democratic Society It's a radical Proposal for a complete restructuring of school and education. Books for sale as well as a reading. Coffee will be on with some refreshments.

SERVICE CANADA PROGRAM at Boston Bar Library Tuesday April 16th at 5 pm

SERVICE CANADA PROGRAM at Yale Library on Monday April 15th at 5 pm

Also presenting the dental plan which is now available to those who fit the category.

Come find out what you need to know before you apply for pensions.

Find out about Disability pensions also.

KAREN RUSHLOW—LIBRARY SUPERVISOR BOSTON BAR LIBRARY—(604) 867-8847

Tuesdays and Thursdays 11:30 am - 1:30 pm / 2:00 pm - 6:00 pm

YALE LIBRARY—(604) 836-2279

Wednesdays 11:30 am - 1:30 pm / 2:00 pm - 6:00 pmSaturdays 10:00 am - 1:00 pm / 1:30 pm - 4:30 pm

We acknowledge that the land on which we gather and our libraries provide service, is the shared traditional territory of the Coast Salish and Nlaka'pamux Peoples.

Bowling BBESS Grades 10—12



Photo courtesy: Principal L. Oike

British Columbians Struggling Under Soaring Gas Prices

~Jackie Tegart, MLA Fraser-Nicola

For nearly a decade, families across British Columbia have faced escalating costs in almost every aspect of daily life, from buying groceries to affording housing. These rising expenses have placed a significant burden on B.C. families, making it increasingly challenging to manage the costs of everyday life.

Despite this worsening affordability crisis, David Eby's NDP government is set to further exacerbate the issue with a 23 percent increase in the provincial carbon tax on April 1, 2024. This means that you will have to pay more for the fuel you use to get to work and school.



Phone: 250 453-9726 Toll Free: 1 877 378-4802

Email: Jackie.Tegart.MLA@leg.bc.ca

WORKING HARD FOR RURAL COMMUNITIES

This also has significant consequences for small communities like ours. We don't have access to reliable transportation, yet we now need to pay more for fuel. This comes at a time when B.C. is already home to the highest gas prices and taxes in North America.

It's time for the pain at the pumps to end.

Under a Kevin Falcon-led BC United Government, we commit to making life more affordable by permanently eliminating the provincial fuel tax, saving families 15 cents per litre on gasoline and diesel. We would also halt the NDP's planned increases to the carbon tax.

United, we will build a future where every British Columbian has the opportunity to thrive without being overwhelmed by the cost of living.





Diane Johnson

Director, Electoral Area A
Boston Bar, North Bend, Canyon Alpine

1-45950 Cheam Ave Chilliwack, BC V2P 1N6

djohnson@fvrd.ca 604-860-3447

Join us!

AFTERNOON TEA AND SOCIAL FOR SENIORS

Tuesdays, April 9th and 23rd 1:00 pm to 3:00 pm Boston Bar Community Hall

ANYONE INTERESTED?

If you're interested in theatre, let's meet!

Thursday, April 18th at 1:00 pm Boston Bar Community Hall

Improv and Theatre Sports

Call Tom 604-860-5121

roo A

Congratulations and heartfelt gratitude goes out to our wonderful Volunteer Firefighters who protect our communities; many thanks to all who have retired and to all who remain in active service!

RETIRED:

Fire Chief Eric Phibbs * 15 years of service. (Started in 2003 became Chief in 2011, Retired in 2018)

Captain Levi Baughman * 16 years of service. (2007 – 2023)
Captain Jody Phibbs * 14 years of service. (2005 to 2019)
Lieutenant Robert Walters * 15 years of Service. (2008 to 2023)

Firefighter Jayme Phibbs * 5 years, 8 months of Service. (She was a Jr. Firefighter 2013-2015, a Firefighter

from 2017-2020. And from April to December, 2022)

CURRENTLY IN SERVICE with our Volunteer Fire Department:

Chief Crystal Pruim * 19 years of service. (2005 to present. Fire Chief since 2018.)

Deputy Chief Stuart Pruim * 14 years of service. (2010 to present)
Captain Kathy Walters * 9 years of service. (2015 to present)

Firefighter Larry O'Donaghey * 7 years of service (2016 to present - minus a one year hiatus).

Firefighter Shawn Deaden * 12 years with Yale VFD, 4 years with Boston Bar, (Boston Bar 2020 to present.)
We are also very grateful to our newer volunteer VFD members for stepping up to protect our communities!
Our Fire Department always needs MORE volunteer firefighters! Our VFD meets every Wednesday evening for practice at the Fire Hall. Come check it out!

I'd also like to extend my thanks to the EAM winter crew for keeping our roads safe!

SENIORS' (55 +) SOCIAL TIME & DINNER

At the BOSTON BAR COMMUNITY HALL.
Doors open at **4 pm** and **\$5** Dinner is at **5 pm**.

Remember to bring your own plate & eating utensils!

LIONS BINGO IS at 6 pm.

Play at home or at Boston Bar Community Hall!
TICKETS ARE \$5.00: Tickets are available at
ESSO, CANYON LANES, BEAR ESSENTIALS GAS BAR,
FAT JACK'S



₹ TAKE CARE OF YOUR TEETH!

How long has it been since you've had your teeth cleaned and checked over by a professional hygienist? And what about your kids? Are their teeth getting regular checkups?

Our dental hygienist Amy Agis is here for two days every month. Next visit: April 25th and 26th.

Just call Tom **(604-860-5121)** to arrange for your appointment.

This is a completely FREE SERVICE OPEN TO ALL AGES. Supported by Lions Club Bingo.



FOOT CARE!

Our ever-popular foot care specialist Deanna Deleurme will be here on Wednesday, April 10th. This is a completely free service open to all, but with preference given to seniors. Supported by Lions Club Bingo. Appointments fill up fast, so give Tom a call to arrange yours. **604-860-5121**

IN MY OPINION

Page 13

THE TAX EVERYONE LOVES TO HATE by Tom Durrie

Everyone hates Trudeau's carbon tax. Imagine having to pay an extra dollar or more at the pump because of Justin Trudeau. But wait a minute! If you're in BC you're not paying a Trudeau tax at all. British Columbia has its own carbon tax, and was the first province in Canada to introduce one. When Gordon Campbell was premier, in 2009, British Columbia joined the Western Climate Initiative with Arizona, California, New Mexico, Oregon, and Washington to reduce greenhouse gas emissions by charging a tax. In 2028 (Yes, that was Justin Trudeau.) the federal government introduced the Greenhouse Gas Pollution Pricing Act, joining Argentina, Chile, China, Colombia, Denmark, the European Union (27 countries), Japan, Kazakhstan, Korea, Mexico, New Zealand, Norway, Singapore, South Africa, Sweden, the UK, and Ukraine, all countries that already had a carbon tax system in place. In Canada, Quebec, British Columbia, Alberta, Ontario, Manitoba, and Nova Scotia opted out because they each have their own system for taxing pollution.

Does it work? For all intents and purposes, the answer is yes. Here are some examples:

- ⇒ Not only does the tax discourage polluting activities, it also provides incentives for research, investment, and deployment of more efficient and low emission alternatives. It is one of the most effective ways to reduce emissions.-- *Matthew Kotchen, Professor of Economics, Yale University*.
- ⇒ Six years after the policy was instituted, BC's fuel use is down a whopping 16.1%. Its economic growth has kept pace with the rest of Canada. And its personal and corporate income tax rates are now among the lowest in Canada. In short, the numbers indicate that BC's carbon tax shift has been a remarkable success, environmentally and economically.--Smart Prosperity Institute.
- ⇒ After British Columbia's provincial government introduced a carbon tax in 2008, greenhouse emissions were reduced, fossil fuel use in British Columbia had fallen by 16 percent, as compared to a 3 percent increase in the rest of Canada, and its economy outperformed the rest of the country. This proved that carbon tax benefits were no longer theoretical and that they did not hinder economic growth.--The Atlantic.

Believe it or not as you choose, but you'll find numerous reports showing that the carbon tax is actually doing what it's supposed to do. But does it work for individuals? It certainly won't stop me from driving or from heating my home, but then I get a quarterly GST and Carbon Tax rebate. That's why the tax is called revenue neutral. Last year I received a total of \$1,363.26. Not bad. It's more, I'm sure, than I ever spent on carbon taxes.

How about you?

MAKING SCHOOLS THAT ARE GOOD FOR KIDS

Creating a Democratic Society

"A radical proposal for the complete restructuring of school and education."

A new book by **Tom Durrie** now available from Amazon or buy directly from Tom.

E-mail: freeschoolpress@proton.me or phone: 604-**860-5121**Special price for local people \$15.00, plus postage or shipping.

Boston Bar Elementary Secondary School NEWS

~Lisa Oike, Principal

The shorter month of March was bustling with activities at BBESS. Despite being in session for just two weeks, our students and staff were a whirlwind of productivity, wrapping up term three with Mastery assignments and projects before Spring Break. On our final day, many students embarked on a fun-filled journey to Hope for a skating field trip coupled with a pizza lunch. Meanwhile, other dedicated students stayed back, committed to finalizing their work for assessments and grading.

Our term concludes on April 18th, leading into our third Camp Week. Following this, we eagerly anticipate our Open House and Term Three Awards on Monday, April 22. This event presents a wonderful opportunity for families and friends to celebrate the hard work and achievements of our students. Each grade group is excited to showcase something special. The K-3 class has artistically transformed the hallway with a 26 m Ichthyosaur display, inspired by jaw fragments discovered in a 2022 study. Our grade 4-6 students are honing their numeracy skills, gearing up for their transition to intermediate classes. The grade 7-9 cohort has shown commendable work ethic in completing their "I Am A Taxi" novel study and speech writing. Lastly, our senior students have been industriously crafting resumes, cover letters, and applications for post-secondary institutions, scholarships, and bursaries.

As we return from break, we are just ten weeks away from graduation ceremonies. Time will undoubtedly pass swiftly as we prepare our students for their momentous walk across the stage on June 8th.

We trust that everyone had an enjoyable and relaxing spring break. We hope all families had a Happy Easter and are looking forward to welcoming everyone back to classes.

LOOKING AHEAD

- ♦ April Board Meeting: Tuesday, April 9th at 7:00 pm
- Art Starts: The Flo Warrior, Thursday, April 18th at 9:00 am (1 Hour presentation)
- ♦ April PAC Meeting: Monday, April 15th at 3:00 pm
- ♦ Term Three Camp Week: Monday, April 15th to Thursday, April 18th
- Report Cards due at 3:00 pm on Tuesday, April 16th
- ♦ Sun Run: Sunday, April 21st (BBESS Run Club)
- ♦ Monday, April 22nd: Term Three Open House and Awards 1:30 pm
- \Diamond Ready Set Learn: Tuesday, April 23rd at 10:00 am to 12:00 noon
- ♦ HATS Violence Prevention and Healthy Relationships Training: April 23rd and 24th
- ♦ District and Indigenous Education Learning Activity Day (Pro-d): Friday, April 26th

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Cathy Harry@kaltire.com

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8 am—7 pm

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Call ahead to order (604)867-9339

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Our rates are very affordable!

These Box Ad pages provide our community with the ease and ability to quickly find a service, product or information that your business provides. Advertising with us also helps to support the

continued publication of our community's Update Newsletter. Contact the editor: bbnbupdate@gmail.com or call 604-206-6006

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www.facebook.com/canyonbowl



604-867-8800 (fax 867-9112) Email: canyonlanes1991@gmail.com

47585 Trans Canada Highway

Tom Dunlop Recreation Center

Adult Leagues * Club 55+* YBC

CONGRATULATIONS to Our BOWLERS! HAWAII PICK-A-PARTNER 1ST PLACE WINNERS:

Nick Clelland and Cheryl Davidson HI-LO YOUTH DOUBLES BRONZE WINNERS: River Loss-Walters and Jayce Hope (OUR YBC BOWLERS ARE HEADING TO THE PROVINCIALS!)

Phil & Syd 6th Annual 9-Game Memorial Tournament Saturday, April 27th at 10:00 am

ENTRY FEE \$80.00

Register today at Canyon Lanes!

NO PUBLIC BOWLING DURING THE TOURNAMENT

***YOUTH NIGHT ***

Friday, April 19th from 6:00 pm - 9:00 pm

FREE SNACKS* BOWLING*GAMES*PRIZES Sponsored by Boston Bar First Nation Children 7 & under must be accompanied by an adult.

> Public bowling is not available during league bowling and tournaments.

NOW AVAILABLE!

GROUP BOWLING & BIRTHDAY PARTIES Call us today to book your special event!

SHUTTLE BUS trips to **Hope** are every Thursday. Chilliwack trips are the <u>last</u> Thursday of every month. Call Canyon Lanes NOW to reserve your seat!

CHILLIWACK LIONS ONLINE BINGO

TICKET SALES: Cash, Credit Card or Debit Card

BUSINESS HOURS:

Monday to Thursday: 11 am – 6 pm Friday & Saturday: 3 pm - 9 pm Sundays & Holidays CLOSED

LEAGUE HIGH SCORES

CLUB 55+ SCORE

	Doug Robinson	230					
	Linda Phillips	216					
	Mary-Lou Campbell	208					
	Patty Dufresne	204					
	MONDAY MIXED SCORE						
	Rod Andrew	230					
	Shawn Westerlund	221					
	Doug Robinson	220					
	Tonya Campbell	217					
	Mike John	217					
	TUESDAY MIXED SCORE						
	Tonya Campbell	296					
	Joe Campbell	278					
	Colin Watchorn	251					
	James Andrew	230					
	Nick Clelland	230					
	YBC BANTAMS SCORE						
	YBC BANTAMS SCORE River Loss-Walters	256					
		256 151					
	River Loss-Walters						
	River Loss-Walters Tobias Campbell	151					
	River Loss-Walters Tobias Campbell Jayce Hope	151 133					
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	River Loss-Walters Tobias Campbell Jayce Hope Logan Campbell YBC JUNIORS SCORE Evan Chernove Kendra Campbell Allura Lukkarinen	151 133 108 269 172					
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THANK YOU TO OUR SPONSORS: BOOTHROYD INDIAN BAND, BOSTON BAR FIRST NATION AND KIDSPORTBC

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United Way helping seniors remain independent

www.betterathome.ca

Fraser Canyon Better at Home COORDINATOR: SANDRA CLARK 604-869-1831

BaHBBar@outlook.com

Better at Home is funded by the Government of British Columbia

DRIVERS ARE NEEDED. Please contact Care Transit at 604-869-3396 to apply.

WE PROVIDE TRANSPORTATION FOR MEDICAL

APPOINTMENTS OR TREATMENTS TO THOSE WHO

HAVE NO OTHER MEANS OF GETTING TO THEM.

- **SENIORS whose shuttle bus fares are fully or partially subsidized due to their income level are still REQUIRED TO BOOK a seat on the shuttle by contacting CANYON LANES AT 604-867-8800.
 - **SENIORS: If you require the services of the FOOD BANK, please call Carly at 604-867-8828 or send an email to carly.thompson.fcfp@gmail.com
- **SENIORS: If you are in need of someone to do outside home maintenance and light housekeeping please contact Fraser Canyon Better at Home Coordinator: Sandra Clark at 604-869-1831

PLEASE NOTE THAT BETTER AT HOME **DOES NOT** PROVIDE TRANSPORTATION FOR MEDICAL SPECIALIST APPOINTMENTS, MEDICAL PROCEDURES OR MEDICAL TREATMENTS. PLEASE CONTACT HOPE CARE TRANSIT. (...below...)



Our services are made possible through:

- A Fraser Health grant
- Client donations
- Grants from our local Corporate sponsors
- Service Clubs & Local Individuals
- Our amazing volunteer drivers

WE DO NOT RECEIVE ANY GOVERNMENT FUNDING

Boston Bar Care Transit is currently providing transportation services to folks in our area for medical appointments and/or treatments who have no other means of getting there.

This service is available to ANYONE of any age but you must first become a registered client by contacting Hope Care Transit at 604-869-3396.

Registration referral forms are also available on our website at:

http://www.caretransit.ca/medical-rides

You can reach to Hope Care Transit during the following times:

Monday's—Thursday's 9:00am — 3:30pm.

Care Transit requires 48 Hour notice prior to appointments





\$22.99

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\$3.99

\$2.99

\$0.99

500mL soft drink &

onion rinas, potato wedaes golden fries or





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APRIL 2024

North Bend Community Center (NBCC)
Building Manager, Adrian Boons 604-855-8370

LANDFILL HOURS:

Tuesday, Thursday & Saturday 10 AM—5 PM

Call 604-BBESS—867-9222 Canyon Lanes—867-8800 Canada Post Boston Bar—867-9712 Emil Anderson Maintenance: 1-800-667-5122 RCMP NON emergency—867-9333 EMERGENCIES, FIRE & AMBULANCE—call 911

Anderson Creek Health Center

Make Appts with **Hope Medical Center** 604**-869-5648** *On Wednesdays call 867-9380*BB First Nation Band Office 867-**8844**

SUN	MON	TUE	WED	THU	FRI	SAT
For Yale Jam Session Information Contact Art and Darlene of CROSSFIRE at 604- 750-0113 <i>Yale & District</i> <i>Community Centre</i> 65050 Albert St. Yale	BOSTON BAR ELEMENTARY SECONDARY SCHOOL SEE PAGE 12 FOR UPCOMING SCHOOL EVENTS	STRONG START Monday: 11 am- 3 pm Tues. Wed. & Thurs: 9 am -1 pm Friday: 9 am -1 pm when school is in session	FIRE PRACTICE at the Fire Hall 6—8 pm WEDNESDAYS. Our Volunteer Fire Department needs more VOLUNTEERS!	To ride the THURSDAY shuttle bus, you must purchase a ticket at Canyon Lanes. If unable to go to CL to do so, please call 604-867-8800.	ANYONE can ride the SHUTTLE BUS! It's not just for seniors! B.B. to Hope \$20 return *** B.B. to Chilliwack \$30 return This is a door-to-door service with early morning pick-ups and mid-afternoon drop-offs. Limited seating so call Now to RESERVE YOUR SEAT! First come, first serve!	
	1 EASTER MONDAY Post Office Closed	2 NBCC 12—3	3 Anderson Creek Clinic	Seniors Social Time Doors open at 4 pm DINNER at 5 pm BOSTON BAR COMM. HALL Lions Bingo 6 pm	5	6 NBCC 12—3
7	8	Tea & Social for Seniors 1 - 3 pm at BB Hall (See page 3) LOCAL AUTHOR PROGRAM NBCC 12—3	FOOT CARE by appointment FOOD BANK DAY: 1:30—3 CANYON LANES M: BB & Yale Libraries See page 14 Anderson Creek Clinic	Seniors Social Time Doors open at 4 pm DINNER at 5 pm BOSTON BAR COMM. HALL Lions Bingo 6 pm	ANDERSON CREEK MISSION CHURCH MASS at 3 PM Please see page 15	13 NBCC 12—3
14 YALE JAM SESSION 12—4pm	BB-NB Enhancement Society Meeting. All are WELCOME! 6 pm at Canyon Lanes. SERVICE CANADA at YALE a	16 and BB Libraries. See page 14 NBCC 12—3	17 Anderson Creek Clinic	Seniors Social Time Doors open at 4 pm DINNER at 5 pm BOSTON BAR COMM. HALL Lions Bingo 6 pm THEATER GROUP 1 pm at BOSTON BAR HALL	Youth Night at Canyon Lanes 6—9 pm ALL Welcome	20 NBCC 12—3
21	22 Earth Day	Tea & Social for Seniors 1 - 3 pm at BB Hall (See page 3) NBCC 12—3	24 Anderson Creek Clinic	25 DENTAL HYGIENIST Seniors Social Time Doors open at 4 pm DINNER at 5 pm BOSTON BAR COMM. HALL Lions Bingo 6 pm	26 DENTAL HYGIENIST	Phil & Gid 6 th Annual Memorial Townament at Canyon Lanes NBCC 12—3
28 YALE JAM SESSION 12—4pm	29	30 NBCC 12—3		NEW! YOGA/EXERCISE PROGRAM <u>every THURSDAY</u> 3 pm at Boston Bar Community Hall.	EARTH DAY is April 22 nd . Its purpose is to spread awareness about sustainable development and the importance of protecting the health of our planet. It is a day meant to encourage and practice conservation efforts and educate ourselves about environmental issues. Founded in 1970, Earth Day is now observed by over 190 nations.	